

Entrance Antiphon Ps 46:2

All people clap your hands, cry to God with shouts of joy.

First reading Wisdom 1:13-15,2:23-24

Death was not God’s doing,  
he takes no pleasure in the extinction of the living.  
To be – for this he created all;  
the world’s created things have health in them,  
in them no fatal poison can be found,  
and Hades holds no power on earth;  
for virtue is undying.  
Yet God did make man imperishable,  
he made him in the image of his own nature;  
it was the devil’s envy that brought death into the world, as  
those who are his partners will discover.

Responsorial Psalm Psalm 29(30):2,4-6,11-13

*I will praise you, Lord, you have rescued me.*

I will praise you, Lord, you have rescued me  
and have not let my enemies rejoice over me.  
O Lord, you have raised my soul from the dead,  
restored me to life from those who sink into the grave. **R**

Sing psalms to the Lord, you who love him,  
give thanks to his holy name.  
His anger lasts a moment; his favour all through life.  
At night there are tears, but joy comes with dawn. **R**

The Lord listened and had pity.  
The Lord came to my help.  
For me you have changed my mourning into dancing:  
O Lord my God, I will thank you for ever. **R**

Second reading 2 Corinthians 8:7,9,13-15

You always have the most of everything – of faith, of eloquence, of understanding, of keenness for any cause, and the biggest share of our affection – so we expect you to put the most into this work of mercy too. Remember how generous the Lord Jesus was: he was rich, but he became poor for your sake, to make you rich out of his poverty. This does not mean that to give relief to others you ought to make things difficult for yourselves: it is a question of balancing what happens to be your surplus now against their present need, and one day they may have something to spare that will supply your own need. That is how we strike a balance: as scripture says:

*The man who gathered much had none too much, the man who gathered little did not go short.*

Gospel Acclamation cf.Jn6:63,68

Alleluia, alleluia!  
Your words are spirit, Lord, and they are life;  
you have the message of eternal life.  
Alleluia!

Gospel Mark 5:21-43

When Jesus had crossed in the boat to the other side, a large crowd gathered round him and he stayed by the lakeside. Then one of the synagogue officials came up, Jairus by name, and seeing him, fell at his feet and pleaded with him earnestly, saying, ‘My little daughter is desperately sick. Do come and lay your hands on her to make her better and save her life.’ Jesus went with him and a large crowd followed him; they were pressing all round him.

Now there was a woman who had suffered from a haemorrhage for twelve years; after long and painful treatment under various doctors, she spent all she had without being any the better for it, in fact, she was getting worse. She had heard about Jesus, and she came up behind him through the crowd and touched his cloak. ‘If I can touch even his clothes,’ she had told herself ‘I shall be well again.’ And the source of the bleeding dried up instantly, and she felt in herself that she was cured of her complaint. Immediately aware that power had gone out from him, Jesus turned round in the crowd and said, ‘Who touched my clothes?’ His disciples said to him, ‘You see how the crowd is pressing round you and yet you say, “Who touched me?”’ But he continued to look all round to see who had done it. Then the woman came forward, frightened and trembling because she knew what had happened to her, and she fell at his feet and told him the whole truth. ‘My daughter,’ he said ‘your faith has restored you to health; go in peace and be free from your complaint.’

While he was still speaking some people arrived from the house of the synagogue official to say, ‘Your daughter is dead: why put the Master to any further trouble?’ But Jesus had overheard this remark of theirs and he said to the official, ‘Do not be afraid; only have faith.’ And he allowed no one to go with him except Peter and James and John the brother of James. So they came to the official’s house and Jesus noticed all the commotion, with people weeping and wailing unrestrainedly. He went in and said to them, ‘Why all this commotion and crying? The child is not dead, but asleep.’ But they laughed at him. So he turned them all out and, taking with him the child’s father and mother and his own companions, he went into the place where the child lay. And taking the child by the hand he said to her, ‘Talitha, kum!’ which means, ‘Little girl, I tell you to get up.’ The little girl got up at once and began to walk about, for she was twelve years old. At this they were overcome with astonishment, and he ordered them strictly not to let anyone know about it, and told them to give her something to eat.

Communion Antiphon Cf. Ps 102:1

Bless the Lord , O my soul, and all within me, his holy name.

Sunday 11.15am Mass		
Entrance Hymn	165	Be still, for the presence of the Lord
Offertory	443	Lord, accept the gifts we offer
Communion	447	Lord Jesus Christ
Marian Antiphon	597	Salve, Regina
Recessional	105	Alleluia, give thanks to the risen Lord



# St Mary's Cathedral



20 Huntly Street, Aberdeen AB10 1SH [www.stmaryscathedralaberdeen.org](http://www.stmaryscathedralaberdeen.org)

## Good News Weekly

### LIVING BY FAITH

#### Gospel Notes

There are two miracle stories in this quite long extract from Mark and they demonstrate an important theme and characteristic of this gospel. The first thing we notice is that the story of the raising of the daughter of Jairus begins the sequence, but then is cut off as we consider the woman with the haemorrhage. It is sometimes referred to as a sandwich technique and it is a characteristic of Mark, used to hold our interest as he develops an idea by means of two different stories.

It quickly becomes apparent that the overarching theme is the need for faith. In the story of the woman, her willingness to trust in Jesus is total but by contrast the people in the House of Jairus laugh at him when he suggests the child is only asleep. Jesus tells the woman who touched him that her faith made her well, and to the people announcing the news of the death of the little girl he says: “Do not be afraid, only have faith.” We have only already learned through the preaching of Jesus and his parables that the kingdom is present in his ministry and that it is both a gift and a challenge. Living by faith is the challenge but it is also the way to healing and new life for those who embrace the message with trust and confidence.

THE PHRASE,  
“DO NOT BE AFRAID”  
IS WRITTEN IN THE  
BIBLE 365 TIMES.  
THAT’S A DAILY  
REMINDER FROM GOD  
TO LIVE EVERYDAY  
FEARLESS.

#### Reflection

At first glance, there may not seem to be much connection between these readings but an incident from the life of Gerard Manley Hopkins might shed some light on the strong link that is there. Someone once wrote to the poet asking how he could come to know God. Hopkins wrote back with the simple answer: “Give alms.” The God who wills us to live eternally cannot be known in theory or theology — he can only be truly known through love. That is our calling as Christians. If we understand that we have been made rich through the poverty of Jesus then we cannot but reach out to others.



Text taken from: Sean Goan, “Let the Reader Understand”, [www.columbia.ie](http://www.columbia.ie)





Clergy & Religious		
<b>Administrator:</b>	Fr. Keith Herrera 01224 640 160 <a href="mailto:administrator@cathedral-abdn.org">administrator@cathedral-abdn.org</a>	
<b>Assistant Priest:</b>	Fr. Janusz Wilczynski SAC (Polish Chaplain) <a href="mailto:curate1@cathedral-abdn.org">curate1@cathedral-abdn.org</a>	
<b>Assistant Priest:</b>	Fr Peter Amoah <a href="mailto:curate2@cathedral-abdn.org">curate2@cathedral-abdn.org</a>	
<b>Deacon:</b>	Deacon Tony Schmitz <a href="mailto:deacon@cathedral-abdn.org">deacon@cathedral-abdn.org</a>	
<b>Holy Family</b>	Sr Mary Chidalu	
<b>Sisters of Needy:</b>	01224 970 812 or 07863 065 345 <a href="mailto:hfsn@rcd-abdn.org">hfsn@rcd-abdn.org</a>	
<b>St Andrew</b>	07754 891 808	
<b>Community:</b>	<a href="mailto:standrewscommunity@cathedral-abdn.org">standrewscommunity@cathedral-abdn.org</a>	
Staff & Administration		
<b>Office Hours:</b>	9 am to 4 pm Monday to Friday	
<b>Telephone:</b>	01224 640 160	
<b>Manager:</b>	Robin Harding <a href="mailto:manager@cathedral-abdn.org">manager@cathedral-abdn.org</a>	
<b>Secretary:</b>	Cowan Watson <a href="mailto:secretary@cathedral-abdn.org">secretary@cathedral-abdn.org</a>	
<b>Finance/Gift Aid:</b>	John Costello <a href="mailto:finance@cathedral-abdn.org">finance@cathedral-abdn.org</a>	
<b>Cathedral Safeguarding:</b>	TBC email: TBC More information: Parish website or <a href="http://www.scottishcatholicsafeguarding.org.uk">www.scottishcatholicsafeguarding.org.uk</a>	
<b>Music Director:</b>	Shelagh Noden <a href="mailto:music@cathedral-abdn.org">music@cathedral-abdn.org</a>	
<b>Shop Manager:</b>	Barbara Mearns <a href="mailto:shop@cathedral-abdn.org">shop@cathedral-abdn.org</a>	
<b>Bulletin:</b>	<a href="mailto:bulletin@cathedral-abdn.org">bulletin@cathedral-abdn.org</a> Notices to be in by Tuesday evening	
<b>Hall Bookings:</b>	<a href="mailto:halls@cathedral-abdn.org">halls@cathedral-abdn.org</a> Call between 9am & 1pm only Terms & Conditions see Parish website	
Liturgical Ministries		
<b>Head Sacristan:</b>	Jacqueline Armstrong <a href="mailto:jacquelinearmstr@hotmail.com">jacquelinearmstr@hotmail.com</a>	
<b>Readers:</b>	Irma Allan 07714718708 <a href="mailto:irmalallan@gmail.com">irmalallan@gmail.com</a>	
<b>Euch. Ministers:</b>	John MacKinnon 07926 628 941 <a href="mailto:johnmackinnon2602@hotmail.co.uk">johnmackinnon2602@hotmail.co.uk</a>	
<b>Children’s Catechesis:</b>	Ruth Paterson 01224 593069 <a href="mailto:ruthpaterson@hotmail.com">ruthpaterson@hotmail.com</a>	
<b>Stewards:</b>	Diego Mejias Morffe 07960 325 046 <a href="mailto:dmejiasmorffe@gmail.com">dmejiasmorffe@gmail.com</a>	
<b>Altar Servers:</b>	George Brand 01224 630 159 <a href="mailto:geobra@msn.com">geobra@msn.com</a>	
<b>Flowers:</b>	Pixie Mather 07763064146 <a href="mailto:pixie2704@sky.com">pixie2704@sky.com</a>	
Notices		
<b>Adoration:</b>	Monday - Saturday 6.00am-12 midnight	
<b>Confessions:</b>	Tuesdays 6.00pm Saturdays 10.30am & 6.00pm	
<b>Morning Prayer:</b>	Monday - Friday 6.30am	
<b>Rosary:</b>	Saturdays 10.30am (for Priests)	
<b>Housebound?</b>	John MacKinnon (See above) for visits	
<b>Coeliacs:</b>	Speak to clergy before Mass	
<b>Sunday Coffees:</b>	Ann Ryans 07545 615 198 <a href="mailto:annryans@aol.com">annryans@aol.com</a>	
<b>Natural Family Planning (NFP)</b>	Margaret Hammond <a href="mailto:nfp@cathedral-abdn.org">nfp@cathedral-abdn.org</a>	

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 1st	13th Sunday in Ordinary Time	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Reagan Kosi Chika (Chisom) RIP  Parish Intentions  Robert and Margaret Davidson
Mon 2nd		Mass Mass	7.00am 12:30pm	Special Intentions of Mr Dean Prayers for Education and Job
Tue 3rd	Feast of St Thomas	Mass Mass	7.00am 7:00pm	Intentions of Keith& Natasha Doris Sibille
Wed 4th		Mass Mass	7.00am 12.30pm	Intentions of Gerald Cunningham Intentions of Ifunanya & Sylvia
Thu 5th		Mass Mass	7.00am 7.00pm	Intentions of William Joseph Sharkey
Fri 6th	Ordinations	Mass Mass Mass	7.00am 12.30pm 6.00pm	Intenti of Chinaka, Ukachi, Family Thanksgiving
Sat 7th		Mass Vigil Mass	10.00am 7.00pm	Intent of Gabrielle & Cowan Watson Special Intentions of Mr Dean
Sun 8th	14th Sunday in Ordinary Time	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Intent of Obinna, Amaka & Family  Parish Intentions  Intent of Joy Mounneke & Family

Mass Intention Envelopes	
These are available at the back of the Church. Print details and post through Clergy House letter box. It may not always be possible for Mass to be celebrated on your preferred date or at the	Cathedral itself. Recommended offering for each Mass is £5.  Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese.

Cathedral	
<b>Gift Aid</b> allows our church to claim back the basic rate tax that you have already paid. So you pay <b>less tax!</b>  We can claim back 25p for every £1 donated, boosting the value of the donation by a quarter. This means if you donate £10 the government gives the Church an extra £2.50. If you donate £100 we get an extra £25 or £1,000 an extra £250 <b>at no cost to you!</b> So, if you’re a UK tax payer please complete and sign a Gift Aid Form. Completed forms can be given to the stewards or handed in to the Clergy House.	
<b>SVDP</b>  INCOME Polish Collection ..... £42.50 Box Collections..... £224.15 TOTAL.....£266.65 Spend on Food.....£130.99 Small donations of food can be left in the box under the table or handed to the donation collectors at the back of the Church. Thanks to all our benefactors for their welcome donations.	
<b>CATHEDRAL SAFEGUARDING Volunteer Wanted</b> A Safeguarding Co-ordinator is required to assist Fr. Keith with safeguarding in the Cathedral Parish. Contact: administrator@cathedral-abdn.org	
<b>LEGIONARIES FOR MARY</b> A message from Marianne Burns: “Please pray for all Legionaries for Mary who give a week of their summer holiday offering to share their Catholic faith in Britain and beyond. Hearts can only be touched with YOUR prayer”.	
<b>ANNE MATHERS</b> The funeral of Anne Mathers took place last Thursday. Anne worked as a volunteer in the Cathedral office for 10 years and prior to that as Housekeeper. She will be greatly missed.	

Cathedral	
 <b>Cathedral Bookshop</b>	<b>ADORATION - TIMES</b> If you are able to commit weekly to an hour of Eucharistic Adoration, the following hours all need a faithful adorers:  <u>Monday:</u> 11.00am/1.00pm.  <u>Tuesday:</u> 8.00am/10.00am/3.00pm/4.00pm/11.00pm  <u>Wednesday:</u> 9.00am/3.00pm  <u>Thursday:</u> 8.00am/9.00am/12.00pm/1.00pm/5.00pm  <u>Friday:</u> 11.00am/1.00pm/2.00pm/3.00pm/5.00pm  <u>Saturday:</u> 2.00pm/8.00pm/9.00pm  To register email: <a href="mailto:adoration@catherdral-abdn.org">adoration@catherdral-abdn.org</a>  Note: If you have a changing work schedule sign-up online each week on: <a href="https://stmarysadoration.youcanbook.me">https://stmarysadoration.youcanbook.me</a>
<b>VOLUNTEERS REQUIRED</b> A selection of days and times available.. To apply please pick up an application form from the shop or from Barbara Mearns, Shop Manager.	
<b>1st SATURDAY VIGIL</b> An all night vigil will be held from 8.00pm Saturday 30th June until 8.00am Sunday 1st July.	
<b>SOLEMNITY OF OUR LADY OF ABERDEEN</b> Monday 9th July is the Solemnity of our Lady of Aberdeen. There will be an additional Solemn Mass at 7pm preceded by Solemn Evening Prayer at 6.30pm.	

<b>ORDINATIONS ON 6th JULY</b> The Diocese of Aberdeen will celebrate a triple ordination on Friday 6th July at 6.00pm. This is a time of great joy and excitement for the whole diocese. Douglas Duncan will be ordained to the Permanent Diaconate. Deacons Emmet O’Dowd and Rafal Szweda will be ordained to the Priesthood. All parishioners are warmly welcomed to attend.	
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Deanery & Diocese	
<b>CATHOLIC RELIGIOUS EDUCATION</b> From August Aberdeen City Council will be continuing its programme of Catholic Religious Education for pupils of its secondary schools. <b>Classes will begin the week of:</b> <b>Monday August 27th at Harlaw Academy.</b> <b>Register at:</b> <a href="http://www.abernet.org/rcrc">http://www.abernet.org/rcrc</a> or call Mr Charlie Love on 01224 522287.	<b>PILGRIMAGE IN HONOUR OF OUR LADY AND ST ANDREW</b> Commemorating the 700 <sup>th</sup> Anniversary of the Consecration of St Andrews Cathedral <b>Thursday 5<sup>th</sup> July 2018</b>  <b>9.30 am</b> Veneration of the statue of Our Lady of Aberdeen & relic of St Andrew at St James Church  <b>10.15 am</b> Assemble at St James Church, The Scores, St Andrews, KY16 9AR  <b>10.45 am</b> Rosary Procession leaving from St James Church to St Andrews Cathedral  <b>11.30 am</b> Open-Air Mass in Cathedral grounds. Main Celebrant & Homilist Bishop Stephen Robson  Hosted by New Dawn in Scotland <a href="http://www.newdawninscotland.com">www.newdawninscotland.com</a> Fr Gabor is running a bus to this event. Details later
<b>ANNUAL SCALAN MASS</b> <b>Sunday 1st July at 4.00pm</b> Homilist: the Rt. Rev. William Nolan, Bishop of Galloway. Scalan post code: AB37 9JS (signposted on B9008). Scalan is signposted on the B9008 (Tomintoul - Dufftown) at Auchnarrow. AB337 9JS is the most local postcode. Cars and minibuses can park close to Scalan. Coach parties have a mile to walk but car drivers will happily give lifts to walking pilgrims. The Scalan website is at <a href="http://www.scalan.net">www.scalan.net</a> Scalan is on Facebook at <a href="https://www.facebook.com/1716Scalan1799">www.facebook.com/1716Scalan1799</a>	<b>FR PETER MACDONALD</b> We were greatly saddened to learn of the death of Fr Peter Macdonald, Parish Priest of Our Lady and St John the Baptist, Ellon. Funeral arrangements to be announced shortly.
<b>YOUTH LOURDES PILGRIMAGE</b> <b>6-11th October 2018</b> This is for young Catholics aged 15-25 who wish to take their faith to the next level. Organised by the Dominican Sisters of St Cecilia. Cost £300. Details from the Sisters: Contact: <a href="mailto:op@rcda.scot">op@rcda.scot</a>	<b>A CHANCE FOR YOUNG CATHOLIC MEN TO EXPERIENCE MONASTIC LIFE AT PLUSCARDEN ABBEY</b>  The Benedictine monks of Pluscarden Abbey offer a special opportunity to see what monastic life is about, during the weekend Friday 3rd to Monday 6th August 2018. The invitation is for single young men, Catholics who practise their faith, aged 18-35. There will be no charge for the weekend. Anyone interested contact Fr Benedict Hardy OSB: <a href="mailto:novicemaster@pluscardenabbey.org">novicemaster@pluscardenabbey.org</a> Pluscarden Abbey, Elgin, IV30 8UA. 01343 890257 <a href="http://www.pluscardenabbey.org">www.pluscardenabbey.org</a>
<b>HEALING SERVICE</b> The next Healing Service will be held at St. Columbas, Bridge of Don on Thursday 12thJuly after the 7.00pm Mass. Rosary, Praise and prayer.	
<b>NOW AVAILABLE</b> <b>A Scattering of Seeds,</b> A little collection of short sermons by Canon Bill Anderson, has now been published, costing £7. Available from the Cathedral Shop or Office.	

Weekly Calendar	
<b>Mon</b>	<b>Mother &amp; Toddler Group</b> For parents with young children. All ages welcome. Main Hall from 13.30-15.30pm Contact: Yi-pei Chou 0745 5479 479  <b>Credo Community Meeting</b> Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Damian Gloc 07939418178
<b>Tue</b>	<b>Magnificat Prayer Group</b> 7.30pm in the Lower Hall after Mass. Contact: Stella Maria Onuoha 0744 9951 415 <a href="mailto:nnesin@yahoo.com">nnesin@yahoo.com</a>  <b>St. Vincent de Paul</b> Feeding the homeless Contact: Evelyn Murray <a href="mailto:murray.evelyn@sky.com">murray.evelyn@sky.com</a>  <b>Maintenance to Mission</b> Discussing parish transformation Cathedral House at 7.30pm Contact: Fr Keith
<b>Wed</b>	<b>Light Exercise Class for all</b> Main Hall at 10:00am Contact: Laura Walker 0777 3 021 851 <a href="mailto:laura@laurawalkerlimited.co.uk">laura@laurawalkerlimited.co.uk</a>  <b>Seniors Club</b> Speakers, fun & fellowship Main Hall at 2.00 pm every 2 weeks Contact: Jean 01569 765 799  <b>Healing of Memories</b> Prayer for the healing of painful memories of the past to bring peace to the present. Contact Deacon: <a href="mailto:tony.schmitz@gmail.com">tony.schmitz@gmail.com</a>  <b>Legion of Mary</b> Lower Hall from 6pm to 7.30pm Contact: Nogie Osula <a href="mailto:nogisula@yahoo.com">nogisula@yahoo.com</a>  <b>African Choir</b> For Africans and anyone else. Upper Hall from 6.00- 8.00pm Contact: Patricia Malikebu 07891 714 549
<b>Thu</b>	<b>Cenacolo Prayer Group</b> Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996  <b>Band Practice</b> Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: <a href="mailto:john.costaschuk@gmail.com">john.costaschuk@gmail.com</a>  <b>Cathedral Choir Rehearsal for the 11:15 Sunday Mass</b> 7.00pm in Ogilve Centre, contact Shelagh Noden: <a href="mailto:music@cathedral-abdn.org">music@cathedral-abdn.org</a>
<b>Fri</b>	<b>Altar Servers’ Practice</b> Church from 6.00 to 7.00pm Contact: Simon <a href="mailto:begbie_no1@hotmail.com">begbie_no1@hotmail.com</a>  <b>Youth Groups</b> Edge (P7-S2) & Lifeteen (S3-S6) Hall 7.00pm to 9.00pm Contact: St. Andrew’s Community
<b>Sat</b>	<b>Church Cleaning</b> Church at 10.30am  <b>K4J</b> (Kids for Jesus) Youth group for P2’s to P7’s. Main Hall from 12.30pm to 2.00pm  <b>African Choir</b> (As above) Upper Hall from 6.00 - 8.00pm
<b>Sun</b>	<b>Choir Rehearsal</b> Leading the music for 11:15 Sunday Mass Upper Hall 10.00am