

Entrance Antiphon Cf. Sir 36: 18
Give peace, O Lord, to those who wait for you,
that your prophets be found true.
Hear the prayers of your servant,
and of your people Israel.

Collect
Look upon us, O God,
Creator and ruler of all things,
and, that we may feel the working of your mercy,
grant that we may serve you with all our heart.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

First reading Isaiah 50:5-9

The Lord has opened my ear.

For my part, I made no resistance,
neither did I turn away.
I offered my back to those who struck me,
my cheeks to those who tore at my beard;
I did not cover my face
against insult and spittle.

The Lord comes to my help,
so that I am untouched by the insults.
So, too, I set my face like flint;
I know I shall not be shamed.

My vindicator is here at hand. Does anyone start proceedings
against me?
Then let us go to court together.
Who thinks he has a case against me?
Let him approach me.
The Lord is coming to my help,
who will dare to condemn me?

Responsorial Psalm Psalm 114:1-6,8-9

I will walk in the presence of the Lord in the land of the living.

I love the Lord for he has heard
the cry of my appeal;
for he turned his ear to me
in the day when I called him. **R**

They surrounded me, the snares of death,
with the anguish of the tomb;
they caught me, sorrow and distress.
I called on the Lord's name.
O Lord, my God, deliver me! **R**

How gracious is the Lord, and just;
our God has compassion.
The Lord protects the simple hearts;
I was helpless so he saved me. **R**

He has kept my soul from death,
my eyes from tears
and my feet from stumbling.
I will walk in the presence of the Lord
in the land of the living. **R**

Second reading James 2:14-18

Take the case, my brothers, of someone who has never done
a single good act but claims that he has faith. Will that faith
save him? If one of the brothers or one of the sisters is in
need of clothes and has not enough food to live on, and one
of you says to them, 'I wish you well; keep yourself warm
and eat plenty', without giving them these bare necessities
of life, then what good is that? Faith is like that: if good
works do not go with it, it is quite dead.

This is the way to talk to people of that kind: 'You say you
have faith and I have good deeds; I will prove to you that I
have faith by showing you my good deeds – now you prove
to me that you have faith without any good deeds to show.'

Gospel Acclamation Jn14:6

Alleluia, alleluia!
I am the Way, the Truth and the Life, says the Lord;
No one can come to the Father except through me.
Alleluia!

Gospel Mark 8:27-35

Jesus and his disciples left for the villages round Caesarea
Philippi. On the way he put this question to his disciples,
'Who do people say I am?' And they told him. 'John the Bap-
tist,' they said 'others Elijah; others again, one of the proph-
ets.' 'But you,' he asked 'who do you say I am?' Peter spoke
up and said to him, 'You are the Christ.' And he gave them
strict orders not to tell anyone about him.

And he began to teach them that the Son of Man was des-
tined to suffer grievously, to be rejected by the elders and
the chief priests and the scribes, and to be put to death, and
after three days to rise again; and he said all this quite open-
ly. Then, taking him aside, Peter started to remonstrate with
him. But, turning and seeing his disciples, he rebuked Peter
and said to him, 'Get behind me, Satan! Because the way you
think is not God's way but man's.'

He called the people and his disciples to him and said, 'If
anyone wants to be a follower of mine, let him renounce
himself and take up his cross and follow me. For anyone who
wants to save his life will lose it; but anyone who loses his
life for my sake, and for the sake of the gospel, will save it.'

Communion Antiphon Cf. Ps 35:8

How precious is your mercy, O God!
The children of men seek shelter in the shadow of your
wings.

Sunday 11.15am Mass		
Entrance Hymn	582	Praise to the Holiest
Offertory	Choir	I will walk in the presence of God
Communion	267	Servant King
Marian Antiphon	597	Salve, Regina
Recessional	416	Lead us, heavenly Father



St Mary's Cathedral
20 Huntly Street, Aberdeen AB10 1SH www.stmaryscathedralaberdeen.org



Good News Weekly

Community: ... Names

*"The Church must be a place of mercy freely
given, where everyone can feel welcomed,
loved, forgiven and encouraged to live the
good life of the Gospel" (EG no. 114)*

Becoming that place of mercy, welcome, love,
forgiveness and encouragement, an authentic Christian
Community where people feel they belong, doesn't
happen by accident. We have to do it intentionally or
else we slip into becoming a gathering of individuals.
This means that we need to step out of ourselves, out
of our comfort zones, to engage others; as with Jesus
today: to leave comfortable, easy Capernaum and go
"to the neighbouring country towns, so that I can
preach there, for that is why I came" (Mk 1:38).

So, how can we intentionally start to become this place,
this community that Jesus is calling us to be? We can
start by taking small steps. Perhaps the smallest and
easiest is learning someone's name.

"We feel more valued and respected when someone
remembers our name. We feel more engaged in a
conversation when someone uses our name. 'A
person's name is to him or her the sweetest and most
important sound in any language,' writes Dale Carnegie
of *How to Win Friends and Influence People*.

When you use someone's name, it shows you see that
person as an individual. When you remember it, it
shows your interest in and respect for that individual."

"Psychologists, sociologists, and organizational experts
have studied the impact of calling others by their
names, and the results are notable: Not only does
calling someone by their name connect you better with
that person, but it also increases accountability, trust,
empathy, and positive communication.

Learning and using names is an important way we
convey this sense of community. It shows that each
person within the parish matters and is a part of our



community as a whole.

'A person's name is the greatest connection to their
own identity and individuality. Some might say it is the
most important word in the world to that person ... It is
a sign of courtesy ... When someone remembers our
name after meeting us, we feel respected and more
important,' says organizational psychologist Joyce E. A.
Russell."

One way we have already begun to gradually get to
know one another's names, to deepen our sense of
community, is through our recent practice of having
prayer partners at Mass.

We shall be looking at others in the future.

HELLO
my name is

**NEXT SUNDAY (23RD SEPTEMBER) IS NAME
TAG SUNDAY. AN OPPORTUNITY TO GREET
ONE ANOTHER AND LEARN EACH OTHER'S
NAMES. YOU WILL BE PRESENTED WITH A
NAME TAG AS YOU ARRIVE FOR MASS.**



Clergy & Religious

Administrator:

Fr. Keith Herrera

01224 640 160

administrator@cathedral-abdn.org

Assistant Priest:

Fr. Janusz Wilczynski SAC

(Polish Chaplain)

curate1@cathedral-abdn.org

Assistant Priest:

Fr Peter Amoah

Fr Emmet O’Dowd

curate2@cathedral-abdn.org

Deacon:

Deacon Tony Schmitz

deacon@cathedral-abdn.org

Holy Family Sisters of Needy:

Sr Mary Chidalu

01224 970 812 or 07863 065 345

hfsn@rcd-abdn.org

St Andrew Community:

07754 891 808

standrewscommunity@cathedral-abdn.org

Staff & Administration

Office Hours:

9 am to 4 pm Monday to Friday

Telephone:

01224 640 160

Manager:

Robin Harding

manager@cathedral-abdn.org

Secretary:

Cowan Watson

secretary@cathedral-abdn.org

Finance/Gift Aid:

finance@cathedral-abdn.org

Cathedral Safeguarding:

TBC

email: TBC

More information: Parish website or www.scottishcatholicsafeguarding.org.uk

Music Director:

Shelagh Noden

music@cathedral-abdn.org

Shop Manager:

Barbara Mearns

shop@cathedral-abdn.org

Bulletin:

bulletin@cathedral-abdn.org

Notices to be in by Tuesday evening

Hall Bookings:

halls@cathedral-abdn.org

Call between 9am & 1pm only

Terms & Conditions see Parish website

Liturgical Ministries

Head Sacristan:

Jacqueline Armstrong

jacquelinearmstr@hotmail.com

Readers:

Euch. Ministers:

John MacKinnon

07926 628 941

johnmackinnon2602@hotmail.co.uk

Children’s Catechesis:

Ruth Paterson

01224 593069

ruthpaterson@hotmail.com

Stewards:

Diego Mejias Morffe

07960 325 046

dmejiasmorffe@gmail.com

Altar Servers:

George Brand

01224 630 159

geobra@msn.com

Flowers:

Pixie Mather

07763064146

pixie2704@sky.com

Notices

Adoration:

Monday - Saturday

6.00am-12 midnight

Confessions:

Tuesdays

6.00pm

Saturdays

10.30am & 6.00pm

Rosary:

Saturdays

10.30am (for Priests)

Housebound?

John MacKinnon (See above) for visits

Coeliacs:

Speak to clergy before Mass

Sunday Coffees:

Ann Ryans

07545 615 198

annryans@aol.com

Natural Family Planning (NFP)

Margaret Hammond

nfp@cathedral-abdn.org

Mass Times

Date	Details	Service	Time	Mass Intentions
Sun 16th	24th Sunday in Ordinary Time	Mass	8.00am	Juliana Opara RIP
		Polish Mass	9.30am	Intentions of the Diocese
		Polish Mass	11.15am	Benefactors of the Suppl. Aid Soc.
Mon 17th		Mass	3.00pm	
Mon 17th		Mass	6.00pm	Alistair Poole Christine Mitchell RIP
Tue 18th		Mass	7.00am	Jim Bradley RIP
Tue 18th		Mass	12:30pm	Sister Alphonso
Wed 19th		Mass	7.00am	
Wed 19th		Mass	12.30pm	Varun Chacko
Thu 20th		Mass	7.00am	Roger Williams RIP
Thu 20th		Mass	7.00pm	Fr John Chrysostom
Fri 21st	Saint Matthew, Apostle, Evangelist	Mass	7.00am	Alistair Poole
Fri 21st		Mass	12.30pm	
Sat 22nd		Mass	10.00am	Thanksgiving - Aditya Chacko
Sat 22nd		Vigil Mass	7.00pm	Fr John Chrysostom
Sun 23rd	25th Sunday in Ordinary Time	Mass	8.00am	Juliana Opara RIP
Sun 23rd		Polish Mass	9.30am	Intentions of the Parish
Sun 23rd		Solemn Mass	11.15am	
Sun 23rd		Polish Mass	3.00pm	Mrs Irene Clarkson
Sun 23rd		Mass	6.00pm	

Mass Intention Envelopes

These are available at the back of the Church. Print details and post through Clergy House letter box.

It may not always be possible for Mass to be celebrated on your preferred date or at the


Cathedral itself. Recommended offering for each Mass is £5.

Sunday 11:15 Mass is normally reserved for the Administrator’s or Bishop’s Intentions for the Parish or Diocese.

OFFERTORY: £2,486.66

Youth

THANKSGIVING MASS & TEA



In thanksgiving for all who supported the France Youth Pilgrimage in August. We want to thank you and share the youths' experience. Mass will be at 7pm on Tuesday, 25 September, followed by a tea in the Lower Hall. All are invited!

The Youth Group resumes Friday, 21 September from 7-9pm in the Main Hall. Confirmation class begins Friday, 28 September with a meeting with parents and teens at 5:30pm. Class will go from 6-7pm and participants are required to stay for Youth Group until 9pm. Also, the teens are required to attend Sunday Mass.

Cathedral

SVdP

INCOME

Polish Collection£60.68

Box Collections..... £150.84

Total.....£211.52

Total Spend on Food.....£240.64

Many thanks to all who donate to our work. Your kindness is really appreciated.

Eve Murray

FIRST AID

It would be reassuring to have a ‘First Aider’ present at each Mass. If you have appropriate medical training, please let us know which Mass you attend and send your contact details to: secretary@cathedral-abdn.org so we can compile a register.

CONFIRMATION CLASS

If you would like your child to attend this class, which will prepare them to receive the Sacrament of Confirmation in the forthcoming session, then please complete the registration form on our website.

Class begins on Friday 28th September with a mandatory parents’ meeting at 5.30pm in the Cathedral Lower Hall.

The Confirmation class will start after this meeting at 6.00pm. The class will finish at 7.00pm and will be followed by Youth Group from 7.00pm until 9.00pm. Attendance at both the class, the Youth Group and Sunday Mass is obligatory.

40 DAYS FOR LIFE

40 DAYS FOR LIFE is a community-based campaign that takes a determined, peaceful approach to the consequences of abortion. From September 26 to November 4.

<https://40daysforlife.com/local-campaigns/aberdeen/>

SUNDAY 11.15AM MASS CHOIR WORKSHOP

Sunday 16th September from 1.00pm -3.00pm

New members wanted. Join us after the 11.15am Mass for soup and sandwiches in the Main Hall and afterwards for the workshop in the Upper Hall. All welcome.

Cathedral

explore

life faith meaning Begins

Wednesday September 26 at 7pm, register: alpha@cathedral-abdn.org

Alpha


The Marriage Course is a series of seven sessions, designed for couples who are seeking to strengthen their relationship and build a strong marriage. The course begins on **Wednesday 19th September, and ends on 31st October.** Register online at: <http://www.stmaryscathedralaberdeen.org/marriage/marriage-course/> For more details contact: marriagecourse.st.mary@gmail.com

The Marriage Course

SENIOR CLUB

Wednesday September 19th @2pm The Red Cross will be showing a Film about their Work during 150 Years. All Welcome.

NEXT SUNDAY, THERE WILL BE AN OPPORTUNITY TO MEET FR EMMET AFTER THE 11AM MASS IN THE MAIN HALL AND TO ENJOY A BACON BUTTY, ALL AT THE SAME TIME!



MISSION APPEAL

22ND & 23RD SEPTEMBER

Next weekend Fr Kyran Murphy will be visiting the parish to invite the parish to missionary awareness and support. There will be a second collection that weekend.

FAKE EMAIL

Please be aware that someone is sending out e-mails pretending to be Fr Keith and asking for money. They are using the e-mail address: parish.father58767489@gmail.com. Please do not respond to them.

Deanery & Diocese

REGIONAL DEVELOPMENT WORKER

Student Christian Movement are currently recruiting for a Regional Development Worker for Scotland. The application deadline for the Scotland post is Monday 17th September. Further information can be found at www.movement.org.uk/vacancies

OGILVIE CENTRE FORMATION EVENTS 2018

YOUTH MINISTERS’ WEEKEND RETREAT

Kilcoy Castle, Back Isle, 23-25 September 2018

CATECHIST AND FAITH FORMATORS RETREAT

Pluscarden Abbey , Elgin, 29th September 2018

WOMEN’S RETREAT

Kilcoy Castle, Black Isle, 9-11 November 2018

MEN’S RETREAT

Kilcoy Castle, Black Isle, 23-25 November 2018

Details from Sr. Anna Christi at: ogilvie@rcda.scot

UPLIFTING WALKS NEW WALKING SEASON

New walking season begins Saturday 22nd September as we explore Keith. Day will start with a visit to Tarnash Falls and the pretty Dunnyduff Wood before heading to Meikle Balloch Hill/Forest, where we will have the option to climb the hill. (4; or 9; mile options) Everyone welcome! To register, and further info, visit: upliftingwalks.wordpress.com or contact Sabrina at sabrina@rediscovered.me.

ENCOUNTER CHRIST RETREATS FOR YOUNG SINGLE WOMEN

The Dominican Sisters invite Catholic women between the ages of 18 and 35 to a peaceful and refreshing weekend away with Christ. The retreat is held on the **weekends of 2-4 November and 22-24 March 2019 at Greyfriars Convent in Elgin.** To sign up for one of these, please contact Sr. Mary Gianna, OP at op@rcda.scot. There is a £30 suggested donation.

MOBILITY SCOOTERS

Two mobility scooters, that belonged to Canon Stanley, for sale. Any reasonable offer will be considered. They can be viewed at St Joseph’s Church hall Woodside.

MEMORIAL MASS, OCT. 17TH

The Memorial Mass of the Canonisation of St. John Ogilvie will be at 6.30 pm on Wednesday 17th October, at St. Thomas’s, Keith. We warmly welcome everyone who can join us, from every parish in the diocese, and beyond, to this celebration, led by Fr. Colin Stewart. Visit the St John Ogilvie Shrine, and read the story of his life.

KINNOULL WEEKEND

Renewal Weekend by Fr Chris Thomas

Friday 19th to Sunday 21st October 2018

St. Mary’s, Kinnoull, Perth

Fr Chris is a well-known author and speaker. This residential weekend starts with supper on Friday at 7pm and ends with lunch on Sunday. Telephone enquiries or bookings to Margaret on 01542 882116

THE BIG ISSUE

Volunteers wanted to help distribute the Big Issue from St Mark’s church. Volunteers commit to one 2.5 hour shift per month. Details from Kathleen Innes at: kathleen.innes16@icloud.com (Tel 07799768629).

ONE DAY YOUTH MISSION

One day Youth Mission at Inverurie Catholic Church on Saturday 24th November 2018 for P7 students upwards. It starts at 11am and ends after the 16:30 vigil Mass (ending approx. 17:15pm). There is no fee and lunch will be provided. For details email youth.inveruriecatholicchurch@gmail.com

Weekly Calendar

M o n

Mother & Toddler Group

For parents with young children. All ages welcome. Main Hall from 13.30-15.30pm

Contact: Yi-pei Chou

0745 5479 479

Credo Community Meeting

Polish charismatic prayer group.

Main Hall at 7.30pm .

Contact: Damian Gloc

07939418178

T u e

Magnificat Prayer Group

7.30pm in the Lower Hall after Mass.

Contact: Stella Maria Onuoha

0744 9951 415

nnesin@yahoo.com

St. Vincent de Paul

Feeding the homeless

Contact: Evelyn Murray

murray.evelyn@sky.com

Maintenance to Mission

Discussing parish transformation

Cathedral House at 7.30pm

Contact: Fr Keith

Aberdeen Diocesan Choir

Upper Hall 7.30 - 9.00 pm, contact: Paula Silvester: enquiriesADC@hotmail.com

W e d

Light Exercise Class for all

Main Hall at 10:00am

Contact: Laura Walker 0777 3 021 851

laura@laurawalkerlimited.co.uk

Seniors Club

Speakers, fun & fellowship

Main Hall at 2.00 pm every 2 weeks

Contact: Jean 01569 765 799

Healing of Memories

Prayer for the healing of painful memories of the past to bring peace to the present.

Contact Deacon: tony.schmitz@gmail.com

Legion of Mary

Lower Hall from 6pm to 7.30pm

Contact: Nogie Osula

nogisula@yahoo.com

African Choir

For Africans and anyone else.

Upper Hall from 6.00- 8.00pm

Contact: Patricia Malikebu

07891 714 549

T h u

Cenacolo Prayer Group

Exposition & Rosary praying for healing of those with addictions

Church after Mass

Contact: Liam Sharkey

07774 931 996

Band Practice

Contemporary music for Sunday 6pm Mass

Upper Hall after Mass

Contact: john.costaschuk@gmail.com

Cathedral Choir Rehearsal for the 11:15 Sunday Mass

7.00pm in Ogilvie Centre, contact Shelagh Noden: music@cathedral-abdn.org

F r i

Altar Servers’ Practice

Church from 6.00 to 7.00pm

Contact: Simon

begbie_no1@hotmail.com

Youth Groups

Edge (P7-S2) & Lifeteen (S3-S6)

Hall 7.00pm to 9.00pm

Contact: St. Andrew’s Community

S a t

Voluntary Church Cleaning

Church after morning rosary.

K4J (Kids for Jesus)

Youth group for P2’s to P7’s. Main Hall from 12.30pm to 2.00pm

African Choir (As above)

Upper Hall from 6.00 - 8.00pm

S u n

Choir Rehearsal

Leading the music for 11:15 Sunday Mass

Upper Hall 10.00am