

St Mary's Cathedral

A Christ-centred community which is alive, forming and sending out joyful disciples

16 - 20 Huntly Street, Aberdeen, AB10 1SH



Sunday 4 February 2024 | Fifth Sunday in Ordinary Time | Year B

Our Weekly Sunday Mass Times

08:00 • 11:00 • 15:00 (Polish) • 18:00

Meditation

Mark is interested in the link between the miraculous activity of the messiah and the awakening of faith. Faith leads people to ask Jesus for healing. Healing leads them to the total commitment of faith.

The cure of Peter's mother-in-law suggests more than Christ's extraordinary power over a sick body. Mark demonstrates his interest in the event's meaning in a clipped account: the healing of bodies is aimed at the wholeness of spirits. This same narrative implies a model for every believer. Made whole by the power of Jesus, we too must devote our full energy to serving the Lord.

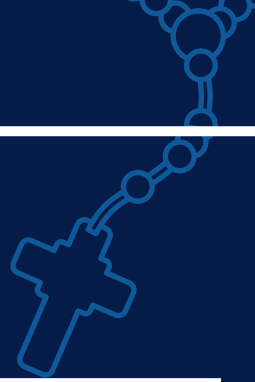


Healing of the Paralytic
Anthony van Dyck (1599–1641)

This model is not easy. Enthusiasm for miraculous cures is not enough. All the crippled and possessed Capernaum crowd in front of Simon and Andrew's house because they see Jesus only as a wonderworker. Jesus slips away. He takes refuge in solitude and prayer, to search out the real meaning of his mission. He is first of all the sower gone out to spread the Word. His word more than his miracles must move us.

- Vienna International Religious Centre -

Our Mass Times



Monday	12:00 (noon) Rosary		12:30 Mass	18:00 Rosary & Mass
Tuesday	12:30 Mass	17:30 Rosary	18:00 Mass	
Wednesday	12:00 Rosary	12:30 Mass	13:00 - 14:00 Confessions	18:00 Rosary & Mass
Thursday	12:30 Mass	17:30 Rosary	18:00 Mass	
Friday	12:00 (noon) Rosary		12:30 Mass	18:00 Rosary & Mass
Saturday	10:00 Mass		11:00 - 12:00 (noon) Confessions	
Sunday	08:00 Mass	11:00 Mass	15:00 Polish Mass	18:00 Mass

Spanish Mass at 17:00 every second and last Saturday of the month.

Ukrainian Greek Catholic Mass at 15:30 every third Saturday of the month.

Filipino Mass at 13:00 every third Sunday of the month.

African Mass at 11:00, the third Sunday of every second month.

Curious about Faith?

If Christmas has made you curious about faith and got you thinking about some of life's big questions, why not try Alpha? You'll have the chance to discover more about the Christian faith and chat through your thoughts in a fun, relaxed environment. Join us on **Wednesdays** at **19:00**.



Eucharistic Adoration

Jesus has made Himself the Bread of Life to give us life. Night and day, He is here. If you want to grow in love, come to the Eucharist, come to Adoration.



Mass Intentions

DATE	TIME	INTENTION
Monday 5 February	12:30	Mrs Simply D'Souza and other souls in purgatory
	18:00	Victor D'Souza and other souls in purgatory
Tuesday 6 February	12:30	Steven Innes
	18:00	Mrs Isolde Price RIP
Wednesday 7 February	12:30	Canon Bill Anderson RIP
	18:00	My mother's health and wellbeing - anonymous
Thursday 8 February	12:30	Mrs Margaret Downing RIP
	18:00	Kate Middleton (Princes of Wales) for good health
Friday 9 February	12:30	Robert Graham: Birthday
	18:00	Juliane Graham: Thanksgiving
Saturday 10 February	10:00	Mrs Elizabeth Mendoza-Fink RIP
Sunday 11 February	08:00	Thanksgiving for good health and divine favours
	11:00	For the Diocese
	18:00	For the Parish

"We pray for our Government, that their ability to support pregnant women would increase and that they would anchor themselves in the desire to protect all human life. Lord hear us."

(Right to Life UK)

Second Collection

There will be our regular **second collection** on **Sunday, 4 February** for the **Building Fund**.

CWO Quarterly Meeting

Join the Catholic Women's Organisation for their first quarterly meeting on **Sunday 4 February** in the Cathedral Lower Hall at **12:30** after the **11:00 Mass**.

Sunday 4 February | Blessing of the new Icon Cross

Monday 5 February | Memorial of St Agatha

Tuesday 6 February | Memorial of St Paul Miki and Companions

Saturday 10 February | Memorial of St Scholastica

Financial Results | 28 January 2024

Offertory for all Masses | £1,584.24

Previous Week | £1,599.06

December Weekly Average | £1,574.75



Standing Order

Never have cash with you at Mass? You can make your offertory collection by setting up a weekly or monthly standing order using online banking.

Mass Intentions

If you would like a Mass said for any intention, please get in touch with our Church Secretary, Cowan Watson.

You are also welcome to make an offering by direct banking.

[Email Church Secretary](#)

BANK NAME

Bank of Scotland (Upperkirkgate Branch)

ACCOUNT NAME

RCD Cathedral St Mary 1

SORT CODE

80-05-17

ACCOUNT NUMBER

00759738

REFERENCE

'Offertory' **OR** 'Mass' for Mass Intentions

SCAM WARNING

If you receive an email or text suggesting it is from Fr Keith requesting for money, voucher etc., please do not respond. This is a scam.

Icon Cross

Help Deacon Tony Schmitz **raise £10,000** towards the installation of the new Icon Cross as part of the reordering of the sanctuary of St Mary's Catholic Cathedral in Aberdeen.

The new Icon Cross will be blessed by Bishop Hugh Gilbert OSB on **Sunday 4 February** during the **11:00 Mass**.

[Find Out More](#)



Gift Aid

If you are a UK taxpayer, please register for the Cathedral Gift Aid scheme.

We can claim an additional 25% on top of all contributions you make, without costing you a penny more!



[Complete Gift Aid Form](#)

[Other Ways to Give](#)

Family Adoration Hour

Saturday 3 February from 15:30 - 16:20

Family Adoration is a simple practical way of coming together, with our joys and sorrows, challenges and dreams, struggles and successes, to experience the transformative power of prayer in the presence of Jesus Christ our Lord. Adoration is simply to show our love for Jesus, to adore Him in the Eucharist – and to allow Him to love us.

The purpose of a Family Adoration Hour is to welcome every family, no matter their cultural background, to come and spend time at the feet of our Lord in the Eucharist.



O Vere Beata Nox!

The Abbot and Monks of Pluscarden invite young men and women (aged 18-35) to celebrate the 2024 Paschal Triduum with them.

The invitation extends from **Thursday of Holy Week, 28 March, until Easter Monday, 1 April 2024.**

This will be an opportunity for focused participation in the central mysteries of our faith, celebrated in both life and liturgy, with of course a particularly monastic emphasis.

The organisation for this event has been entrusted to “YouCan”: the “Young Catholic Adults Network”. Those interested, please contact the YouCan coordinator, Rina Bird.

Meals will be taken together at St Scholastica’s women’s guest house. This will also encourage the “networking” aspect of the weekend, so that participants may help build up one another in the faith.

Numbers will necessarily be limited to the number of available rooms in the male and female Abbey Guesthouses.



Contact Rita Bird

New Dawn Day

Our next New Dawn Day is on **Saturday 3 February** at Saints John Cantius & Nicholas in Broxburn, West Lothian and we hope you can join us for this.

Each day starts with Holy Mass and is filled with talks, workshops, testimonies, prayer ministry and the Sacrament of Reconciliation. Children and Youth Ministry is available and the spiritually packed day concludes with an evening Healing Service.

[Visit the Website](#)[Email the Team](#)

Day of Mission

Saturday, 10 February, from **10:00 - 21:00** at the **Cathedral**.

This is the second Mission Day to be run by the team and starts with Mass and Holy Hour, then a time of teaching for those of us in the parish who want to be formed in evangelisation and a renewed zeal for the Gospel. In the evening, there will be a healing service with worship and prayer ministry. We hope to ignite the faith in our wonderful parish and to be set on fire to bring the good news to everyone in our community.

[Find Out More](#)

Marriage Course

The Marriage Course is a series of seven sessions, designed to help couples invest in their relationship and build a strong marriage. This online course begins on **Sunday, 4 February**.

[Register Now](#)

The Bishops' Committee for Interreligious Dialogue Annual Colloquium

The role of religious experience in interreligious dialogue with Professor Will Storrar at the Conforti Centre Coatbridge, starting at **17:30 on Friday 23 February** until **15:30 on Saturday 24 February**.

[Find Out More](#)

A rosary with small blue and white beads was found last Monday on Union Terrace and handed in it to the police at Marischal College.

2024 Youth Conference

Calling Pro-Life Champions!

Are you passionate about defending the rights of unborn babies and eager to make a lasting impact? Look no further! SPUC invites you to be part of a transformative experience at the 2024 Youth Conference, themed "Call to Courage."

In a world where the sanctity of life is under constant threat, your commitment to the pro-life cause is more crucial than ever. This empowering event is your opportunity to gather with like-minded young advocates, learn effective strategies, and fuel your passion for defending the most vulnerable among us – unborn babies.



[Find Out More](#)

ARISE - Youth 2000 Day Retreat

A one-day retreat for 18-35's in Edinburgh with St. Albert's Catholic Chaplaincy for everyone from Edinburgh and the wider Scotland area and beyond!

YOUTH DAY

[Find Out More](#)

National Day of Prayer & Fasting for Life

On **Saturday 10 February**, the Vigil of the Feast Our Lady of Lourdes, please pray and fast for the end of abortion in this Country. Through God's grace, we have seen thousands of Mothers in our counselling centre continue their pregnancies in very difficult circumstances. Please help us to help save lives with your prayers, fasting and support.

Fasting

Fast from all food except bread and water for the day Or Fast from a particular food or luxury, e.g. chocolate, alcohol, cigarettes, TV. Fast from whatever you can given your state of health etc, but make sure it is something that involves a sacrifice to yourself.

Prayer

We are asking people to say a Rosary (or an extra Rosary if you say it daily already). You could also offer an extra effort such as going to Mass (or an extra Mass) on the day or going to Adoration. You can even pray before a closed tabernacle if Adoration is not available near you.



[Find Out More](#)