#### **Entrance Antiphon**

Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning; exult and be satisfied at her consoling breast.

#### First reading

#### Joshua 5:9-12

Cf. Is 60:10-11

The Lord said to Joshua, 'Today I have taken the shame of Egypt away from you.'

The Israelites pitched their camp at Gilgal and kept the Passover there on the fourteenth day of the month, at evening in the plain of Jericho. On the morrow of the Passover they tasted the produce of that country, unleavened bread and roasted ears of corn, that same day. From that time, from their first eating of the produce of that country, the manna stopped falling. And having manna no longer, the Israelites fed from that year onwards on what the land of Canaan yielded.

#### **Responsorial Psalm**

## Psalm 33:2-7

## Taste and see that the Lord is good. I will bless the Lord at all times,

his praise always on my lips;

- in the Lord my soul shall make its boast. The humble shall hear and be glad. R.
- Glorify the Lord with me.
- Together let us praise his name. I sought the Lord and he answered me; from all my terrors he set me free. R.
- Look towards him and be radiant; let your faces not be abashed. This poor man called, the Lord heard him and rescued him from all his distress. R.

#### Second reading

#### 2 Corinthians 5.17-21

For anyone who is in Christ, there is a new creation; the old creation has gone, and now the new one is here. It is all God's work. It was God who reconciled us to himself through Christ and gave us the work of handing on this reconciliation. In other words, God in Christ was reconciling the world to himself, not holding men's faults against them, and he has entrusted to us the news that they are reconciled. So we are ambassadors for Christ; it is as though God were appealing through us, and the appeal that we make in Christ's name is: be reconciled to God. For our sake God made the sinless one into sin, so that in him we might become the goodness of God.

### **Gospel Acclamation**

LK15:18

Praise and honour to you, Lord Jesus! I will leave this place and go to my father and say: 'Father, I have sinned against heaven and against you.' Praise and honour to you, Lord Jesus!

#### Gospel

### Luke 15:1-3,11-32

The tax collectors and the sinners were all seeking the company of Jesus to hear what he had to say, and the Pharisees and the scribes complained. 'This man' they said 'welcomes sinners and eats with them.' So he spoke this parable to them:

'A man had two sons. The younger said to his father, "Father, let me have the share of the estate that would come to me." So the father divided the property between them. A few days later, the

younger son got together everything he had and left for a distant country where he squandered his money on a life of debauchery.

'When he had spent it all, that country experienced a severe famine, and now he began to feel the pinch, so he hired himself out to one of the local inhabitants who put him on his farm to feed the pigs. And he would willingly have filled his belly with the husks the pigs were eating but no one offered him anything. Then he came to his senses and said, "How many of my father's paid servants have more food than they want, and here am I dying of hunger! I will leave this place and go to my father and say: Father, I have sinned against heaven and against you; I no longer deserve to be called your son; treat me as one of your paid servants." So he left the place and went back to his father.

'While he was still a long way off, his father saw him and was moved with pity. He ran to the boy, clasped him in his arms and kissed him tenderly. Then his son said, "Father, I have sinned against heaven and against you. I no longer deserve to be called your son." But the father said to his servants, "Quick! Bring out the best robe and put it on him; put a ring on his finger and sandals on his feet. Bring the calf we have been fattening, and kill it; we are going to have a feast, a celebration, because this son of mine was dead and has come back to life; he was lost and is found." And they began to celebrate.

'Now the elder son was out in the fields, and on his way back, as he drew near the house, he could hear music and dancing. Calling one of the servants he asked what it was all about. "Your brother has come" replied the servant "and your father has killed the calf we had fattened because he has got him back safe and sound." He was angry then and refused to go in, and his father came out to plead with him; but he answered his father, "Look, all these years I have slaved for you and never once disobeyed your orders, yet you never offered me so much as a kid for me to celebrate with my friends. But, for this son of yours, when he comes back after swallowing up your property - he and his women - you kill the calf we had been fattening."

'The father said, "My son, you are with me always and all I have is yours. But it was only right we should celebrate and rejoice, because your brother here was dead and has come to life; he was lost and is found."'

#### Prayer over the Offerings

We place before you with joy these offerings, which bring eternal remedy, O Lord, praying that we may both faithfully revere them and present them to you, as is fitting, for the salvation of all the world. Through Christ our Lord.

#### **Communion Antiphon**

You must reioice. my son. for your brother was dead and has come to life; he was lost and is found.

Sunday 11.15am Mass		
Entrance Hymn	586 Praise we our God with joy	
Offertory	131	Amazing Grace
Communion		Instrumental—Panis Angelicus
Marian Antiphon	150	Ave Regina Caelorum
Recessional	532	O Mother blest

\*Please ensure that you have a copy of the Mass music, obtainable from the stewards, so you can join us in singing!



## WHAT TO DO DURING A VISIT TO THE BLESSED SACRAMENT

Whether we call it Eucharistic Adoration or Holy Hour, the time we spend with the Eucharistic Lord in Adoration offers many graces. Often, however, it is difficult to discern a clear plan of action. We might wonder if we are to wait for inspiration, use some formal format of prayer, or simply sit and wait with Him. The following is just a rough guide of how we might wish to approach the Blessed Sacrament:

## 1. Ask the Holy Spirit for Help

We focus so much on God the Father and Jesus the Son and Lord, that sometimes we are in danger of skipping the Holy Spirit. Asking Him for His help, then, is an important beginning to Eucharistic Adoration. This sets the tone for the rest of our time with Jesus.

## 2. Eucharistic Adoration

Now that we are in tune with the Holy Spirit it is a good time for the Guest of Honour. Adore Jesus, in the Monstrance, as He patiently waits and welcomes us. He is the One Who gave His Life for us and our sins. It is He to Whom we owe adoration and worship. Focus on the Divine Presence and the miracle of this great opportunity to do Him homage in a real and tangible visit in His earthly home.

## 3. Be Contrite

Remembering that God gave His only Son as expiation for our sinfulness, we should now consider all of our shortcomings. How we fail Him – every day, almost every minute! Inspired by the Holy Spirit and internally speaking to Him, we can access our poor human abilities and how we fail even them.

## 4. Meditate

Meditating during Eucharistic Adoration opens up an entirely new realm for us. There, before us is our Lord. The Holy Spirit is there to whisper inspirational thoughts into our hearts. We are in the Divine Presence and have a direct line of communication open for us. What a gift!

## 5. Give Thanks

Nourished with inspiration from the Holy Spirit and gifted with God the Son's presence, it is only right and









just to offer thanks. Bowing in front of such Kingship, we can now revel in the opportunity this experience offers to our souls. We can note that none of this comes from any obligation on the part of God. He alone created us and gave us free will. That He welcomes us back, wayward children that we are, time and time again is something for which we should be very grateful.

## 6. Ask

The next period is a good time to petition Jesus for our needs and the needs of others. Although He knows our hearts, talking to Him like an intimate friend, it is a special exchange to internally verbalize our needs and desires. The answers will most certainly come in His time but, asking is a special time of bonding, faith, and hope. It also helps us to solidify the wisdom and specifics of our petitions.

## 7. Resolve to Act

As we come to the conclusion of our hour of Eucharistic Adoration, we are offered the perfect time to ponder our future actions. How have we failed? What can we do to improve our lives? By now, the Holy Spirit has most likely helped us draw some conclusions. As we prepare to take our leave, we should resolve to act more faithfully.

A visit with Jesus is like a visit with an enduring Friend. Before you know it, the time to go home has arrived. Yet this visit fortifies like no other. As we all strive to become saints, this is an opportunity not to be missed!

Source: Birgit Jones, www.catholicstand.com





## St Mary's Cathedral - Aberdeen AB10 1SH

## Clergy & Religious

	37	
Administrator:	Fr. Keith Herrera	
	01224 640 160	
(Emails through	PA: administrator	@cathedral-abdn.org)
Assistant Priest	: Fr Emmet O'Dow	
	curate2@cathed	<u>ral-abdn.org</u>
Deacon:	Deacon Tony Schr	nitz
	deacon@cathedra	al-abdn.org
Holy Family	Sr Mary Chidalu	
Sisters of Needy	<b>/:</b> 01224 970 812 o	r 07741 54 00 39
	<u>hfsn@rcd-abdn.c</u>	org
St Andrews	07754 891 808	
Community:		nity@cathedral-abdn.org
		guarding: Charlene
	<u>youth@StAndrev</u>	vX.org
	Staff & Adminis	tration
Office Hours:	9 am to 4 pm Mo	nday to Friday
Telephone:	01224 640 160	
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	manager@cathe	dral-abdn.org
Secretary:	Cowan Watson	<u> </u>
	secretary@cathe	dral-abdn.org
Finance:	Paul Webster	
	finance@cathedr	al-abdn.org
Gift Aid:	Peter Simpson	-
	giftaid@cathedra	l-abdn.org
Cathedral	Siobhán Gilmour	, Patrycja Lwaszkiewicz
Safeguarding:	safeguarding@ca	thedral-abdn.org
	More information	n: Parish website or
	www.scottishcatl	nolicsafeguarding.org.uk
Music Director:	Shelagh Noden	
	music@cathedra	l-abdn.org
Shop Manager:	Barbara Mearns	
	shop@cathedral-	
Bulletin:	bulletin@cathedr	al-abdn.org
		y Tuesday evening
Hall Bookings:	halls@cathedral-	
	Call between 9am	
	Terms & Condition	ons see Parish website
	Liturgical Min	istries
Head Sacristan:	Jacqueline Armst	0
	jacquelinearmstr(	anotmail.com

**Readers:** Kevin O'Carroll 07784317898 kevin.ocarroll@live.com Euch. Ministers: John MacKinnon 07926 628 941 johnmackinnon2602@hotmail.co.uk Children's Ruth Paterson 01224 593069 **Catechesis:** ruthpaterson@hotmail.com Stewards: Diego Mejias Morffe 07960 325 046 dmejiasmorffe@gmail.com Altar Servers: George Brand 01224 630 159 geobra@msn.com Flowers: Yi-pei Chou Turvey: vipeichou@hotmail.com & 07455 479479 Notices

Adoration:	Monday - Sa	turday 6.00am - 12 midnight
Confessions:	Tuesdays Saturdays	5.30- 6.00pm & 6.30-7pm 10.30am & 6.00pm
Rosary:	Saturdays	10.30am (for Priests)
Housebound?	John MacKinr	non (See above) for visits
Coeliac:	Speak to cler	gy before Mass
Sunday Coffees	,	7545 615 198 s1234@gmail.com
Natural Family Planning (NFP)	0	mmond <u>d13@yahoo.co.uk</u>

		IV	la	iss Tim	es
Date	Details	Service		Time	Mass Intentions
		Mass		8.00am	Thanksgiving Daniel Manoj
	4th Sunday	Solemn Mass		11.15am	
Sun 31st	of Lent	Polish Mass		3.00pm	
		Mass		6.00pm	Parish Intentions
		Mass		7.00am	Monsignor Robert McDonald RIP
Mon 1st		Mass		12.30pm	Mary Joseph RIP
Turbul		Mass		7:00am	Special Intention Dominic Dieseru
Tue 2nd		Mass		6.00pm	Jozefa Ratusinska RIP
		Mass		7.00am	Thanksgiving Dominic Dieseru
Wed 3rd		Mass		12.30pm	
<b>Thu All</b>		Mass		7.00am	
Thu 4th		Mass		6.00pm	Mrs M. Joseph RIP
Fri 5th		Mass		7.00am	Special Intention Dominic Dieseru
Fristn		Mass		12.30pm	Adam First Birthday
Sat 6th		Mass		10.00am	
Sal our		Mass		7.00pm	
		Mass		8.00am	Parish Intentions
Sun 7th	5th Sunday	Solemn Mass		11.15am	Thanksgiving Dominic Dieseru
Sun /tn	of Lent	Polish Mass		3.00pm	
		Mass		6.00pm	
					PARISH FINANCES
2018	July to Sept.	Oct. to Dec.	6	Month Totals	We preached on giving in October 201
Operating Deficit	£-18,029.20	£-17,260.67	£-35,289.87		and as a result the number of Standin Orders went up by 31%, compared t the average of the previous 8 months.

Although income has increased because of this, operating costs remain high and scope for reduction in costs is limited

Please consider increasing your giving by £1 per week. If everyone did this it would bring us closer to breaking even.

#### MASS INTENTION ENVELOPES

Available at the back of the Church. Print details and post through Clergy House letter box. Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese. It may not always be possible for Mass to be celebrated on your preferred date or at the Cathedral itself.

## Cathedral

fun and more! Come join us!

fun and more! Come join us!

please see our website.

**IN EDGE** 

Fridays 7pm to 9pm in the Upper Hall

A youth group for teens aged 11-13: Meet

for fellowship, food, games, talks, music,

FAITH & FUN ON SATURDAYS

Spm every Saturday afternoon.

For more details and to register online

Youth group for P2's to P7's In

the Main Hall from 12.30pm to

ALL NIGHT ADORATION As usual this begins on the 1st Saturday of the month (6th April) after the Vigil Mass ends (8pm) and continues until the 1st Sunday Mass at 8am.	SVdeP Polish Collectionf15.00 Box Collectionsf148.78 TOTALf163.78
MORNING MASS The 7am Masses are now being held in the	Spend on food£1086.6 Thanks to all our benefactors for the
Cathedral itself rather than the Adoration Chapel.	CATHEDRAL 200 CLUB Help maintain our cathedral bui
STATIONS OF THE CROSS On weekdays, apart from the 7am Mass, the Stations of the Cross Lenten devotion	subscribing £5 a month to the 20 Each month there are 4 prizes of £50 Club Organiser: Irvine Long
takes place half hour before each Mass.	stmaryscathedralfinance@gmail
Fridays 7pm to 9pm in the Main Hall	GIFT AID ENVELOPES 2019-20 Many thanks to those who supp Parish with their Weekly Gift Aid 0
A youth group for teens aged 14-17: Meet for fellowship, food, games, talks, music, fun and maral. Come init use	Envelopes. Parishioners who requested a box of weekly envelo

f £50 200 CLUB

support the Aid Offertory who have velopes can collect them from the back of the Cathedral, sorted alphabetically by surname. The new envelopes are to be used from the weekend of 6<sup>th</sup>/7<sup>th</sup> April. If you have requested envelopes and you cannot find a box with your name listed, or, if you wish to apply to have envelopes, please contact the Gift Aid Coordinator, Peter Simpson:

giftaid@cathedral-abdn.org or contact the Parish Office 01224 640 160. Thank

Please note that there will be no flower donations in the Lenten season.

## Cathedral

SECOND COLLECTION SCIAF On this SCIAF Sunday please pray for young women around the world

Today, we especially think of Lydia and her family, who are on the WEE BOX. May their story continue to inspire us in the fight against poverty. Also, greenhouse gases from countries like the UK have caused devastating changes to our climate that are destroying the lives and livelihoods of our poorest brothers and sisters. Pope Francis calls us to act to address this injustice. Please support our campaign to reduce the UK's contribution to climate change by filling in the postcard in your WEE BOX pack and returning it to SCIAF, and please give what you can to the SCIAF collection today.



Marketing We are forming a Finance Development Team to increase income of our Cathedral to enable us to

fulfil our mission. If you have experience in the skills listed above and would like to be part of this new and exciting opportunity, please contact Robin Harding at 01224 640160 or manager@cathedral-abdn.org

#### CATHEDRAL CHOIR

Join us this Lent/Easter season for a new programme of music. Rehearsals are on Thursdays at 7pm in the clergy house, and in the upper hall before the 11:15am Sunday Mass. If you are interested, speak to a member of the choir or email: music@cathedral-abdn.org

#### **40 DAYS FOR LIFE**

Parishioners are invited to join us at our vigil for the unborn at Aberdeen Maternity Hospital. For more info. contact Liam: 0774931996 liamsharkey@ymail.com

#### **Deanery & Diocese** JUBILATE DEO PRAYER GROUP, KEITH SILVER JUBILEE 1994-2019 27th April 2019. 10am-4pm Please join us in thanksgiving to celebrate 25 years of praising God together in Keith. RSVP to Elizabeth Danby lizw.danby@gmail.com or Margaret Farrell 01542

21<sup>ST</sup> DIOCESAN GOLF OUTING Friday 28<sup>th</sup> June at Kintore Golf Club AB51 0UR. Tee Times from 12pm. Cost is £40 to include one round of golf and two course supper. There will be a trophy and various other prizes. Sponsors for the prizes are needed. Please consider either providing a prize or a donation towards a prize.

Interviews with 15-20 experts about a whole range

of parenting topics from tummy time to cooking with children, toilet training, finding joy in the little things, etc. The goal is to give some support to Christian parents. Interviews will be released each week. https://happyhealthychristiankids.com

## MASS IN TAMIL

TAMIL Mass by Rev Fr John Britto. Confession from 6pm, Way of the Cross at 6.30 pm and Mass at 7pm on Wednesday 10<sup>th</sup> April at St. Joseph's Church, Woodside, AB24 4AO, Contact Raiini Paul (07515282868) or Jeyaceli (07534017538) for catering after Mass

St Mary's Deanery Station Masses 2019 Confessions: 6pm-6.30pm Stations of the Cross: 6.30pm-7pm Mass: 7pm Refreshments: 8pm-9pm DATE I OCATION 5<sup>th</sup> April Our Lady of Aberdeen Kincorth 12<sup>th</sup> April St. Joseph's Woodside CHRISM MASS

This year's Diocesan Chrism Mass will be held in the Cathedral at 6pm on Thursday 11th April. The Chrism Mass is when our bishop blesses the holy oils. and when priests and deacons renew thei promises to serve God and His people

PLUSCARDEN ABBEY COMMUNITY

Invite young people (18-30) to celebrate the Liturgy of Holy Week with them, from Wed. of Holy Week until Easter (April 17-23). Registration and request for accommodation should be made to the Guestmaster, Fr. Giles Conacher at guestmaster@pluscardenabbey.org

## AFRICAN COMMUNITY LENTEN RETREAT

11.00am-3.30pm Sat., 6th April 2019 at St. Columbus Catholic Church Bridge of Don. There will lunch and childminders available. For more enquiry please contact our Leader 2019 Lenten Retreat Organizing Committee: S. Odaa Eze (Tawawa) tel: 07828435754

sessions, designed to help couples invest in their relationship and build a strong marriage. Each session includes a twocourse dinner, as well as childcare. Recommended donation £50.

Contact: Marta & Michal Wachucik on

For more information & to register, see the Cathedral website.

## GIVE JESUS AN HOUR OF YOUR WEEK

Commit to spending one hour with Jesus in the Most Holy Eucharist each week as part of your growth as a disciple. Monday to Saturday, 6am to midnight.

Consider especially any of the times below:

Mondays: 3pm Tuesdays: 9am, 10am, 11am, 11pm Wednesdays: 8am, 10am, 11pm Thursdays: 11am, 2pm, 4pm Fridavs: 8am, 3pm Saturdays: Noon, 6pm

Contact: adoration@cathedral-abdn.org Book Online: stmarysadoration.youcanbook.me

midnight on Tuesdays and Wednesdays.

**KEEP MOVING IN 2019** Wednesdays, Main Hall 10-11am. Exercises to improve your balance and muscle control and make you feel good! The class is fun and friendly. We finish with hot drink & biscuits!

## 86.61 r their help. building by e 200 Club.

mail.com

# 19-20

FLOWER DONATIONS

ral	
The Marriage Course	Starts on Friday 26th April
The M	larriage Course is a series of 7

marriagecourse.st.mary@gmail.com

We are in need of Adoration Adorers from 11pm-

882116 or 07808 356598 by 31<sup>st</sup> March 2019

**ONLINE CHRISTIAN PARENTING SUMMIT** 

	Weekly Calendar
M o n	Baby & Toddler Group For parents with young children. All ages welcome. Main Hall from 13.00-15.00pm Contact: Yi-pei Chou 0745 5479 479 Gospel Choir Lower Hall at 7pm Contact: <u>music@cathedral-abdn,org</u> Credo Community Meeting Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Damian Gloc 07939418178
T u e	Magnificat Prayer Group 7.30pm in the Lower Hall after Mass. Contact: Stella Maria Onuoha 0744 9951 415 nnesin@yahoo.com St. Vincent de Paul Feeding the homeless Contact: Evelyn Murray murray.evelyn@sky.com
W e d	Light Exercise Class for all Main Hall at 10:00am Speakers, fun & fellowship Main Hall at 2.00 pm every 2 weeks Contact: Jean 01569 765 799 Healing of Memories Prayer for the healing of painful memories of the past to bring peace to the present. Contact Deacon: tony.schmitz@gmail.com Legion of Mary Lower Hall from 6pm to 7.30pm Contact: Nogie Osula nogisula@yahoo.com African Choir For Africans and anyone else. Upper Hall from 6.00- 8.00pm Contact: Patricia Malikebu 07891 714 549
Thu	Cenacolo Prayer Group Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996, <u>liamsharkey@ymail.com</u> Band Practice Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: john.costaschuk@gmail.com Cathedral Choir Rehearsal Clergy House at 7.00pm Contact Shelagh Noden music@cathedral-abdn.org Children's Choir Rehearsals are held in the Lower Hall, 6.00pm to 8.00pm each Thursday during school term time. Contact: John Horton johnhorton@rcda.scot 01224 939127
F r i	Altar Servers' Practice Church from 6.00 to 7.00pm Contact: Simon <u>begbie no1@hotmail.com</u> Youth Groups Edge (P7-S2) & Lifeteen (S3-S6) Hall 7.00pm to 9.00pm Contact: St. Andrew's Community
S a t	Voluntary Church Cleaning Church after morning rosary. K4J (Kids for Jesus) For kids aged 4 to 10 years old. Lower Hall from 12.30pm to 2.00pm Please contact Holy Family Sisters of the Needy African Choir (As above) Upper Hall from 6.00 - 8.00pm
S u n	<b>Choir Rehearsal</b> Leading the music for 11:15 Sunday Mass Upper Hall 10.00am