

Readings at Mass - Fifth Sunday of Lent - Year B

Entrance Antiphon

Cf. Ps 42: 1-2

Gospel

John 12: 20-33

Give me justice, O God,  
and plea my cause against a nation that is faithless.  
From the deceitful and cunning rescue me,  
for you, O God, are my strength.

First Reading

Jeremiah 31: 31-34

See, the days are coming – it is the Lord who speaks – when I will make a new covenant with the House of Israel (and the House of Judah), but not a covenant like the one I made with their ancestors on the day I took them by the hand to bring them out of the land of Egypt. They broke that covenant of mine, so I had to show them who was master. It is the Lord who speaks. No, this is the covenant I will make with the House of Israel when those days arrive – it is the Lord who speaks. Deep within them I will plant my Law, writing it on their hearts. Then I will be their God and they shall be my people. There will be no further need for neighbour to try to teach neighbour, or brother to say to brother, ‘Learn to know the Lord!’ No, they will all know me, the least no less than the greatest – it is the Lord who speaks – since I will forgive their iniquity and never call their sin to mind.

Responsorial Psalm

Ps 50(51): 3-4, 12-15. R. v 12

A pure heart create for me, O God.

Have mercy on me, God, in your kindness.  
In your compassion blot out my offence.  
O wash me more and more from my guilt  
and cleanse me from my sin. **R**

A pure heart create for me, O God.  
A pure heart create for me, O God,  
put a steadfast spirit within me.  
Do not cast me away from your presence,  
nor deprive me of your holy spirit. **R**

Give me again the joy of your help;  
with a spirit of fervour sustain me,  
that I may teach transgressors your ways  
and sinners may return to you. **R**

Second reading

Hebrews 5:7-9

During his life on earth, Christ offered up prayer and entreaty, aloud and in silent tears, to the one who had the power to save him out of death, and he submitted so humbly that his prayer was heard. Although he was Son, he learnt to obey through suffering; but having been made perfect, he became for all who obey him the source of eternal salvation.

Gospel Acclamation

Jn 12:26

Glory to you, O Christ, you are the Word of God!  
Whoever serves me must follow me, says the Lord;  
and where I am, there also will my servant be.  
Glory to you, O Christ, you are the Word of God!

Among those who went up to worship at the festival were some Greeks. These approached Philip, who came from Bethsaida in Galilee, and put this request to him, ‘Sir, we should like to see Jesus.’ Philip went to tell Andrew, and Andrew and Philip together went to tell Jesus. Jesus replied to them: ‘Now the hour has come for the Son of Man to be glorified. I tell you, most solemnly, unless a wheat grain falls on the ground and dies, it remains only a single grain; but if it dies, it yields a rich harvest. Anyone who loves his life loses it; anyone who hates his life in this world will keep it for the eternal life. If a man serves me, he must follow me, wherever I am, my servant will be there too. If anyone serves me, my Father will honour him. Now my soul is troubled. What shall I say: Father, save me from this hour? But it was for this very reason that I have come to this hour. Father, glorify your name!’ A voice came from heaven, ‘I have glorified it, and I will glorify it again.’ People standing by, who heard this, said it was a clap of thunder; others said, ‘It was an angel speaking to him.’ Jesus answered, ‘It was not for my sake that this voice came, but for yours. ‘Now sentence is being passed on this world; now the prince of this world is to be overthrown. And when I am lifted up from the earth, I shall draw all men to myself.’ By these words he indicated the kind of death he would die.

Communion Antiphon

Jn 12:24

Amen, Amen I say to you:  
Unless a grain of wheat falls to the ground and dies,  
It remains a single grain.  
But if it dies, it bears much fruit.

Prayer after Communion

We pray, almighty God,  
That we may always be counted  
Among the members of Christ,  
In whose Body and Blood we have communion.  
Who lives and reigns for ever and ever.

Sunday 11.15am Mass		
Entrance Hymn	517	O God, your people gather
Offertory	656	The King of love my shepherd is
Communion	Choir	Anima Christi
Marian antiphon	150	Ave Regina Caelorum
Recessional	582	Praise to the Holiest

Sunday Bulletin

18th March 2018 • Fifth Sunday of Lent • Year B



St. Mary's Cathedral

20 Huntly Street. Aberdeen AB10 1SH

www.stmaryscathedralaberdeen.org



Good News From  
St Mary's Cathedral

Good NewsWeekly

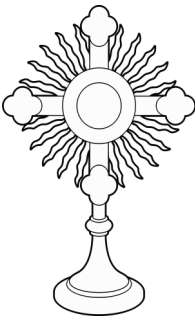
IT IS REALLY HIM!

It was a wet and windy Sunday morning and I was standing inside the Church door, out of the rain, waiting for a lift to do some study in the University as exams were on the horizon. Mass was not something that interested me much, since my Confirmation. Mass was going on as I stood in from the rain.

During the Mass a man was invited by the priest to speak to the congregation. He kept talking about Adoration. At one point during the talk he pointed at the Tabernacle and said very slowly, “He is there. Jesus is there”, quoting some saint. I couldn’t believe what I was hearing. My lift never arrived and I waited until Mass was over to challenge the speaker. I felt he was just saying “He is there” for effect and to get people to listen.

I went straight up to the speaker and blurted out, “Did you do that for effect, to get people to listen when you said, ‘He is there.’” The reply with a smile was calm and definite.

“I meant everything I said and Jesus is there. Come around to the Adoration Chapel and I will show you Jesus, true God and true man, in the Monstrance, the same Jesus who walked the Holy Land just over 2000 years ago, the same Jesus that performed all



the amazing miracles there.”

I was gobsmacked and got a bit emotional at this point. I asked him if he would be speaking at the evening Mass and saying the same thing, as my parents usually go to that Mass. He said, “Why do you ask me that?”

“Well,” I replied, “I feel that my parents don’t know that Jesus is there in the Tabernacle or in the Monstrance, and that it is really Him. “

“Why do you say that?” he asked.

“Because my parents never told my brother or myself. If they knew, I feel they would have told us. “

I found myself going back to that evening Mass with my parents and from then on Mass has become a must for me. I really enjoy telling others about my journey back to my faith again. I now understand why people love to go to Adoration. I now drop in to the Adoration Chapel any time I’m passing near to the church.





St Mary’s Cathedral - Aberdeen AB10 1SH

Clergy & Religious

**Administrator:** Fr. Keith Herrera  
01224 640 160  
[administrator@cathedral-abdn.org](mailto:administrator@cathedral-abdn.org)

**Assistant Priest:** Fr. Janusz Wilczynski SAC  
(Polish Chaplain) [curate1@cathedral-abdn.org](mailto:curate1@cathedral-abdn.org)

**Assistant Priest:** Fr Peter Amoah  
[abrampamensah@yahoo.com](mailto:abrampamensah@yahoo.com)

**Deacon:** Deacon Tony Schmitz  
[deacon@cathedral-abdn.org](mailto:deacon@cathedral-abdn.org)  
Sr Mary Joseph

**Holy Family Sisters of Needy:** 01224 970 812 or 07863 065 345  
[holyfamiliesrs@yahoo.co.uk](mailto:holyfamiliesrs@yahoo.co.uk)  
[hfsn@rod-abdn.org](mailto:hfsn@rod-abdn.org)  
07754 891 808

**St Andrew Community:** [standrewscommunity@cathedral-abdn.org](mailto:standrewscommunity@cathedral-abdn.org)  
Community Safeguarding: Charlene  
[youth@StAndrewX.org](mailto:youth@StAndrewX.org)

Staff & Administration

**Telephone:** 01224 640 160

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[manager@cathedral-abdn.org](mailto:manager@cathedral-abdn.org)

**Secretary:** Cowan Watson  
[secretary@cathedral-abdn.org](mailto:secretary@cathedral-abdn.org)

**Finance/Gift Aid:** John Costello  
[finance@cathedral-abdn.org](mailto:finance@cathedral-abdn.org)

**Cathedral Safeguarding:** TBC  
email: TBC  
More information: Parish website or [www.scottishcatholicsafeguarding.org.uk](http://www.scottishcatholicsafeguarding.org.uk)

**Music Director:** Shelagh Noden  
[music@cathedral-abdn.org](mailto:music@cathedral-abdn.org)

**Shop Manager:** Barbara Mearns  
[shop@cathedral-abdn.org](mailto:shop@cathedral-abdn.org)

**Bulletin:** [bulletin@cathedral-abdn.org](mailto:bulletin@cathedral-abdn.org)  
Notices to be in by Tuesday evening

**Hall Bookings:** [halls@cathedral-abdn.org](mailto:halls@cathedral-abdn.org)  
Call between 9am & 1pm only  
Terms & Conditions see Parish website

Liturgical Ministries

**Head Sacristan:** Jacqueline Armstrong  
[jacquelinearmstr@hotmail.com](mailto:jacquelinearmstr@hotmail.com)

**Readers:** Irma Allan 07714718708  
[irmalallan@gmail.com](mailto:irmalallan@gmail.com)

**Euch. Ministers:** John MacKinnon 07926 628 941  
[johnmackinnon2602@hotmail.co.uk](mailto:johnmackinnon2602@hotmail.co.uk)

**Children’s Catechesis:** Ruth Paterson 01224 593069  
[ruthpaterson@hotmail.com](mailto:ruthpaterson@hotmail.com)

**Stewards:** Diego Mejias Morffe 07960 325 046  
[dmejiasmorffe@gmail.com](mailto:dmejiasmorffe@gmail.com)

**Altar Servers:** George Brand 01224 630 159  
[geobra@msn.com](mailto:geobra@msn.com)

**Flowers:** Pixie Mathers 07763064146  
[pixie2704@sky.com](mailto:pixie2704@sky.com)

Notices

**Adoration:** Monday - Saturday 6.00am-12 midnight

**Confessions:** Tuesdays 6.00pm  
Saturdays 10.30am & 6.00pm

**Morning Prayer:** Monday - Friday 6.30am

**Rosary:** Saturdays (Priests) 10.30am

**Housebound? Coeliacs:** John MacKinnon (See above) for visits  
Speak to clergy before Mass

**Sunday Coffees:** Ann Ryans 07545 615 198  
[annryans@aol.com](mailto:annryans@aol.com)

**Natural Family Planning (NFP)** Margaret Hammond  
[nfp@cathedral-abdn.org](mailto:nfp@cathedral-abdn.org)

Mass Times

Date	Details	Service	Time	Mass Intentions
Sun 18th	Fifth Sunday of Lent	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Louise Hodoul RIP  Parish Intentions  Mr M Joseph RIP
Mon 19th	Solemnity of St Joseph	Mass Mass	7.00am 12.30am	Thanksgiving - Stephen Diplock Mary McGinlay RIP
Tue 20th	Note: no confessions	Mass Comm. Serv.	7.00am 7.00pm	Family Callis Tus Myoneke
Wed 21st		Mass Mass	7.00am 12.30pm	J. Flynn - Recovering from Illness Susan, Jacob & D. Gnanapragasan
Thu 22nd	Note: no confessions	Mass Comm. Serv.	7.00am 7.00pm	Thank God For All His Blessings
Fri 23rd		Mass Mass	7.00am 12.30pm	Mary McGinlay John Fraser RIP
Sat 24th		Mass Vigil Mass	10.00am 7.00pm	Daniel - Thanksgiving Meg Okoye - Thanksgiving
Sun 25th		Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Susan, Jacob & D. Gnanapragasn  Parish Intentions  Mrs M Joseph RIP

Notice: As from Ash Wednesday there will be Stations of the Cross before each Mass.

Mass Intention Envelopes


These are available at the back of the Church. Print details and post through Clergy House letter box.  
It may not always be possible for Mass to be celebrated on your preferred date or at the

Cathedral itself. Recommended offering for each Mass is £5.  
Sunday 11:15 Mass is normally reserved for the Administrator’s or Bishop’s Intentions for the Parish or Diocese.

OFFERTORY: £2,353.26

SCIAF: £1,031.61

Cathedral



**Give, Reflect and Act with SCIAF**

Thank you for your generosity at last Sunday’s second collection. Your action this Lent will make a real difference to families in Cambodia. More info on: [www.sciaf.org.uk](http://www.sciaf.org.uk)

CATHEDRAL CAR PARK

Please note that the Cathedral car park will be closed from Saturday 24th March after the Vigil Mass until 2.00pm on Palm Sunday (25th March) for the Palm Sunday procession.

EUCHARISTIC ADORATION - THE KING OF PEACE

Are you looking for a bit of peace? Come join Our Lord in Adoration. Our Lord, in the Eucharist is exposed to the public in the Adoration Chapel Mondays-Saturdays from 6.00am-12midnight. To sign up contact us at: [adoration@cathedral-abdn.org](mailto:adoration@cathedral-abdn.org).


INTERESTED IN LEARNING HOW TO RING CHURCH BELLS?

The team of ringers at St Machar Cathedral have kindly offered to have a “taster” session at St Machar’s on Monday 19<sup>th</sup> March at 7:30pm for anyone interested in learning to ring. Details from Robin or Cowan at St Marys Cathedral office.

SVdP

Polish Collections ..... £33.72  
Donation.....£100.00  
Box Collections..... £109.19  
TOTAL..... £242.91  
Spend on Food.....£152.98  
(Anon Donation - sorry, email address incorrect, unable to send thanks)  
Thanks to all our benefactors.

THE READINGS, PSALM ETC FOR SUNDAY 11.15AM MASS THIS SUNDAY WILL BE THOSE FOR YEAR A. THIS IS BECAUSE OF THE SCRUTINIES.



**This Sunday to raise money for Youth activities.**

COMMUNITY MEAL VOLUNTEERS WANTED

We need volunteers to help with the cooking of the Thursday community meals. If you would like to help, please contact St Andrew Community by email: [standrewscommunity@cathedral-abdn.org](mailto:standrewscommunity@cathedral-abdn.org)

SENIORS CLUB

Wednesday 21st March Sing-a-Long with Carl.  
All welcome

Please take me home


St Mary’s Deanery Station Masses 2018

Confession: 6pm-7pm Stations of the Cross: 6.30pm-7pm Mass: 7pm Refreshments: 8pm-9pm

DATE	LOCATION	MAIN CELEBRANT	PREACHER
23 March	Kings College Chapel (High Street)	Bishop	Fr George

Cathedral

Wednesdays at 7pm  
Main Hall Starts 18th April



life faith meaning

Register:  
[www.stmaryscathedralaberdeen.org](http://www.stmaryscathedralaberdeen.org)

Maintenance to Mission

**Wednesdays 7.00 - 8.00pm Clergy House**

Anyone who is interested in seeing the parish move from a maintenance parish to a mission orientated parish to join us in reading Fr James Mallon’s book, ‘Divine Renovation: Bringing your parish from Maintenance to Mission’  
This week we are reading chapter 5.

**BELOVED DISCIPLES GROUP**

Following our exploration of the Gospel of Matthew, the Group is now embarking on a new course entitled “Let it be”. This is an exploration of Mary past and present and will use DVD and written material. Join us! It will be fun and rewarding.  
See the “Weekly Calendar” for time and place.

**READERS REQUIRED FOR 7PM VIGIL MASS**

Do you attend the Vigil Mass regularly? Do you want to proclaim the word of God through this ministry of the Word? Please contact Irma Allan for an audition and brief interview.  
[07714718708](mailto:07714718708) or [irmalallan@gmail.com](mailto:irmalallan@gmail.com)

Deanery & Diocese

**TESTIMONY OF REDEMPTION**

Sunday 18th March after 19.30 Mass at St Andrews Church, Inverurie.

Author of Out of the Darkness, Anthony Gielty will give a talk about his remarkable conversion from a life of violence and crime to becoming a follower of Christ. His story is a powerful and humbling witness to God’s power, love and forgiveness.  
Contact [rachelrenn@aol.com](mailto:rachelrenn@aol.com) for lunch.

**AFRICAN COMMUNITY LENTEN RETREAT**

24th March 2018

St Columba's Catholic Church, Bridge of Don

From 10am to 4pm, starting with Holy Mass.

Theme: "As for me and my house, we will serve the Lord" (Josh 24:15).

Childminding available. Family and friends welcome. Light refreshments provided but please bring packed lunch and a bit to share.

**VACANCY FOR CHAPLAIN AT KILGRASTON SCHOOL**

Kilgraston School based in Bridge of Earn, Perthshire, is seeking a Lay Chaplain who will be responsible for the spiritual support of this thriving Roman Catholic boarding and day school for girls age 5 - 18.  
Closing date for applications : 21 March.  
For more info refer to the notice board.

HOLY WEEK INVITATION

Young people (aged 18-20) are invited to celebrate the Liturgy at Pluscarden Abbey from Wednesday of Holy Week until Easter (March 28 –April 3).  
Participants will gain deeper insight into Christian life, monastic life and the Abbey. There is no charge for staying at the Abbey Guesthouses, however donations are welcomed. **Contact:** Br Thomas Cole OSB  
email: [guestmaster@pluscardenabbey.org](mailto:guestmaster@pluscardenabbey.org)

FREE TALK BY ALISON CAMERON OF CAMERON ARCHAEOLOGY LTD

“The Search for the Monastery of Deer”  
**Thursday 12th April 2018**  
Refreshments 1.30pm and talk at 2.00pm  
University of Aberdeen Chaplaincy  
25 High Street, Old Aberdeen, AB24 3EE  
[www.bookofdeer.co.uk](http://www.bookofdeer.co.uk)  
[info@bookofdeer.co.uk](mailto:info@bookofdeer.co.uk)

PLUSCARDEN ABBEY 2018 PENTECOST LECTURES 22ND - 24TH MAY


Four Talks by Fr. Richard Ounsworth O.P. - theme, “You have come to Mount Sion”  
“The Christian Pilgrimage in the Letter to the Hebrews”  
To register, book accommodation etc.. write to: Pentecost Lectures, Pluscarden Abbey, Elgin, Moray IV30 8UA or email [guestmaster@pluscardenabbey.org](mailto:guestmaster@pluscardenabbey.org)

BISHOP’S GOLDEN JUBILEE GOLF TROPHY

Friday 29<sup>th</sup> June 2018 - from 12noon  
Kintore Golf Club AB51  
£40 to include one round of golf and High Tea.  
**A deposit of £10 per head (£30 per team) is required before 30<sup>th</sup> May 2018. Sponsors for prizes needed.**  
Details and registration form from:  
**JOYCE WEBSTER**, Tel: 01224 319154,  
email: [jove@rcd-abdn.org](mailto:jove@rcd-abdn.org)

BETTER ODDS THAN NATIONAL LOTTERY

Had you ever thought of joining the Cathedral ‘200’ Club?  
By paying £5 per month by Bank Standing Order or £15 per quarter in advance by cheque, you will participate in the monthly prize draw for the **£50 prizes**, and the annual draw for the **£400 prizes!**  
As well as a chance to win great cash prizes you will be helping provide the funds to help keep the roof over our heads, literally.



YOUTH LOURDES PILGRIMAGE 6-11th October 2018

This is for young Catholics aged 15-25 who wish to take their faith to the next level.  
Organised by the Dominican Sisters of St Cecilia  
Cost £300. Details from the Sisters:  
Contact: [op@rcda.scot](mailto:op@rcda.scot)

BILLING OVULATION METHOD - TEACHER TRAINING

Attendance at this Training Course will enable the participants to give information on the Billings Ovulation Method to women and couples who wish to conceive as well as those wishing to use a natural method to avoid pregnancy.  
Course from 31st May to 3rd June 2018. Details from : Fertility Care Scotland, 196 Clyde Street, Glasgow G1 4JY Telephone: 0141 221 0858  
Email: [info@fertilitycare.org.uk](mailto:info@fertilitycare.org.uk)

Sunday 18th March, 2018

Weekly Calendar

Mon	<p><b>Mother &amp; Toddler Group</b> For parents with young children. All ages welcome. Main Hall from 13.30-15.30pm Contact: Yi-pei Chou 0745 5479 479</p> <p><b>Credo Community Meeting</b> Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Damian Gloc 07939418178</p>
Tue	<p><b>Magnificat Prayer Group</b> 7.30pm in the Lower Hall after Mass. Contact: Stella Maria Onuoha 0744 9951 415 <a href="mailto:nnesin@yahoo.com">nnesin@yahoo.com</a></p> <p><b>St. Vincent de Paul</b> Feeding the homeless Contact: Evelyn Murray <a href="mailto:murray.evelyn@sky.com">murray.evelyn@sky.com</a></p> <p><b>Rite of Christian Initiation of Adults (RCIA)</b> Cathedral House at 7.30pm Contact: Fr Keith</p>
Wed	<p><b>Light Exercise Class for all</b> Main Hall at 10:00am Contact: Laura Walker 0777 3 021 851 <a href="mailto:laura@laurawalkerlimited.co.uk">laura@laurawalkerlimited.co.uk</a></p> <p><b>Beloved Disciples</b> Bible study and growing in faith Clergy House Dining Room after 12:30 Mass. Contact: Kevin O'Carroll <a href="mailto:kevin.ocarroll@live.com">kevin.ocarroll@live.com</a></p> <p><b>Seniors Club</b> Speakers, fun &amp; fellowship Main Hall at 2.00 pm every 2 weeks Contact: Jean on 01569 765 799</p> <p><b>Healing of Memories</b> Prayer for the healing of painful memories of the past to bring peace to the present. Clergy House at 2.30pm (by appointment) Contact: Deacon Tony</p> <p><b>Legion of Mary</b> Lower Hall from 6pm to 7.30pm Contact: Nogie Osula <a href="mailto:nogisula@yahoo.com">nogisula@yahoo.com</a></p> <p><b>African Choir</b> For Africans and anyone else. Upper Hall from 6.00- 8.00pm Contact: Patricia Malikebu 07891 714 549</p>
Thu	<p><b>Cenacolo Prayer Group</b> Exposition &amp; Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996</p> <p><b>Band Practice</b> Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: John Costaschuk</p> <p><b>Cathedral Choir practice</b> 7.00pm in the Ogilvie Centre</p>
Fri	<p><b>Altar Servers’ Practice</b> Church from 6.00 to 7.00pm Contact: Simon <a href="mailto:bebbie_no1@hotmail.com">bebbie_no1@hotmail.com</a></p> <p><b>Youth Groups</b> For teenagers between 11 &amp; 17 Hall 7.00pm to 9.00pm Contact: St. Andrew’s Community</p>
Sat	<p><b>Church Cleaning</b> Church at 10.30am</p> <p><b>K4J</b> (Kids for Jesus) Youth group for P2’s to P7’s in the Main Hall from 12.30pm to 2.00pm</p> <p><b>African Choir</b> (As above) Upper Hall from 6.00 - 8.00pm</p>
Sun	<p><b>Choir Rehearsal</b> Leading the music for 11:15 Sunday Mass Upper Hall 10.00am Contact: Shelagh Noden</p>