Cf. Ps 26:1-2

The Lord is my light and my salvation: whom shall I fear?
The Lord is the stronghold of my life; whom should I dread?
When those who do evil draw near, they stumble and fall.

First Reading Genesis 3:9-15

The Lord God called to the man after he had eaten of the tree. 'Where are you?' he asked. 'I heard the sound of you in the garden;' he replied 'I was afraid because I was naked, so I hid.' 'Who told you that you were naked?' he asked 'Have you been eating of the tree I forbade you to eat?' The man replied, 'It was the woman you put with me; she gave me the fruit, and I ate it.' Then the Lord God asked the woman, 'What is this you have done?' The woman replied, 'The serpent tempted me and I ate.'

Then the Lord God said to the serpent, 'Because you have done this,

'Be accursed beyond all cattle, all wild beasts. You shall crawl on your belly and eat dust every day of your life.

I will make you enemies of each other: you and the woman, your offspring and her offspring.

It will crush your head and you will strike its heel.'

Responsorial Psalm

Ps 129. R. v.7

With the Lord there is mercy and fullness of redemption.

Out of the depths I cry to you, O Lord, Lord, hear my voice!
O let your ears be attentive to the voice of my pleading. *R*

If you, O Lord, should mark our guilt, Lord, who would survive? But with you is found forgiveness: for this we revere you. **R**

My soul is waiting for the Lord. I count on his word.
My soul is longing for the Lord more than watchman for daybreak.
(Let the watchman count on daybreak and Israel on the Lord.) *R*

Because with the Lord there is mercy and fullness of redemption, Israel indeed he will redeem from all its iniquity. **R**

Second Reading

As we have the same spirit of faith that is mentioned in scripture – *I believed, and therefore I spoke* – we too believe and therefore we too speak, knowing that he who raised the Lord Jesus to life will raise us with Jesus in our turn, and put us by his side and you with us. You see, all this is for your benefit, so that the more grace is multiplied among people, the more thanksgiving there will be, to the glory of God.

That is why there is no weakening on our part, and instead, though this outer man of ours may be falling into decay, the inner man is renewed day by day. Yes, the troubles which are

inner man is renewed day by day. Yes, the troubles which are soon over, though they weigh little, train us for the carrying of a weight of eternal glory which is out of all proportion to them. And so we have no eyes for things that are visible, but only for things that are invisible; for visible things last only for a time, and the invisible things are eternal.

For we know that when the tent that we live in on earth is folded up, there is a house built by God for us, an everlasting home not made by human hands, in the heavens.

Gospel Acclamation

Jn 14: 23

Mark 3: 20-35

Alleluia, alleluia!
If anyone loves me he will keep my word,
and my Father will love him, and we shall come to him. Alleluia!

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Jesus went home with his disciples, and such a crowd collected that they could not even have a meal. When his relatives heard of this, they set out to take charge of him, convinced he was out of his mind.

The scribes who had come down from Jerusalem were saying, 'Beelzebul is in him' and, 'It is through the prince of devils that he casts devils out.' So he called them to him and spoke to them in parables, 'How can Satan cast out Satan? If a kingdom is divided against itself, that kingdom cannot last. And if a household is divided against itself, that household can never stand. Now if Satan has rebelled against himself and is divided, he cannot stand either – it is the end of him. But no one can make his way into a strong man's house and burgle his property unless he has tied up the strong man first. Only then can he burgle his house.

'I tell you solemnly, all men's sins will be forgiven, and all their blasphemies; but let anyone blaspheme against the Holy Spirit and he will never have forgiveness: he is guilty of an eternal sin.' This was because they were saying, 'An unclean spirit is in him.'

His mother and brothers now arrived and, standing outside, sent in a message asking for him. A crowd was sitting round him at the time the message was passed to him, 'Your mother and brothers and sisters are outside asking for you.' He replied, 'Who are my mother and my brothers?' And looking round at those sitting in a circle about him, he said, 'Here are my mother and my brothers. Anyone who does the will of God, that person is my brother and sister and mother.'

Communion Antiphon

Ps 17:3

The Lord is my rock my fortress, and my deliverer; My God is my saving strength.

Sunday 11.15am Mass		
Entrance Hymn	333	Holy God, we praise thy name
Sprinkling	Response	Water of life, cleanse and refresh us, Raise us to life in Christ Jesus.
Offertory	234	Dear Lord and Father of mankind
Communion	Instrumental	Panis Angelicus
	630	Spirit of the living God
Marian Antiphon	597	Salve, Regina
Recessional	644	Tell out, my soul

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10th June 2018 • 10th Sunday in Ordinary Time • Year B



St Mary's Cathedral



20 Huntly Street, Aberdeen AB10 1SH www.stmaryscathedralaberdeen.org

Good News Weekly



To: The parishioners, communities and clergy of St. Mary's Cathedral in Aberdeen

From: Marzena and François Provost—Olewczynska and family

We lived in Scotland twice, from January 1998 to July 2002, and from March 2013 to December 2017.

We now realise that our first stay in Aberdeen (St. Francis of Assisi Parish) provided solid foundations for our sacramental life through the Confirmation of François (who was struck by the Holy Spirit during the Alpha course retreat), the First Holy Communion of Jean-Xavier, our elder son, and the Baptism of our younger son, Theophile.

Our second departure from Scotland was rather different, a bit tougher. Leaving St. Mary's Cathedral Parish, the parishioners, communities and clergy through whom God had blessed us with countless graces, and where our faith was strongly supported and nurtured, was not easy

We were very blessed to have preachers like Bishop Hugh and Father Keith: Bishop Hugh unlocking the mysteries of the Bible and reminding us that being a believer is both an honour and a grace and Father Keith helped us apply our faith in our daily lives with practical inspirations straight from the Holy Spirit. He was also a great confessor.

We both practiced Eucharistic Adoration and, especially for François, it was a real discovery to be able to speak quietly to God. He was quite reluctant to make the commitment since previously, 10 minutes of adoration was already too much for him... He also thought adoration was for super religious people, not an ordinary 'Sunday Catholic' like him. Due to a misunderstanding (he thought it was a commitment for one month) he decided to give it a try and spent first one hour fortnightly and then every week with the Lord.

We are both amazed by the Community of St. Andrew, especially their strong trust in God's Providence.

François was helping them for their trip through France to Poland in 2016 and it was a kind of cultural shock between François, an overstressed planning specialist, and a holy community relying very much on God.

We just love the Holy Family Sisters of the Needy. They have a special link with our disabled son, and François finally promised them not to call him 'the little monster' but 'the little Angel' or rather 'Sister Mary-Joseph's little Angel'

François got involved with the St. Vincent de Paul Society. It took him a while to understand why we should see Jesus in the poor. While serving and caring for them he got to understand this command better and built close relationships with some poor people and the members of the Society, who are so dedicated and faithful to their mission.

Our family also benefited immensely from the prayer ministry of our dedicated sisters and brothers in Christ. We strongly recommend this ministry to everybody in difficulty. Through their ministry Christ is showing that his yoke is light because he truly joins us and carries our crosses with us. In tough times this ministry helped us survive, sometimes literally.

We have met an impressive community of people with whom we have become friends and shared the love of Jesus and the Church.

We rejoice when we think that one day we will meet again in Our Father's home, never to part again. Till then may the Risen and Merciful Lord guard and bless you all.







Clergy & Religious

Administrator: Fr. Keith Herrera

01224 640 160

administrator@cathedral-abdn.org Assistant Priest: Fr. Janusz Wilczynski SAC (Polish Chaplain) curate1@cathedral-abdn.org

Assistant Priest: Fr Peter Amoah

curate2@cathedral-abdn.org

Deacon Tony Schmitz Deacon: deacon@cathedral-abdn.org

Holy Family Sr Mary Chidalu

Sisters of Needy: 01224 970 812 or 07863 065 345

hfsn@rcd-abdn.org

07754 891 808 St Andrew Community: standrewscommunity@cathedral-abdn.org

Staff & Administration

Office Hours: 9 am to 4 pm Monday to Friday

01224 640 160 Telephone: **Robin Harding** Manager:

manager@cathedral-abdn.org

Cowan Watson Secretary:

secretary@cathedral-abdn.org

Finance/Gift Aid: John Costello

finance@cathedral-abdn.org TBC

Cathedral Safeguarding: email: TBC

More information: Parish website or

www.scottishcatholicsafeguarding.org.uk

Music Director: Shelagh Noden music@cathedral-abdn.org

Shop Manager: Barbara Mearns

shop@cathedral-abdn.org

Bulletin: bulletin@cathedral-abdn.org

Notices to be in by Tuesday evening

Hall Bookings: halls@cathedral-abdn.org

Call between 9am & 1pm only

Terms & Conditions see Parish website

Liturgical Ministries

Head Sacristan: Jacqueline Armstrong

jacquelinearmstr@hotmail.com

Irma Allan 07714718708 Readers:

irmalallan@gmail.com

Euch. Ministers: John MacKinnon 07926 628 941 johnmackinnon2602@hotmail.co.uk

Children's Ruth Paterson 01224 593069 ruthpaterson@hotmail.com Catechesis:

Diego Mejias Morffe 07960 325 046 Stewards:

dmejiasmorffe@gmail.com

Altar Servers: George Brand 01224 630 159

geobra@msn.com

Flowers: Pixie Mather 07763064146

pixie2704@sky.com

Notices

Adoration: Monday - Saturday 6.00am-12 midnight

Confessions: Tuesdays 6.00pm 10.30am & 6.00pm Saturdays

Morning Prayer: Monday - Friday 6.30am

10.30am (for Priests) Saturdays Rosary:

John MacKinnon (See above) for visits Housebound? Speak to clergy before Mass Coeliacs:

Sunday Coffees: Ann Ryans 07545 615 198 annryans@aol.com Natural Family Margaret Hammond

volunteers@cathedral-abdn.org Planning (NFP) nfp@cathedral-abdn.org

Mass Times Details Mass Intentions Date Mass 8.00am Polish Mass 9.30am 10th Sunday in Solemn Mass 11.15am Parish Intentions Sun 10th Ordinary Time Polish Mass 3.00pm Mass 6.00pm Renzo and Alfredina Mass 7.00am Mon 11th Mass 12:30pm Joseph. I. Walsh RIP Mass 7.00am Tue 12th Mass 7:00pm Aldo Palapac RIP Mass 7.00am Wed 13th Mass 12.30pm Private Intention Mass 7.00am Thu 14th Mass 7.00pm For vocations (Catenians) Mass 7.00am Fri 15th Mass 12.30pm Louise Hodoul RIP Mass 10.00am Sat 16th Vigil Mass 7.00pm Benefactors of The Suppl Aid Society Mass 8.00am Polish Mass 9.30am 11th Sunday in Solemn Mass 11.15am Parish Intentions **Ordinary Time** Polish Mass 3.00pm Barbara /Rafal - 10th Wedding Anni 6.00pm

Mass Intention Envelopes

Print details and post through Clergy House each Mass is £5.

celebrated on your preferred date or at the

These are available at the back of the Church. Cathedral itself. Recommended offering for

Sunday 11:15 Mass is normally reserved for It may not always be possible for Mass to be the Administrator's or Bishop's Intentions for the Parish or Diocese

OFFERTORY: £2.252.71

Cathedral

GIFT AID

Gift Aid allows our church to claim back the basic rate tax that you have already paid. So you pay less tax!



We can claim back 25p for every £1 donated, boosting the value of the donation by a

This means if you donate £10 the government gives the Church an extra £2.50. If you donate £100 we get an extra £25 or £1.000 an extra £250 at no cost to you!

So, if you're a UK tax payer please complete and sign a Gift Aid Form.

Completed forms can be given to the stewards or handed in to the Clergy House.



WEEKEND

BAKE SALE THIS

Help us raise funds for Youth Pilgrimage to France in August.

NOW AVAILABLE A Scattering of Seeds,

A little collection of short sermons by Canon Bill Anderson, has now been published, costing $\pounds 7$. Available from the Cathedral Shop or Office.

PARISH RECIPE BOOK

Parishioner James Cleves is planning to create a St Mary's Parish Recipe Book!

If you have a favourite recipe you would like to share please email it to James at:

SVDP

INCOME Polish Collection£33.40 Box Collections..... £122.64 Donation Stonehaven...£200.00 TOTAL.. ..£356.04

Spend on Food.....£238.75

Thanks to all our benefactors for their generous help. It is greatly appreciated.

CATHEDRAL SAFEGUARDING Volunteer Wanted

A Safeguarding Co-ordinator is required to assist Fr. Keith with safeguarding in the Cathedral Parish Contact: administrator@cathedral-abdn.org

CATHEDRAL SENIORS CLUB

Wednesday 13th June at 2 pm Discussion about the Lunch Menus

CATHEDRAL CHOIR

There are no Thursday evening practices at the moment as the choir is on holiday. Practices will resume after the summer.

CATHEDRAL MUSIC

We are now back to Ordinary time and starting to introduce some new music for the Mass. We will be using the Mass of the Resurrection, composed by Randall DeBruyn. [Please note there is no space between De and Bruyn] You can listen to it on Youtube.

We will introduce it gradually over the next

Cathedral

ABERDEEN AFRICAN CATHOLIC (AACL) FAMILY FUN DAY

(to raise funds for charity). 30th June, 1pm-6pm

St Mary's Cathedral, Huntly Street, Aberdeen Details: Jane Akadiri: 07715043399



VOLUNTEERS REQUIRED

A selection of days and times available. To apply please pick up an application form from the shop or from Barbara Mearns, Shop Manager.

KNIGHTS OF SAINT COLUMBA

PILGRIMAGE BUS

Cathedral

Bookshop

Deanery & Diocese





DIOCESE OF ABERDEEN PILGRIMAGE PLUSCARDEN ABBEY 24 JUNE 2018

Marking the Centenary of the 1918 Education Act (Scotland) 1.00pm - 2.30pm Exposition of the Blessed Sacrament

(Lady Chapel) 1.00pm - 2.30pm Confessions (St. Benedict's Retreat)

Pilgrimage Mass & Procession (In honour of St. Iohn the Baptist) Refreshments available in the Marquee from 12 noon

To **PLUSCARDEN ABBEY**



SUNDAY 24TH JUNE 2018

Pick-up Points:

St Joseph's Church 12:00 St Peter's Church 12:15 St Francis of Assisi Church 12:30 St Mary's Cathedral 12:45

Prices: Adults £15 Family £40

Children (Under 12)/ OAPs: £12

Contact: Martin Gardner. Tel: 01569 760438 18 Gurney Street, Stonehaven.

UPLIFTING WALKS

A Walking Pilgrimage is being organised by 'Uplifting Walks' on Sunday 24th June. Walkers will set out from Greyfriars Convent, Elgin at 9:30am. Two options are available:

1) A 9-mile route runs through forestry and rolling countryside. 2) A 3-mile route starting from the car park of Torrieston Walks.

Transport back to Elgin can be arranged at a small cost. For more details and to register (registration is mandatory) visit www.rcda.scot or email sabrina@rediscovered.me



SCOTTISH CATHOLIC EDUCATION COMMUNITY NATIONAL SCHOOLS' MASS

To mark the centenary of the 1981 Education (Scotland Act), a Mass will be held at Falkirk Football Stadium on Thursday 14th June at 1.00pm

Contact: mail@sces.uk.com or phone 0141 556 4727

YOUTH LOURDES PILGRIMAGE 6-11th October 2018

This is for young Catholics aged 15-25 who wish to take their faith to the next level. Organised by the Dominican Sisters of St Cecilia.

Cost £300. Details from the Sisters: Contact: op@rcda.scot

EXHIBITION AT BLAIRS MUSEUM The Grand Tour: The Eternal City. April-September, 2018

Blairs Museum is hosting a collection of 18th century Piranesi's prints from the Vedute di Roma on loan from the Diocese of Aberdeen.

Opening times: Sat 10am-4.30pm, Sun noon-4.30pm

SPUC ABERDEEN

Aberdeen SPUC meeting on Monday 11th June at 2pm in the Lower Hall. Please join us and help to save lives and end abortion

A CHANCE FOR YOUNG CATHOLIC MEN TO EXPERIENCE MONASTIC LIFE AT PLUSCARDEN ABBEY

The Benedictine monks of Pluscarden Abbey offer a special opportunity to see what monastic life is about, during the weekend Friday 3rd to Monday 6th August 2018. The invitation is for single young men, Catholics who practise their faith, aged 18-35. There will be no charge for the weekend. Anyone interested contact Fr Benedict Hardy OSB:

novicemaster@pluscardenabbey.org Pluscarden Abbey, Elgin, IV30 8UA. 01343 890257 www.pluscardenabbey.org

BISHOP'S GOLDEN JUBILEE GOLF TROPHY

Friday 29th June 2018 - from 12noon Kintore Golf Club AB51

Parish Teams of 3 golfers required. Teams can be all male or female or mixed \$40 to include one round of golf and High Tea. A deposit of £10 per head (£30 per team) is required before 30th May 2018. Sponsors for prizes needed.

To register, send details of your team to:

JOYCE WEBSTER, Tel: 01224 319154, email: joye@rcd-abdn.org

Weekly Calendar

Mon | Mother & Toddler Group

For parents with young children. All ages welcome. Main Hall from 13.30-15.30pm Contact: Yi-pei Chou 0745 5479 479

Credo Community Meeting

Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Damian Gloc 07939418178

Tue | Magnificat Prayer Group

7.30pm in the Lower Hall after Mass. Contact: Stella Maria Onuoha 0744 9951 415 nnesin@yahoo.com

St. Vincent de Paul Feeding the homeless

Contact: Evelyn Murray murray.evelyn@sky.com

Maintenance to Mission

Discussing parish transformation Cathedral House at 7.30pm Contact: Fr Keith

Light Exercise Class for all

Main Hall at 10:00am Contact: Laura Walker 0777 3 021 851 laura@laurawalkerlimited.co.uk

Seniors Club

Speakers, fun & fellowship Main Hall at 2.00 pm every 2 weeks Contact: Jean 01569 765 799

Healing of Memories Prayer for the healing of painful memories

of the past to bring peace to the present. Contact Deacon: tony.schmitz@gmail.com Legion of Mary

Lower Hall from 6pm to 7.30pm

Contact: Nogie Osula

nogisula@vahoo.com

African Choir For Africans and anyone else. Upper Hall from 6.00-8.00pm

Contact: Patricia Malikebu

07891 714 549

Thu | Cenacolo Prayer Group Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996

Band Practice

Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: john.costaschuk@gmail.com Cathedral Choir Rehearsal for the 11:15

Sunday Mass 7.00pm in Ogilve Centre, contact Shelagh

Church from 6.00 to 7.00pm

Noden: music@cathedral-abdn.org Fri Altar Servers' Practice

Contact: Simon begbie_no1@hotmail.com

Youth Groups Edge (P7-S2) & Lifeteen (S3-S6) Hall 7.00pm to 9.00pm Contact: St. Andrew's Community

Sat | Church Cleaning Church at 10.30am

K4J (Kids for Jesus) Youth group for P2's to P7's. Main Hall from 12.30pm to 2.00pm

Upper Hall from 6.00 - 8.00pm **Choir Rehearsal**

African Choir (As above)

Leading the music for 11:15 Sunday Mass Upper Hall 10.00am