

Entrance Antiphon Ph 4: 4-5

Rejoice in the Lord always;  
Again I say rejoice.  
Indeed, the Lord is near.

First reading Zephaniah 3:14-18

Shout for joy, daughter of Zion,  
Israel, shout aloud!  
Rejoice, exult with all your heart,  
daughter of Jerusalem!  
The Lord has repealed your sentence;  
he has driven your enemies away.  
The Lord, the king of Israel, is in your midst;  
you have no more evil to fear.  
When that day comes, word will come to Jerusalem:  
Zion, have no fear,  
do not let your hands fall limp.  
The Lord your God is in your midst,  
a victorious warrior.  
He will exult with joy over you,  
he will renew you by his love;  
he will dance with shouts of joy for you  
as on a day of festival.

Responsorial Psalm Isaiah 12

*Sing and shout for joy  
for great in your midst is the Holy One of Israel.*

Truly, God is my salvation,  
I trust, I shall not fear.  
For the Lord is my strength, my song,  
he became my saviour.  
With joy you will draw water  
from the wells of salvation. **R**

Give thanks to the Lord, give praise to his name!  
Make his mighty deeds known to the peoples!  
Declare the greatness of his name. **R**

Sing a psalm to the Lord  
for he has done glorious deeds;  
make them known to all the earth!  
People of Zion, sing and shout for joy,  
for great in your midst is the Holy One of Israel. **R**

Second reading Philipians 4:4-7

I want you to be happy, always happy in the Lord; I repeat,  
what I want is your happiness. Let your tolerance be evident  
to everyone: the Lord is very near.  
There is no need to worry; but if there is anything you  
need, pray for it, asking God for it with prayer and thanksgiv-  
ing, and that peace of God, which is so much greater than we  
can understand, will guard your hearts and your thoughts, in  
Christ Jesus.

Gospel Acclamation Is61:1(Lk4:18)

Alleluia, alleluia!  
The spirit of the Lord has been given to me.  
He has sent me to bring the good news to the poor.  
Alleluia!

Gospel Luke 3:10-18

When all the people asked John, ‘What must we do?’ he an-  
swered, ‘If anyone has two tunics he must share with the  
man who has none, and the one with something to eat must  
do the same.’ There were tax collectors too who came for  
baptism, and these said to him, ‘Master, what must we do?’  
He said to them, ‘Exact no more than your rate.’ Some sol-  
diers asked him in their turn, ‘What about us? What must we  
do?’ He said to them, ‘No intimidation! No extortion! Be con-  
tent with your pay!’  
A feeling of expectancy had grown among the people,  
who were beginning to think that John might be the Christ,  
so John declared before them all, ‘I baptise you with water,  
but someone is coming, someone who is more powerful than  
I am, and I am not fit to undo the strap of his sandals; he will  
baptise you with the Holy Spirit and fire. His winnowing-fan  
is in his hand to clear his threshing-floor and to gather the  
wheat into his barn; but the chaff he will burn in a fire that  
will never go out.’ As well as this, there were many other  
things he said to exhort the people and to announce the  
Good News to them.

Communion Antiphon Cf. Is 35:4

Say to the faint heart:  
Be strong and do not fear.  
Behold, our God will come,  
And he will save us.

Prayer after Communion

We implore your mercy, Lord,  
That this divine sustenance  
May cleanse us of out faults  
And prepare us for  
The coming feasts.  
Through Christ our Lord.

Sunday 11.15am Mass		
Entrance Hymn	503	O come, O come, Emmanuel
Offertory		Sarabande from Cello Suite no. 3, J S Bach
Communion	Choir	Tollite Hostias (Adore the Lord, for he comes)
Marian Antiphon	128	Alma Redemptoris Mater
Recessional	590	Rejoice in the Lord always.



**St Mary's Cathedral**  
20 Huntly Street, Aberdeen AB10 1SH [www.stmaryscathedralaberdeen.org](http://www.stmaryscathedralaberdeen.org)



# Good News Weekly

## Advent Wreath Tradition

The **Advent wreath**, is a Christian tradition that symbolizes the passage of the four weeks of Advent in the liturgical calendar of the Western church. It is traditionally a Lutheran practice, although it has spread to many other Christian denominations.

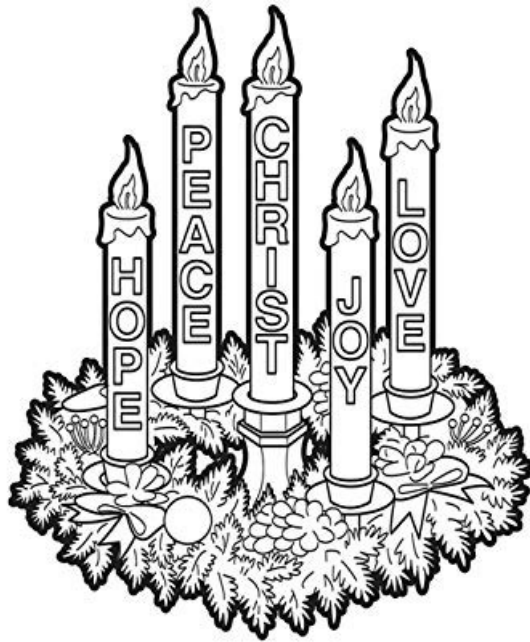
The concept of the Advent wreath originated among German Lutherans in the 16th Century. However, it was not until three centuries later that the modern Advent wreath took shape.

### History

Research by Prof. Haemig of Luther Seminary, St. Paul, points to Johann Hinrich Wichern (1808–1881), a Protestant pastor in Germany and a pioneer in urban mission work among the poor as the inventor of the modern Advent wreath in the 19th century. During Advent, children at the mission school *Rauhes Haus*, founded by Wichern in Hamburg, would ask daily if Christmas had arrived. In 1839, he built a large wooden ring (made out of an old cartwheel) with 20 small red and 4 large white candles. A small candle was lit successively every weekday and Saturday during Advent. On Sundays, a large white candle was lit. The custom gained ground among Protestant churches in Germany and evolved into the smaller wreath with four or five candles known today. Roman Catholics in Germany began to adopt the custom in the 1920s.

### Significance

Advent wreaths are circular, representing God's infinite love, and are usually made of evergreen leaves, which "represent the hope of eternal life brought by Jesus Christ. Within the Advent wreath are candles that generally represent the four weeks



of the Advent season as well as "the light of God coming into the world through the birth of Jesus Christ" although each of the candles has its own significance as well; individually, the candles specifically symbolize the Christian concepts of hope (week one), peace (week two), joy (week three) and love (week four) in many traditions. Many Advent wreaths also have a white candle in the centre to symbolize the arrival of Christmastide, sometimes known as the "Christ candle." It is lit on Christmas Eve or Christmas Day. The Christ candle is coloured white because this is the traditional festal colour in the Western Church.

In many Catholic churches, the most popular colours for the four surrounding Advent candles are violet and rose, corresponding with the colours of the liturgical vestments for the Sundays of Advent.





Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 16th	3rd Sunday of Advent	Mass Solemn Mass Polish Mass Mass	8.00am 11.15am 3.00pm 6.00pm	Rev. Fr James Donnelly RIP Parish Intentions  George Purkin RIP
Mon 17th		Mass Mass	7.00am 12.30pm	Mary Cox RIP
Tue 18th		Mass Mass	7.00am 6.00pm	Protect & Guide - Lambert family
Wed 19th		Mass Mass	7.00am 12.30pm	Protect & Guide J. Opara family Cowan, Gabrielle & Amy Watson
Thu 20th		Mass Mass	7.00am 6.00pm	William Mailey Martha Mou and family
Fri 21st		Mass Mass	7.00am 12.30pm	Eva Pavlickova Health Mrs Rosemary Ezeogu & family
Sat 22nd		Mass Vigil Mass	10.00am 7.00pm	Thanks & Protection -James E. family Jeanne and Joel Rodriguez & family
Sun 23rd	4th Sunday of Advent	Mass Solemn Mass Polish Mass Mass	8.00am 11.15am 3.00pm 6.00pm	Health, Job, Forgiveness - Ekekwé family Parish Intentions  Mrs Irene Clarkson
<b>OFFERTORY REPORTING</b> The offertory will now be reported on a quarterly basis. This will allow us to give a more accurate figure which will include the weekly and the Standing Order donations.				
<b>Mass Intention Envelopes</b> Available at the back of the Church. Print details and post through Clergy House letter box. Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese. It may not always be possible for Mass to be celebrated on your preferred date or at the Cathedral itself.				
Cathedral				
<div> <div> <b>GIFT AID ENQUIRIES</b>            For all enquiries concerning Gift Aid, please get in touch with Peter Simpson at: <a href="mailto:giftaid@cathedral-abdn.org">giftaid@cathedral-abdn.org</a> </div> <div> <b>SVdeP</b>            Income            Polish Collection.....£7.18            Box Collection.....£190.96            TOTAL.....£198.14            Spend on Food..... £763.75            Grateful thanks to all our benefactors.            Eve Murray         </div> </div>				
<div> <div> <b>SACRAMENTAL PREPARATION CLASSES FOR CHILDREN AT NON-CATHOLIC SCHOOLS</b>            These classes begin in January, 2019. If your child is aged 7 or over and has not received First Confession or First Holy Communion then please register him/her today, on the Cathedral website.         </div> <div> <b>THE CATHEDRAL OFFICE &amp; BOOKSHOP</b>            The Cathedral Office will be closed from lunchtime 24<sup>th</sup> December until 2nd January. The bookshop will be closed from 24<sup>th</sup> December until 9<sup>th</sup> January.         </div> </div>				
<div> <div> <b>CHANGE TO MASS TIMES</b>            Please note the evening Mass on Tuesdays and Thursdays is now being celebrated at 6.00pm for a trial period. Note that the time for confessions on Tuesdays is now from 5.30-6.00pm &amp; 6.30-7pm         </div> </div>				

<h1 style="text-align: center;">Weekly Calendar</h1>	
M o n	<b>Mother &amp; Toddler Group</b> For parents with young children. All ages welcome. Main Hall from 13.30-15.30pm Contact: Yi-pei Chou 0745 5479 479
	<b>Gospel Choir</b> Lower Hall at 7pm Contact: <a href="mailto:music@cathedral-abdn.org">music@cathedral-abdn.org</a>
	<b>Credo Community Meeting</b> Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Damian Gloc 07939418178
T u e	<b>Magnificat Prayer Group</b> 7.30pm in the Lower Hall after Mass. Contact: Stella Maria Onuoha 0744 9951 415 <a href="mailto:nnesin@yahoo.com">nnesin@yahoo.com</a>
	<b>St. Vincent de Paul</b> Feeding the homeless Contact: Evelyn Murray <a href="mailto:murray.evelyn@sky.com">murray.evelyn@sky.com</a>
W e d	<b>Light Exercise Class for all</b> Main Hall at 10:00am Contact: Laura Walker 0777 3 021 851 <a href="mailto:laura@laurawalkerlimited.co.uk">laura@laurawalkerlimited.co.uk</a>
	<b>Seniors Club</b> Speakers, fun & fellowship Main Hall at 2.00 pm every 2 weeks Contact: Jean 01569 765 799
	<b>Healing of Memories</b> Prayer for the healing of painful memories of the past to bring peace to the present. Contact Deacon: <a href="mailto:tony.schmitz@gmail.com">tony.schmitz@gmail.com</a>
	<b>Legion of Mary</b> Lower Hall from 6pm to 7.30pm Contact: Nogie Osula <a href="mailto:nogisula@yahoo.com">nogisula@yahoo.com</a>
	<b>African Choir</b> For Africans and anyone else. Upper Hall from 6.00- 8.00pm Contact: Patricia Malikebu 07891 714 549
	<b>Cenacolo Prayer Group</b> Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996, <a href="mailto:liamsharkey@ymail.com">liamsharkey@ymail.com</a>
	<b>Band Practice</b> Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: <a href="mailto:john.costaschuk@gmail.com">john.costaschuk@gmail.com</a>
	<b>Cathedral Choir Rehearsal</b> Clergy House at 7.00pm Contact Shelagh Noden <a href="mailto:music@cathedral-abdn.org">music@cathedral-abdn.org</a>
	<b>Altar Servers' Practice</b> Church from 6.00 to 7.00pm Contact: Simon <a href="mailto:begbie_no1@hotmail.com">begbie_no1@hotmail.com</a>
	<b>Youth Groups</b> Edge (P7-S2) & Lifetene (S3-S6) Hall 7.00pm to 9.00pm Contact: St. Andrew's Community
	<b>Voluntary Church Cleaning</b> Church after morning rosary.
S a t	<b>K4J (Kids for Jesus)</b> For kids aged 4 to 10 years old. Lower Hall from 12.30pm to 2.00pm
	<b>African Choir (As above)</b> Upper Hall from 6.00 - 8.00pm
S u n	<b>Choir Rehearsal</b> Leading the music for 11:15 Sunday Mass Upper Hall 10.00am