

St Mary's Cathedral

A Christ-centred community which is alive, forming and sending out joyful disciples

16 - 20 Huntly Street, Aberdeen, AB10 1SH



Sunday 30 April 2023 | Fourth Sunday of Easter

Our Weekly Sunday Mass Times

08:00 • 11:00 • 15:00 (Polish) • 18:00

Meditation

The image of the good shepherd has nothing to do with saccharine sentimentality. Shepherds were important figures in the Palestinian landscape. They bore total responsibility for the flocks on which their people depended. They saw to it that the sheep found adequate grazing and water in a land that could be harsh and forbidding. They kept the animals safe from wild predators and human marauders, sometimes at the cost of their own lives. If the shepherds were unfaithful, the sheep could not long survive. It is no wonder that the people of the Old Testament cast God himself in the image of the good shepherd, sustainer and protector of the flock of Israel.



The Church found the perfect fulfilment of this image in the risen Christ, who had laid down his own life to become the very source of life for his people. He nourishes his flock with the word and the bread of life. In the mixed metaphors of today's gospel, he is the gate through which they pass to the safety of the sheepfold and the shepherd who defends them from all threats of evil.

In the First Letter of Peter, Christ the Shepherd is called the "Guardian of your souls." The Greek word used is *episkopos*, more commonly translated as "bishop". Although Christ is no longer visibly present to us as he was to his first hearers, he continues to nourish and preserve his people through the Church's ministers. On Good Shepherd Sunday, then, we give thanks for the gift of all the good and faithful shepherds who lay down their lives in daily service to the Lord's flock.

- Vienna International Religious Centre -

Our Mass Times

Monday	12:30 18:00
Tuesday	12:30 18:00
Wednesday	12:30 18:00
Thursday	12:30 18:00
Friday	12:30 18:00
Saturday	10:00
Sunday	08:00 11:00 15:00 (Polish) 18:00

Mass in Spanish at 17:00, second and last Saturday of the month.

Monday 1 May | St Joseph the Worker (Optional Memorial)

Tuesday 2 May | St Athanasius (Memorial)

Wednesday 3 May | Feast of St Philip and St James

Confessions

Wednesday	13:00 - 14:00
Saturday	11:00 - 12:00

Perpetual Adoration

St. Jean-Marie Vianney, the Curé of Ars once asked one of his parishioners who spent hours in adoration of the Blessed Sacrament, *"My good father, what do you say to our Lord in those long visits you pay Him every day?" "I say nothing to Him," was the man's moving reply; "I look at Him and He looks at me."*

Take the *"Power Hour Challenge"*: spend an hour talking and listening to our Lord in the Adoration Chapel once a week for the next month and see for yourself. Even 10 or 15 minutes with Him can help make a trying day that much easier to bear!

"In the chapel I am free of all those things that busy my mind and hands. There is no laundry, no internet, no dusting, no shopping lists...there is simply an hour of quiet, an hour to commune and listen."

"After a visit to the Chapel, I feel renewed peace and tranquility in my mind and heart. There is something special and sacred praying before the Blessed Sacrament!"



Sign Up for Adoration of the Blessed Sacrament



Financial Results | Week Ending 23 April 2023

Offertory for all Masses | £1,409.46

Previous Week | £1,779.33

March Weekly Average | £1,949.76

Offertories & Weekly Income | £2,266.71

Other Income | £4,092.84

Total Income | £6,359.55

Expenditure | £6,181.35

Surplus for the week | £178.20

There will be a **second collection** for the **Vocations** on **Sunday 30 April** and the **Church Building Fund** on **Sunday 7 May**.

SCIAF want to thank everyone from the Cathedral for reaching out with compassion and making a donation of **£1,003.09** to the WEE BOX appeal in Lent. If you still have a WEE BOX please return it to the Cathedral as soon as possible.

Standing Order

Never have cash with you at Mass? You can make your offertory collection by setting up a weekly or monthly standing order using online banking.

Mass Intentions

If you would like a Mass said for any intention, please get in touch with our Church Secretary, Cowan Watson.

You are also welcome to make an offering by direct banking.

[Email Church Secretary](#)

BANK NAME

Bank of Scotland (Upperkirkgate Branch)

ACCOUNT NAME

RCD Cathedral St Mary 1

SORT CODE

80-05-17

ACCOUNT NUMBER

00759738

REFERENCE

'Offertory' **OR** 'Mass' for Mass Intentions

SCAM WARNING

If you receive an email or text suggesting it is from Fr Keith requesting for money, voucher etc., please do not respond. This is a scam.

Gift Aid

If you are a UK taxpayer, please register for the Cathedral Gift Aid scheme.

We can claim an additional 25% on top of all contributions you make, without costing you a penny more!



[Complete Gift Aid Form](#)

[Other Ways to Give](#)

Mass Intentions

DATE	TIME	INTENTION
Monday 1 May	12:30	Virtual Candle Intentions
	18:00	Sherry Bruce RIP
Tuesday 2 May	12:30	Nina Castelluccio RIP
	18:00	Adelina Bevan RIP
Wednesday 3 May	12:30	Matthew Onukwu - Happy birthday (5th Year)
	18:00	Nathan Harran - Birthday thanksgiving
Thursday 4 May	12:30	Irene Glashan RIP
	18:00	Angela Onukwu - Thanksgiving
Friday 5 May	12:30	Rhona Calder RIP
	18:00	Lam - Healing & Protection
Saturday 6 May	10:00	Teresa Coyne - Birthday Thanksgiving
Sunday 7 May	08:00	Alexander Shearer RIP
	11:00	For the Diocese
	18:00	For the Parish

Little Way Healing Ministries

We all need healing of hurtful, often childhood, memories, which can affect our adult lives.

To make an appointment email Deacon Tony or his prayer partner Jo Costello.



[Email Jo Costello](#)

[Email Deacon Tony Schmitz](#)

Historic Pilgrimage through Catholic Moray

All events will begin with a short talk on the history of each place followed by Mass and a picnic!

Sat 13 May at 12 noon | Scalan Seminary

Sat 27 May at 12 noon | St Gregory's, Preshome

Sun 25 June | Walk from Greyfriars' Convent to Pluscarden Abbey



Spring Fayre

Join our Spring Fayre on **Sunday 30 April** from **12:30** to **14:30** for an easter egg hunt, food, games, music, stalls, crafts and more!



Nightstop

Nightstop North-East Scotland offers temporary, emergency accommodation for young people facing homelessness. This could be for many reasons, with 75% of referrals being due to a breakdown of relationships at home. This accommodation is offered in the homes of trained and vetted volunteers, who are supported by professional staff.

Hosts can be anyone, with the only requirements being that they must be able to provide a spare room, a hot evening meal and a listening ear! This offers an accommodation option which may be more suitable for young people than traditional homeless hostels.



[Find Out More](#)

St Peter's RC School Celebrates 190 years

We welcome former pupils and families of our school to join us for an open day on **Wednesday 3 May** from **13:30** to **14:45** at **St Peter's RC Primary School, 74 Dunbar Street, Aberdeen** to commemorate the school's 190th birthday.

We will have a special exhibition of photos and video clips, along with the chance to catch up with faces from a time ago!

Aberdeen Archives will also be open from **13:30**, showcasing historical items linked to our school. For those unable to make it, please be on the lookout for a link to a special Virtual Museum appearing soon on our school website!



Right to Life UK Prayer

"Let us pray for all considering abortion, that they would receive support and love from family and friends - and from the Christian community - so that they might continue with their pregnancies in hope. Lord hear us".