

Entrance Antiphon Ps 129:3-4

Within your will, O Lord,
all things are established,
and there is none that can resist your will.
For you have made all things,
the heaven and the earth,
and all that is held within the circle of heaven;
you are the Lord.

First Reading Genisis 2:18-24

The Lord God said, ‘It is not good that the man should be alone. I will make him a helpmate.’ So from the soil the Lord God fashioned all the wild beasts and all the birds of heaven. These he brought to the man to see what he would call them; each one was to bear the name the man would give it. The man gave names to all the cattle, all the birds of heaven and all the wild beasts. But no helpmate suitable for man was found for him. So the Lord God made the man fall into a deep sleep. And while he slept, he took one of his ribs and enclosed it in flesh. The Lord God built the rib he had taken from the man into a woman, and brought her to the man. The man exclaimed: ‘This at last is bone from my bones, and flesh from my flesh! This is to be called woman, for this was taken from man.’ This is why a man leaves his father and mother and joins himself to his wife, and they become one body.

Responsorial Psalm Psalm 127(128)

May the Lord bless us all the days of our life.

O blessed are those who fear the Lord
and walk in his ways!
By the labour of your hands you shall eat.
You will be happy and prosper.

Your wife like a fruitful vine
in the heart of your house;
your children like shoots of the olive,
around your table.

Indeed thus shall be blessed
the man who fears the Lord.
May the Lord bless you from Zion
in a happy Jerusalem
all the days of your life!
May you see your children’s children.
On Israel, peace!

Second reading Hebrews 2:9-11

We see in Jesus one who was for a short while made lower than the angels and is now crowned with glory and splendour because he submitted to death; by God’s grace he had to experience death for all mankind.
As it was his purpose to bring a great many of his sons into glory, it was appropriate that God, for whom everything exists and through whom everything exists, should make perfect, through suffering, the leader who would take them to their salvation. For

the one who sanctifies, and the ones who are sanctified, are of the same stock; that is why he openly calls them brothers.

Gospel Acclamation Jn17:17

Alleluia, alleluia!
Your word is truth, O Lord:
consecrate us in the truth.
Alleluia!

Gospel Mark 10:2-16

Some Pharisees approached Jesus and asked, ‘Is it against the law for a man to divorce his wife?’ They were testing him. He answered them, ‘What did Moses command you?’ ‘Moses allowed us’ they said ‘to draw up a writ of dismissal and so to divorce.’ Then Jesus said to them, ‘It was because you were so unteachable that he wrote this commandment for you. But from the beginning of creation God made them male and female. This is why a man must leave father and mother, and the two become one body. They are no longer two, therefore, but one body. So then, what God has united, man must not divide.’ Back in the house the disciples questioned him again about this, and he said to them, ‘The man who divorces his wife and marries another is guilty of adultery against her. And if a woman divorces her husband and marries another she is guilty of adultery too.’
People were bringing little children to him, for him to touch them. The disciples turned them away, but when Jesus saw this he was indignant and said to them, ‘Let the little children come to me; do not stop them; for it is to such as these that the kingdom of God belongs. I tell you solemnly, anyone who does not welcome the kingdom of God like a little child will never enter it.’ Then he put his arms round them, laid his hands on them and gave them his blessing.

Communion Antiphon Lm 3:25

The Lord is good to those
who hope in him,
to the soul that seeks him.

Prayer after Communion

Grant us, almighty God,
That we may be refreshed
And nourished
By the Sacrament which
We have received,
So as to be transformed
Into what we consume.
Through Christ our Lord

Sunday 11.15am Mass		
Entrance Hymn	290	God is love
Offertory	450	Lord of all hopefulness
Communion	Choir	Anima Christi (Soul of my Saviour)
Marian Antiphon	597	Salve, Regina
Recessional	174	Blest are the pure in heart



St Mary’s Cathedral

20 Huntly Street, Aberdeen AB10 1SH www.stmaryscathedralaberdeen.org



YOUTH PILGRIMAGE TO FRANCE - AUGUST 2018



Michelle Okafor

Dear Saint Andrew Community,

Thank you for an incredible trip and for the opportunity of a life time. A summer filled with laughter, the love of God and the overcoming of many difficult challenges. Looking back on it now, we wouldn't have changed it for the world!

By the end of this trip you could say every single one of us had increased their faith no matter where they were coming from. It was faith that brought us together, not just as individuals but as a family.

This happened over the three week duration of the trip which was by no means easy: climbing up the mountains of La Salette; kneeling on the hard gravel of St Mary Magdalene's cave at La Sainte - Baume but theses struggles of everyday life is what pushed us closer and deeper in our relationships with God. I found it astounding that with every new day the love of God in each of us grew from

strength to strength, making us a better family.

When Lourdes came around it was pouring with rain. We branched out into the grotto and the baths where Our Lady told St. Bernadette to dig a hole in the ground from which spring water gushed out.

Praying the rosary and attending daily Mass was something that was not familiar to some of the pilgrims, although it rapidly became the source of joy in the day along with the dramas and skits that the wonderful drama team presented.

The friends we've made, the fun we've had, the family we've built, all of this will continue to dwell in our hearts along with the graces and the blessings we've gained from such a worthwhile trip and, if we make heaven because of it, then we can't wait for next year!

We would like to invite everyone to a Thangsgiving Mass at 7pm on Friday 12th October followed by a celebratory tea in the Lower Hall.



Clergy & Religious	
Administrator:	Fr. Keith Herrera 01224 640 160 administrator@cathedral-abdn.org
Assistant Priest:	Fr Emmet O'Dowd curate2@cathedral-abdn.org
Deacon:	Deacon Tony Schmitz deacon@cathedral-abdn.org
Holy Family Sisters of Needy:	Sr Mary Chidalu 01224 970 812 or 07741 54 00 39 hfsn@rcd-abdn.org
St Andrew Community:	07754 891 808 standrewscommunity@cathedral-abdn.org
Staff & Administration	
Office Hours:	9 am to 4 pm Monday to Friday
Telephone:	01224 640 160
Manager:	Robin Harding manager@cathedral-abdn.org
Secretary:	Cowan Watson secretary@cathedral-abdn.org
Finance/Gift Aid:	finance@cathedral-abdn.org
Cathedral Safeguarding:	TBC Email: TBC More information: Parish website or www.scottishcatholicsafeguarding.org.uk
Music Director:	Shelagh Noden music@cathedral-abdn.org
Shop Manager:	Barbara Mearns shop@cathedral-abdn.org
Bulletin:	bulletin@cathedral-abdn.org Notices to be in by Tuesday evening
Hall Bookings:	halls@cathedral-abdn.org Call between 9am & 1pm only Terms & Conditions see Parish website
Liturgical Ministries	
Head Sacristan:	Jacqueline Armstrong jacquelinearmstr@hotmail.com
Readers:	TBC
Euch. Ministers:	John MacKinnon 07926 628 941 johnmackinnon2602@hotmail.co.uk
Children's Catechesis:	Ruth Paterson 01224 593069 ruthpaterson@hotmail.com
Stewards:	Diego Mejias Morffe 07960 325 046 dmejiasmorffe@gmail.com
Altar Servers:	George Brand 01224 630 159 geobra@msn.com
Flowers:	Pixie Mather 07763 064 146 pixie2704@sky.com
Notices	
Adoration:	Monday - Saturday 6.00am - 12 midnight
Confessions:	Tuesdays 6.00pm Saturdays 10.30am & 6.00pm
Rosary:	Saturdays 10.30am (for Priests)
Housebound?	John MacKinnon (See above) for visits
Coeliacs:	Speak to clergy before Mass
Sunday Coffees:	Ann Ryans 07545 615 198 awilliamryans1234@gmail.com
Natural Family Planning (NFP)	Margaret Hammond nfp@cathedral-abdn.org

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 7th	27th Sunday in Ordinary Time	Mass Polish Mass Mass	8.00am 11.15am 3.00pm 6.00pm	Juliana Opara RIP Parish Intentions Ntsame Georgette RIP
Mon 8th		Mass Mass	7.00am 12:30pm	Alistair Poole Roger Williams RIP
Tue 9th		Mass Mass	7.00am 7:00pm	To be married soon For Shuna's speedy recovery
Wed 10th		Mass Mass	7.00am 12.30pm	Roger Williams RIP Christine Mitchell RIP
Thu 11th		Mass Mass	7.00am 7.00pm	Marie Therese Sharkey Cormac Moroney RIP
Fri 12th	Thanksgiving Mass	Mass Mass Mass	7.00am 12.30pm 7.00pm	Alistair Poole Juliana Opara RIP
Sat 13th		Mass Vigil Mass	10.00am 7.00pm	God's Blessing - Obi & Mary Srs Conleth OP & Alberta OP RIP
Sun 14th	28th Sunday in Ordinary Time	Mass Solemn Mass Polish Mass Mass	8.00am 11.15am 3.00pm 6.00pm	Roger Williams RIP Parish Intentions Alistair Poole

HOLY SOULS

Please note that during November all the Masses celebrated at the Cathedral will be for the Holy Souls.

Mass Intention Envelopes	
These are available at the back of the Church. Print details and post through Clergy House letter box. It may not always be possible for Mass to be celebrated on your preferred date or at the	Cathedral itself. Recommended offering for each Mass is £5. Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese.

OFFERTORY: £2,388.77

Cathedral

<div><div><h3>GOSPEL CHOIR</h3><p>We are hoping to form a Gospel Choir. Experience not necessary, just enthusiasm! If you are interested you can get in touch at: music@cathedral-abdn.org</p></div><div><div><h3>HOUSEBOUND</h3><div></div><p>Do you know anyone who is housebound and who would like to receive Holy Communion at home? If so, please contact Deacon Tony: deacon@cathedral-abdn.org or 'phone him on 01224 640160.</p></div><div><div><h3>FIRST AID</h3><p>It would be reassuring to have a 'First Aider' present at each Mass. If you have appropriate medical training, please let us know which Mass you attend and send your contact details to: secretary@cathedral-abdn.org so we can compile a register.</p></div></div></div></div>	<div><div><h3>SVdP</h3><div><div>INCOME</div><div>Polish Collection£16.48</div><div>Box Collections..... £162.57</div><div>Total.....£179.05</div><div>Total Spend on Food....£40.61</div><div>Many thanks to all who donate to our work. Your kindness is really appreciated.</div><div>Eve Murray</div></div><div><div><h3>40TH ANNIVERSARY OF THE ELECTION OF POPE JOHN PAUL II</h3><p>Dear Parishioners! You are all invited to take part in this event to mark the 40th Anniversary of St. Pope John Paul II's election as Pope on Tuesday 16th of October 2018, after the evening Mass. Admission is free. Come along and bring your friends. If you would like to help with the event, please contact Lidia: lidia.kanar@yahoo.com</p><div><p>"The future is in your hearts and in your hands. God is entrusting to you the task (...) of working with Him in the building of the civilization of love."</p><p><i>St. John Paul II</i></p></div></div></div></div></div>
---	---

Cathedral	
INDONESIA EMERGENCY & APEAL Devastating earthquakes have struck parts of Indonesia. Communities are facing the loss of loved ones, homes and livelihoods. SCIAF is working closely with Caritas Indonesia to reach those affected. We will be responding to the needs of our sisters and brothers on the ground to provide emergency help they need, such as shelter, food and water. Find out more on: https://www.sciaf.org.uk/	
OCTOBER DEVOTION TO MARY Beginning Monday 10th October the Rosary will be said after the weekday and Saturday Masses.	
THANKSGIVING MASS & TEA In thanksgiving for all who supported the France Youth Pilgrimage in August. We want to thank you and share the youths' experience. Mass will be at 7pm on Friday 12th October, followed by a tea in the Lower Hall. All are invited!	
CHILDREN'S MASS AND CATHEDRAL CATECHISTS Our monthly Children's Mass will take place this Sunday at 11.15. At this Mass our Cathedral Catechists will also receive a blessing.	
Deanery & Diocese	
OGILVIE CENTRE FORMATION EVENTS 2018 YOUTH MINISTERS' WEEKEND RETREAT Kilcoy Castle, Back Isle, 23-25 September 2018 CATECHIST AND FAITH FORMATORS RETREAT Pluscarden Abbey, Elgin, 29th September 2018 WOMEN'S RETREAT Kilcoy Castle, Black Isle, 9-11 November 2018 MEN'S RETREAT Kilcoy Castle, Black Isle, 23-25 November 2018 Details from Sr. Anna Christi at: ogilvie@rcda.scot	
40 DAYS FOR LIFE A community-based campaign that takes a determined, peaceful approach to the consequences of abortion. From 26th September to 4th November. Details at: https://40daysforlife.com/local-campaigns/abderdeen/	
ENCOUNTER CHRIST RETREATS FOR YOUNG SINGLE WOMEN The Dominican Sisters invite Catholic women between the ages of 18 and 35 to a peaceful and refreshing weekend away with Christ. The retreat is held on the weekends of 2-4 November and 22-24 March 2019 at Greyfriars Convent in Elgin. To sign up for one of these, contact Sr. Mary Gianna, OP at op@rcda.scot . There is a £30 suggested donation.	
MEMORIAL MASS, OCT. 17TH The Memorial Mass of the Canonisation of St. John Ogilvie will be at 6.30pm on Wednesday 17th October, at St. Thomas's, Keith. We warmly welcome everyone who can join us, from every parish in the diocese, and beyond, to this celebration, led by Fr. Colin Stewart. Visit the St John Ogilvie Shrine, and read the story of his life.	
ANNUAL HARVEST THANKSGIVING AND BAZAAR The African Catholic Community Aberdeen cordially (ACCA) invite everyone to their 2018 Annual Harvest Thanksgiving and Bazaar. Date: Sunday 14th October, 2018. Time 11:30am. Venue: St Columba's RC Church, Braehead Way, Bridge of Don, Aberdeen, AB22 8RR.	
HEALING SERVICE A healing service will be held at St Columbas, Bridge of Don after the 7.00pm Mass on 11th October.	
HARVEST FESTIVAL ECUMENICAL SERVICE Fr Michael Hutson will conducted the above service this Sunday 7th October at Haddo Chapel. The service begins at 6.00pm. Enescu Piano Quartet begins at 3.30pm.	

Weekly Calendar	
M o n	Mother & Toddler Group For parents with young children. All ages welcome. Main Hall from 13.30-15.30pm Contact: Yi-pei Chou 0745 5479 479 Credo Community Meeting Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Damian Gloc 07939418178
T u e	Magnificat Prayer Group 7.30pm in the Lower Hall after Mass. Contact: Stella Maria Onuoha 0744 9951 415 nnesin@yahoo.com St. Vincent de Paul Feeding the homeless Contact: Evelyn Murray murray.evelyn@sky.com Aberdeen Diocesan Choir Upper Hall 7.30 - 9.00 pm, contact: Paula Silvester: enquiriesADC@hotmail.com
W e d	Light Exercise Class for all Main Hall at 10:00am Contact: Laura Walker 0777 3 021 851 laura@laurawalkerlimited.co.uk Seniors Club Speakers, fun & fellowship Main Hall at 2.00 pm every 2 weeks Contact: Jean 01569 765 799 Healing of Memories Prayer for the healing of painful memories of the past to bring peace to the present. Contact Deacon: tony.schmitz@gmail.com Legion of Mary Lower Hall from 6pm to 7.30pm Contact: Nogie Osula nogisula@yahoo.com African Choir For Africans and anyone else. Upper Hall from 6.00- 8.00pm Contact: Patricia Malikebu 07891 714 549
T h u	Cenacolo Prayer Group Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996 Band Practice Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: john.costaschuk@gmail.com Cathedral Choir Rehearsal 7.00pm in Clergy House, contact Shelagh Noden: music@cathedral-abdn.org
F r i	Altar Servers' Practice Church from 6.00 to 7.00pm Contact: Simon begbie_no1@hotmail.com Youth Groups Edge (P7-S2) & Lifeteen (S3-S6) Hall 7.00pm to 9.00pm Contact: St. Andrew's Community
S a t	Voluntary Church Cleaning Church after morning rosary. K4J (Kids for Jesus) For kids aged 4 to 10 years old. In Lower Hall from 12.30pm to 2.00pm African Choir (As above) Upper Hall from 6.00 - 8.00pm
S u n	Choir Rehearsal Leading the music for 11:15 Sunday Mass Upper Hall 10.00am