

Entrance Antiphon

Rejoice, Jerusalem, and all who love her.
Be joyful, all who were in mourning;
exult and be satisfied at her consoling breast.

Cf. Is 60:10-11

First reading

Joshua 5:9-12

The Lord said to Joshua, 'Today I have taken the shame of Egypt away from you.'

The Israelites pitched their camp at Gilgal and kept the Passover there on the fourteenth day of the month, at evening in the plain of Jericho. On the morrow of the Passover they tasted the produce of that country, unleavened bread and roasted ears of corn, that same day. From that time, from their first eating of the produce of that country, the manna stopped falling. And having manna no longer, the Israelites fed from that year onwards on what the land of Canaan yielded.

Responsorial Psalm

Psalm 33:2-7

Taste and see that the Lord is good.

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad. **R.**

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free. **R.**

Look towards him and be radiant;
let your faces not be abashed.
This poor man called, the Lord heard him
and rescued him from all his distress. **R.**

Second reading

2 Corinthians 5:17-21

For anyone who is in Christ, there is a new creation; the old creation has gone, and now the new one is here. It is all God's work. It was God who reconciled us to himself through Christ and gave us the work of handing on this reconciliation. In other words, God in Christ was reconciling the world to himself, not holding men's faults against them, and he has entrusted to us the news that they are reconciled. So we are ambassadors for Christ; it is as though God were appealing through us, and the appeal that we make in Christ's name is: be reconciled to God. For our sake God made the sinless one into sin, so that in him we might become the goodness of God.

Gospel Acclamation

LK15:18

Praise and honour to you, Lord Jesus!
I will leave this place and go to my father and say:
'Father, I have sinned against heaven and against you.'
Praise and honour to you, Lord Jesus!

Gospel

Luke 15:1-3,11-32

The tax collectors and the sinners were all seeking the company of Jesus to hear what he had to say, and the Pharisees and the scribes complained. 'This man' they said 'welcomes sinners and eats with them.' So he spoke this parable to them:

'A man had two sons. The younger said to his father, "Father, let me have the share of the estate that would come to me." So the father divided the property between them. A few days later, the

younger son got together everything he had and left for a distant country where he squandered his money on a life of debauchery.

'When he had spent it all, that country experienced a severe famine, and now he began to feel the pinch, so he hired himself out to one of the local inhabitants who put him on his farm to feed the pigs. And he would willingly have filled his belly with the husks the pigs were eating but no one offered him anything. Then he came to his senses and said, "How many of my father's paid servants have more food than they want, and here am I dying of hunger! I will leave this place and go to my father and say: Father, I have sinned against heaven and against you; I no longer deserve to be called your son; treat me as one of your paid servants." So he left the place and went back to his father.

'While he was still a long way off, his father saw him and was moved with pity. He ran to the boy, clasped him in his arms and kissed him tenderly. Then his son said, "Father, I have sinned against heaven and against you. I no longer deserve to be called your son." But the father said to his servants, "Quick! Bring out the best robe and put it on him; put a ring on his finger and sandals on his feet. Bring the calf we have been fattening, and kill it; we are going to have a feast, a celebration, because this son of mine was dead and has come back to life; he was lost and is found." And they began to celebrate.

'Now the elder son was out in the fields, and on his way back, as he drew near the house, he could hear music and dancing. Calling one of the servants he asked what it was all about. "Your brother has come" replied the servant "and your father has killed the calf we had fattened because he has got him back safe and sound." He was angry then and refused to go in, and his father came out to plead with him; but he answered his father, "Look, all these years I have slaved for you and never once disobeyed your orders, yet you never offered me so much as a kid for me to celebrate with my friends. But, for this son of yours, when he comes back after swallowing up your property – he and his women – you kill the calf we had been fattening."

'The father said, "My son, you are with me always and all I have is yours. But it was only right we should celebrate and rejoice, because your brother here was dead and has come to life; he was lost and is found."

Prayer over the Offerings

We place before you with joy these offerings,
which bring eternal remedy, O Lord,
praying that we may both faithfully revere them
and present them to you, as is fitting,
for the salvation of all the world.
Through Christ our Lord.

Communion Antiphon

You must rejoice, my son,
for your brother was dead and has come to life;
he was lost and is found.

Sunday 11.15am Mass		
Entrance Hymn	586	Praise we our God with joy
Offertory	131	Amazing Grace
Communion		Instrumental—Panis Angelicus
Marian Antiphon	150	Ave Regina Caelorum
Recessional	532	O Mother blest

***Please ensure that you have a copy of the Mass music, obtainable from the stewards, so you can join us in singing!**



St Mary's Cathedral

20 Huntly Street, Aberdeen AB10 1SH www.stmaryscathedralaberdeen.org



WHAT TO DO DURING A VISIT TO THE BLESSED SACRAMENT

Whether we call it Eucharistic Adoration or Holy Hour, the time we spend with the Eucharistic Lord in Adoration offers many graces. Often, however, it is difficult to discern a clear plan of action. We might wonder if we are to wait for inspiration, use some formal format of prayer, or simply sit and wait with Him. The following is just a rough guide of how we might wish to approach the Blessed Sacrament:

1. Ask the Holy Spirit for Help

We focus so much on God the Father and Jesus the Son and Lord, that sometimes we are in danger of skipping the Holy Spirit. Asking Him for His help, then, is an important beginning to Eucharistic Adoration. This sets the tone for the rest of our time with Jesus.

2. Eucharistic Adoration

Now that we are in tune with the Holy Spirit it is a good time for the Guest of Honour. Adore Jesus, in the Monstrance, as He patiently waits and welcomes us. He is the One Who gave His Life for us and our sins. It is He to Whom we owe adoration and worship. Focus on the Divine Presence and the miracle of this great opportunity to do Him homage in a real and tangible visit in His earthly home.

3. Be Contrite

Remembering that God gave His only Son as expiation for our sinfulness, we should now consider all of our shortcomings. How we fail Him – every day, almost every minute! Inspired by the Holy Spirit and internally speaking to Him, we can access our poor human abilities and how we fail even them.

4. Meditate

Meditating during Eucharistic Adoration opens up an entirely new realm for us. There, before us is our Lord. The Holy Spirit is there to whisper inspirational thoughts into our hearts. We are in the Divine Presence and have a direct line of communication open for us. What a gift!

5. Give Thanks

Nourished with inspiration from the Holy Spirit and gifted with God the Son's presence, it is only right and



just to offer thanks. Bowing in front of such Kingship, we can now revel in the opportunity this experience offers to our souls. We can note that none of this comes from any obligation on the part of God. He alone created us and gave us free will. That He welcomes us back, wayward children that we are, time and time again is something for which we should be very grateful.

6. Ask

The next period is a good time to petition Jesus for our needs and the needs of others. Although He knows our hearts, talking to Him like an intimate friend, it is a special exchange to internally verbalize our needs and desires. The answers will most certainly come in His time but, asking is a special time of bonding, faith, and hope. It also helps us to solidify the wisdom and specifics of our petitions.

7. Resolve to Act

As we come to the conclusion of our hour of Eucharistic Adoration, we are offered the perfect time to ponder our future actions. How have we failed? What can we do to improve our lives? By now, the Holy Spirit has most likely helped us draw some conclusions. As we prepare to take our leave, we should resolve to act more faithfully.

A visit with Jesus is like a visit with an enduring Friend. Before you know it, the time to go home has arrived. Yet this visit fortifies like no other. As we all strive to become saints, this is an opportunity not to be missed!

Source: Birgit Jones, www.catholicstand.com



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Altar Servers: George Brand
Flowers: Yi-pei Chou Turvey

Notices

Adoration: Monday - Saturday 6.00am - 12 midnight
Confessions: Tuesdays 5.30- 6.00pm & 6.30-7pm
Rosary: Saturdays 10.30am (for Priests)
Housebound? John MacKinnon
Coeliac: Speak to clergy before Mass
Sunday Coffees: Ann Ryans
Natural Family Planning (NFP) Margaret Hammond

Mass Times

Table with 5 columns: Date, Details, Service, Time, Mass Intentions. Rows include Sun 31st (4th Sunday of Lent), Mon 1st, Tue 2nd, Wed 3rd, Thu 4th, Fri 5th, Sat 6th, Sun 7th (5th Sunday of Lent).

PARISH FINANCES table showing 2018 July to Sept, Oct. to Dec, and 6 Month Totals for Operating and Deficit. Includes a note about increasing income and giving.

MASS INTENTION ENVELOPES
Available at the back of the Church. Print details and post through Clergy House letter box.

Cathedral

ALL NIGHT ADORATION, MORNING MASS, STATIONS OF THE CROSS, CATHEDRAL 200 CLUB, GIFT AID ENVELOPES 2019-20, LIFE TEEN, EDGE Catholic Middle School Ministry, FAITH & FUN ON SATURDAYS, FLOWER DONATIONS.

Cathedral

SECOND COLLECTION SCIAF
On this SCIAF Sunday please pray for young women around the world. Today, we especially think of Lydia and her family...

VOLUNTEERS NEEDED FOR FINANCE DEVELOPMENT TEAM
Social Media Event Planning Marketing
We are forming a Finance Development Team to increase income of our Cathedral...

CATHEDRAL CHOIR
Join us this Lent/Easter season for a new programme of music. Rehearsals are on Thursdays at 7pm...

40 DAYS FOR LIFE
Parishioners are invited to join us at our vigil for the unborn at Aberdeen Maternity Hospital.

Deanery & Diocese

St Mary's Deanery Station Masses 2019 table with columns DATE and LOCATION, listing masses for April 5th and 12th.

CHRISM MASS
This year's Diocesan Chrism Mass will be held in the Cathedral at 6pm on Thursday 11th April.

PLUSCARDEN ABBEY COMMUNITY
Invite young people (18-30) to celebrate the Liturgy of Holy Week with them, from Wed. of Holy Week until Easter.

AFRICAN COMMUNITY LENTEN RETREAT
11.00am-3.30pm Sat., 6th April 2019 at St. Columbus Catholic Church.



The Marriage Course Starts on Friday 26th April
The Marriage Course is a series of 7 sessions, designed to help couples invest in their relationship and build a strong marriage...

GIVE JESUS AN HOUR OF YOUR WEEK

Commit to spending one hour with Jesus in the Most Holy Eucharist each week as part of your growth as a disciple. Monday to Saturday, 6am to midnight. Consider especially any of the times below...

KEEP MOVING IN 2019
Wednesdays, Main Hall 10-11am. Exercises to improve your balance and muscle control and make you feel good!

JUBILATE DEO PRAYER GROUP, KEITH SILVER JUBILEE 1994-2019
27th April 2019. 10am-4pm Please join us in thanksgiving to celebrate 25 years of praising God together in Keith.

21ST DIOCESAN GOLF OUTING
Friday 28th June at Kintore Golf Club AB51 0UR. Tee Times from 12pm. Cost is £40 to include one round of golf and two course supper.

ONLINE CHRISTIAN PARENTING SUMMIT
Interviews with 15-20 experts about a whole range of parenting topics from tummy time to cooking with children, toilet training, finding joy in the little things, etc.

MASS IN TAMIL
TAMIL Mass by Rev Fr John Britto. Confession from 6pm, Way of the Cross at 6.30 pm and Mass at 7pm on Wednesday 10th April at St. Joseph's Church.

Weekly Calendar

Baby & Toddler Group
Magnificat Prayer Group
Light Exercise Class for all
Seniors Club
Healing of Memories
Legion of Mary
African Choir
Cenacolo Prayer Group
Band Practice
Altar Servers' Practice
Youth Groups
Voluntary Church Cleaning
Choir Rehearsal