

Entrance Antiphon

Ps 94: 6-7

O come, let us worship God
and bow low before the God who made us,
for he is the Lord our God.

First reading

Isaiah 6:1-2,3-8

'Here I am: send me'

In the year of King Uzziah's death I saw the Lord of Hosts seated on a high throne; his train filled the sanctuary; above him stood seraphs, each one with six wings.

And they cried out to one another in this way,

'Holy, holy, holy is the Lord of Hosts.
His glory fills the whole earth.'

The foundations of the threshold shook with the voice of the one who cried out, and the Temple was filled with smoke. I said:

'What a wretched state I am in! I am lost,
for I am a man of unclean lips
and I live among a people of unclean lips,
and my eyes have looked at the King, the Lord of Hosts.'

Then one of the seraphs flew to me, holding in his hand a live coal which he had taken from the altar with a pair of tongs. With this he touched my mouth and said:

'See now, this has touched your lips,
your sin is taken away,
your iniquity is purged.'

Then I heard the voice of the Lord saying:

'Whom shall I send? Who will be our messenger?'

I answered, 'Here I am, send me.'

Responsorial Psalm

Psalms 137(138):1-5,7-8

Before the angels I will bless you, O Lord.

I thank you, Lord, with all my heart:
you have heard the words of my mouth.
In the presence of the angels I will bless you.
I will adore before your holy temple. **R**

I thank you for your faithfulness and love,
which excel all we ever knew of you.
On the day I called, you answered;
you increased the strength of my soul. **R**

All earth's kings shall thank you
when they hear the words of your mouth.
They shall sing of the Lord's ways:
'How great is the glory of the Lord!' **R**

You stretch out your hand and save me,
your hand will do all things for me.
Your love, O Lord, is eternal,
discard not the work of your hands. **R**

Second reading

1 Corinthians 15:1-11

I preached what the others preach, and you all believed

Brothers, I want to remind you of the gospel I preached to you, the gospel that you received and in which you are firmly established; because the gospel will save you only if you keep believing exactly what I preached to you – believing anything else will not lead to anything.

Well then, in the first place, I taught you what I had been taught myself, namely that Christ died for our sins, in accordance with the

scriptures; that he was buried; and that he was raised to life on the third day, in accordance with the scriptures; that he appeared first to Cephas and secondly to the Twelve. Next he appeared to more than five hundred of the brothers at the same time, most of whom are still alive, though some have died; then he appeared to James, and then to all the apostles; and last of all he appeared to me too; it was as though I was born when no one expected it.

I am the least of the apostles; in fact, since I persecuted the Church of God, I hardly deserve the name apostle; but by God's grace that is what I am, and the grace that he gave me has not been fruitless. On the contrary, I, or rather the grace of God that is with me, have worked harder than any of the others; but what matters is that I preach what they preach, and this is what you all believed.

Gospel Acclamation

Jn15:15

Alleluia, alleluia!
I call you friends, says the Lord,
because I have made known to you
everything I have learnt from my Father.
Alleluia!

Gospel

Luke 5:1-11

They left everything and followed him

Jesus was standing one day by the Lake of Gennesaret, with the crowd pressing round him listening to the word of God, when he caught sight of two boats close to the bank. The fishermen had gone out of them and were washing their nets. He got into one of the boats – it was Simon's – and asked him to put out a little from the shore. Then he sat down and taught the crowds from the boat.

When he had finished speaking he said to Simon, 'Put out into deep water and pay out your nets for a catch.' 'Master,' Simon replied, 'we worked hard all night long and caught nothing, but if you say so, I will pay out the nets.' And when they had done this they netted such a huge number of fish that their nets began to tear, so they signalled to their companions in the other boat to come and help them; when these came, they filled the two boats to sinking point.

When Simon Peter saw this he fell at the knees of Jesus saying, 'Leave me, Lord; I am a sinful man.' For he and all his companions were completely overcome by the catch they had made; so also were James and John, sons of Zebedee, who were Simon's partners. But Jesus said to Simon, 'Do not be afraid; from now on it is men you will catch.' Then, bringing their boats back to land, they left everything and followed him.

Communion Antiphon

Cf. Ps 106: 8-9

Let them thank the Lord for his mercy,
his wonders for the children of men,
for he satisfies the thirsty soul,
and the hungry he fills with good things.

Sunday 11.15am Mass		
Entrance Hymn	116	All hail the power of Jesus' name
Offertory	376	Here I am, Lord
Communion	choir	Ecce Panis Angelorum
Marian Antiphon	150	Ave, Regina caelorum
Recessional	168	Be thou my vision



St Mary's Cathedral

20 Huntly Street, Aberdeen AB10 1SH www.stmaryscathedralaberdeen.org



COULD IT BE TIME TO STRETCH YOUR FAITH?



During my experience with Alpha, the Lord completely stretched my faith in ways I never could have imagined. I entered the course not expecting to learn much, as I felt my faith was already strong, and already had a good understanding of what it meant to be a good Catholic.

However, every week taught me something new about myself. I realized that the Lord was calling me to serve him in many ways to which my answer was often "No Lord! Are you crazy!" My response quickly changed to a frequent and confident, "Yes Lord!"

In the hectic life of being a mother of three young children, taking this time to focus on my relationship with God gave me the confidence to surrender myself completely to his will, which has allowed me to become a better wife,

mother, and Catholic. My favourite part about Alpha was getting to know and love the people in my small group. Sharing this experience together helped us become closer as a family of faith, not to mention- FOOD WAS FABULOUS!

Alpha was a joyous experience and strengthened my faith by bringing me "back to the basics of my faith". You know that saying: "Everything you need to know about life you learned in Nursery School?" Well, that is how I felt about Alpha. The message of Alpha is pure and simple: God is love. We need to know Him. He loves us. He loves me and He wants us to be joyful and share His love.




Alpha is an inclusive message about forgiveness and acceptance. It shows you how to live your normal, everyday life with a sense of purpose and knowledge that no matter what you do, you can do it with God by your side.

It's a spiritual experience in a fun and accepting environment. You will make new friends and feel joy by sharing with your "table group". You will learn about yourself and deepen your relationship with God, and if you feel that you do not have a relationship with God, this may be the start. I hope to meet you at Alpha soon!


Kayne Stewart



Clergy & Religious	
Administrator:	Fr. Keith Herrera 01224 640 160 (Emails through PA: administrator@cathedral-abdn.org)
Assistant Priest:	Fr Emmet O’Dowd curate2@cathedral-abdn.org
Deacon:	Deacon Tony Schmitz deacon@cathedral-abdn.org
Holy Family Sisters of Needy:	Sr Mary Chidalu 01224 970 812 or 07741 54 00 39 hfsn@rcd-abdn.org
St Andrews Community:	07754 891 808 standrewscommunity@cathedral-abdn.org
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Office Hours:	9 am to 4 pm Monday to Friday
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Music Director:	Shelagh Noden music@cathedral-abdn.org
Shop Manager:	Barbara Mearns shop@cathedral-abdn.org
Bulletin:	bulletin@cathedral-abdn.org Notices to be in by Tuesday evening
Hall Bookings:	halls@cathedral-abdn.org Call between 9am & 1pm only Terms & Conditions see Parish website
Liturgical Ministries	
Head Sacristan:	Jacqueline Armstrong jacquelinearmstr@hotmail.com
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Euch. Ministers:	John MacKinnon 07926 628 941 johnmackinnon2602@hotmail.co.uk
Children’s Catechesis:	Ruth Paterson 01224 593069 ruthpaterson@hotmail.com
Stewards:	Diego Mejias Morffe 07960 325 046 dmejiasmorffe@gmail.com
Altar Servers:	George Brand 01224 630 159 geobra@msn.com
Flowers:	Yi-pei Chou Turvey: yipeichou@hotmail.com & 07455 479479
Notices	
Adoration:	Monday - Saturday 6.00am - 12 midnight
Confessions:	Tuesdays 5.30- 6.00pm & 6.30-7pm Saturdays 10.30am & 6.00pm
Rosary:	Saturdays 10.30am (for Priests)
Housebound?	John MacKinnon (See above) for visits
Coeliac:	Speak to clergy before Mass
Sunday Coffees:	Ann Ryans 07545 615 198 awilliamryans1234@gmail.com
Natural Family Planning (NFP)	Margaret Hammond mgthammond13@yahoo.co.uk

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 10th	5th Sunday in Ordinary Time	Mass Solemn Mass Polish Mass Mass	8.00am 11.15am 3.00pm 6.00pm	Marlene Mitchell RIP Diocesan Intentions Parish Intentions
Mon 11th		Mass Mass	7.00am 12.30pm	Jeremy Mathews Private Intention Jean + Ronald Scott-Brown & Family
Tue 12th		Mass Mass	7:00am 6.00pm	Jeremy Mathews Private Intention
Wed 13th		Mass Mass	7.00am 12.30pm	Effie Mackay RIP
Thu 14th	St Cyril and St Methodious	Mass Mass	7.00am 6.00pm	Elizabeth Walsh
Fri 15th		Mass Mass	7.00am 12.30pm	Private Intention Bill (William) Falloner RIP
Sat 16th		Mass Mass	10.00am 7.00pm	Georgette Ntsame RIP Ken & Ali-Wain Khor and Family
Sun 17th	6th Sunday in Ordinary Time	Mass Solemn Mass Polish Mass Mass	8.00am 11.15am 3.00pm 6.00pm	Parish Intentions Diocesan Intentions Georgette Ntsame RIP
OFFERTORY & GIVING THANK YOU Thanks again for those who have responded to the giving challenge made in October/November. Whilst there has been a marked increase in the value of giving unfortunately there is still a negative gap between income received and actual running costs. Recently a Scottish Bishop suggested that “if parishioners attending Mass would put an additional £1 each per person per week it would significantly help”. Would you please give consideration to increasing your Offertory donations by £1 per week or whatever you may be able to afford. Thank you.				
MASS INTENTION ENVELOPES Available at the back of the Church. Print details and post through Clergy House letter box. Sunday 11:15 Mass is normally reserved for the Administrator’s or Bishop’s Intentions for the Parish or Diocese. It may not always be possible for Mass to be celebrated on your preferred date or at the Cathedral itself.				
Cathedral				
GIFT AID ENQUIRIES For all enquiries concerning Gift Aid, please contact Peter Simpson at: giftaid@cathedral-abdn.org		SVdeP INCOME Polish Collection.....£25.36 Box Collection.....£140.10 TOTAL.....£165.46  EXPENSES Food£314.12 Many thanks to all who contribute to our work. Eve Murray		
CATHEDRAL 200 CLUB Help maintain our cathedral building by subscribing £5 a month to the 200 Club. Each month there are 4 prizes of £50. January £50 prize winners: Mrs E Ross, Mrs A Murton, Mrs P Morrice, Mr D Costello Club Organiser: Irvine Long stmaryscathedralfinance@gmail.com		 2ND COLLECTION There will be a second Collection for the Scottish Catholic Education Service next weekend (9 th /10 th February).		
MARRIAGE NOTICE Kindly be reminded that a minimum of 6 months notice is required from a couple who are planning to get married.		HEALING SERVICE IN THE CATHEDRAL Thursday 14th February after the evening Mass. Prayer and Praise. All welcome.		
KEEP MOVING IN 2019 Wednesdays, Main Hall 10-11am. The exercises help to improve your balance and muscle control and will certainly make you feel good! The class is fun and friendly. We finish with a hot drink and biscuits!		CAN YOU HELP? The Cathedral Liturgy Committee requires a secretary able to take committee minutes. If you have this sort of experience and would like to help please get in touch with Deacon Tony Schmitz: deacon@cathedral-abdn.org		
FLOWERS If you are interested in helping with decorating the church with flower, kindly contact Yi-pei on yipeichou@hotmail.com or 07455 479479				
CATHEDRAL BOOKSHOP SALES Sale Now on! Lots of great bargains waiting to be snapped up!				


Cathedral




ALPHA IS COMING TO TOWN
Join us in 2019 #TryAlpha
Alpha @ the Cathedral
Sunday evenings at 7.30pm in the Main Hall
For more info, contact alpha@cathedral-abdn.org

Volunteers needed for set up, clean up, and in the kitchen during the Alpha Course. Contact alpha@cathedral-abdn.org


CHILDREN’S CHOIR
Rehearsals are held in the Lower Hall, 6.00pm to 8.00pm each Thursday during school term time.
Contact: email: johnhorton@rcda.scot
Tel: 01224 939127



CATHEDRAL CHOIR
The cathedral choir is now looking ahead to the Lent/Easter season and preparing a new programme of music. If you enjoy singing and would like to use your talent to serve the Lord do consider joining us. Rehearsals are on Thursdays at 7pm in the clergy house, and in the upper hall before the 11 15 Sunday Mass. If you are interested, speak to a member of the choir or email: music@cathedral-abdn.org



SEEKING ADORERS FOR WEEKLY HOLY HOURS
Please consider one of the following Holy Hours to come spend with Jesus in the Most Holy Eucharist. You will find great peace and a set time in the week where you can have that one on one time with the Lord.
Mondays: 3pm
Tuesdays: 9am, 10am, 11am, 11pm
Wednesdays: 8am, 10am, 11pm
Thursdays: 11am, 2pm, 4pm
Fridays: 8am, 3pm
Saturdays: 12noon, 6pm
Contact: adoration@cathedral-abdn.org
Online Bookings: stmarysadoration.youcanbook.me



Deanery & Diocese

UPLIFTING WALKS
Join Uplifting Walks on Saturday 16th February for a hopefully “spring” walk! We will begin at the picturesque Stonehaven harbour while following a specially planned route to incorporate the spectacular Dunnottar Castle, historic woodland, beautiful beach and dramatic cliffs. The walk is 8 miles approx but shorter options are available. Everyone is Welcome! For full details and to register visit - upliftingwalks.wordpress.com or email sabrina@rediscovered.me

NEW FERTILITY CARE SCOTLAND CLINIC
We run clinics in Edinburgh, Hamilton, Aberdeen and Paisley.
Our service is free and confidential, and no appointment is necessary. We invite you to come and visit us at one of our clinics.
Phone: 0141 221 0858
E-Mail: info@fertilitycare.org.uk

JUBILARIANS’ MASS
A special Mass has been organised at St. Mary’s Cathedral – Monday 11 March at 12 noon to celebrate the anniversaries of ordination of three members of our presbyterate, and one deacon: Bishop Emeritus Peter Moran – 60 years
Canon Peter Barry – 50 years
Fr. Derick McCulloch – 25 years
Deacon John Woodside – 25years
This adds up to 160 years of service!

PROPOSED RALLY OF CRAIGLOCKHART FORMER STUDENTS
To celebrate the Centenary of the founding of Craiglockhart College of Education, a Reunion Rally has been planned for Saturday 11th May 2019 in Napier University Craiglockhart Campus. 10:30 Registration; 11:30 Mass; 1:15 Lunch; Various events to follow. Cost: £40 pp which includes a Welcome Drink, Three Course Lunch and Afternoon Tea/Coffee.

OUTREACH CONSULAR MISSION OF PHILIPPINE EMBASSY LONDON IN ABERDEEN
Consular Services (passport renewal, dual citizenship, visa, registration of birth, marriage or death, legal services etc) can be processed in Aberdeen by Philippine Embassy London staff on 23 March 2019, Saturday from 9:30am-5:00pm in The Credo Centre, 14-20 John Street, Aberdeen AB25 1BT. Local organisers: Roda 07891439472 or Bong 07917097169

ABERDEEN DIOCESAN PILGRIMAGE 2019
Pilgrimage led by Bishop Hugh Gilbert O.S.B. to Padua & Ravenna 12 – 17 July, 2019, flying from Aberdeen. 2 nights in Ravenna & 3 nights in Padua—half board accommodation. 4-star Grand Hotel Mattei, Ravenna; 3-star Hotel Casa del Pellegrino, Padua. Approximately £950 pp dependent on flights & numbers. Single supplement (5 only in each place) £120. To reserve, contact the Diocesan office in the first instance 01224 319154 or joyce@rcd-abdn.org

ABERDEEN DIOCESAN CHOIR
Aberdeen Diocesan Choir Rehearsal Main Hall, Tuesdays 7.30—9.00pm, contact: Paula Silvester: enquiriesADC@hotmail.com

Weekly Calendar	
M o n	Baby & Toddler Group For parents with young children. All ages welcome. Main Hall from 13.00-15.00pm Contact: Yi-pei Chou 0745 5479 479 Gospel Choir Lower Hall at 7pm Contact: music@cathedral-abdn.org Credo Community Meeting Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Damian Gloc 07939418178
T u e	Magnificat Prayer Group 7.30pm in the Lower Hall after Mass. Contact: Stella Maria Onuoha 0744 9951 415 nnesin@yahoo.com St. Vincent de Paul Feeding the homeless Contact: Evelyn Murray murray.evelyn@sky.com
W e d	Light Exercise Class for all Main Hall at 10:00am Seniors Club Speakers, fun & fellowship Main Hall at 2.00 pm every 2 weeks Contact: Jean 01569 765 799 Healing of Memories Prayer for the healing of painful memories of the past to bring peace to the present. Contact Deacon: tony.schmitz@gmail.com Legion of Mary Lower Hall from 6pm to 7.30pm Contact: Nogie Osula nogisula@yahoo.com African Choir For Africans and anyone else. Upper Hall from 6.00- 8.00pm Contact: Patricia Malikebu 07891 714 549
T h u	Cenacolo Prayer Group Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996, liamsharkey@ymail.com Band Practice Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: john.costaschuk@gmail.com Cathedral Choir Rehearsal Clergy House at 7.00pm Contact Shelagh Noden music@cathedral-abdn.org
F r i	Altar Servers’ Practice Church from 6.00 to 7.00pm Contact: Simon begbie_no1@hotmail.com Youth Groups Edge (P7-S2) & Lifeteen (S3-S6) Hall 7.00pm to 9.00pm Contact: St. Andrew’s Community
S a t	Voluntary Church Cleaning Church after morning rosary. K4J (Kids for Jesus) For kids aged 4 to 10 years old. Lower Hall from 12.30pm to 2.00pm Please contact Holy Family Sisters of the Needy African Choir (As above) Upper Hall from 6.00 - 8.00pm
S u n	Choir Rehearsal Leading the music for 11:15 Sunday Mass Upper Hall 10.00am