

**Entrance Antiphon**

Be my protector, O God,  
a mighty stronghold to save me.  
For you are my rock, my stronghold!  
Lead me, guide me, for the sake of your name.

**Collect**

O God, who teach us that you abide  
in hearts that are just and true,  
grant that we may be so fashioned by your grace  
as to become a dwelling pleasing to you.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

**First reading**

**Leviticus 13:1-2,44-46**

The Lord said to Moses and Aaron, 'If a swelling or scab or shiny spot appears on a man's skin, a case of leprosy of the skin is to be suspected. The man must be taken to Aaron, the priest, or to one of the priests who are his sons.

'The man is leprous: he is unclean. The priest must declare him unclean; he is suffering from leprosy of the head. A man infected with leprosy must wear his clothing torn and his hair disordered; he must shield his upper lip and cry, "Unclean, unclean." As long as the disease lasts he must be unclean; and therefore he must live apart: he must live outside the camp.'

**Psalm**

**Psalm 31:1-2,5,11**

*You are my refuge, O Lord; you fill me with the joy of salvation.*

Happy the man whose offence is forgiven,  
whose sin is remitted.

O happy the man to whom the Lord  
imputes no guilt,  
in whose spirit is no guile.

*You are my refuge, O Lord; you fill me with the joy of salvation.*

But now I have acknowledged my sins;  
my guilt I did not hide.

I said: 'I will confess  
my offence to the Lord.'

And you, Lord, have forgiven  
the guilt of my sin.

*You are my refuge, O Lord; you fill me with the joy of salvation.*

Rejoice, rejoice in the Lord,  
exult, you just!

O come, ring out your joy,  
all you upright of heart.

*You are my refuge, O Lord; you fill me with the joy of salvation.*

**Second reading**

**1 Corinthians 10:31-11:1**

Whatever you eat, whatever you drink, whatever you do at all, do it for the glory of God. Never do anything offensive to anyone – to Jews or Greeks or to the Church of God; just as I try to be helpful to everyone at all times, not anxious for my own advantage but for the advantage of everybody else, so that they may be saved. Take me for your model, as I take Christ.

**Gospel Acclamation**

**cf.Ep1:17,18**

Alleluia, alleluia!  
May the Father of our Lord Jesus Christ  
enlighten the eyes of our mind,  
so that we can see what hope his call holds for us.  
Alleluia!

**Gospel**

**Mark 1:40-45**

A leper came to Jesus and pleaded on his knees: 'If you want to' he said 'you can cure me.' Feeling sorry for him, Jesus stretched out his hand and touched him. 'Of course I want to!' he said. 'Be cured!' And the leprosy left him at once and he was cured. Jesus immediately sent him away and sternly ordered him, 'Mind you say nothing to anyone, but go and show yourself to the priest, and make the offering for your healing prescribed by Moses as evidence of your recovery.' The man went away, but then started talking about it freely and telling the story everywhere, so that Jesus could no longer go openly into any town, but had to stay outside in places where nobody lived. Even so, people from all around would come to him.

**Prayer over the Offerings**

May this oblation, O Lord, we pray,  
cleanse and renew us  
and may it become for those who do your will  
the source of eternal reward.  
Through Christ our Lord.

**Communion Antiphon**

**Cf. Ps 77: 29-30**

They ate and had their fill,  
and what they craved the Lord gave them;  
they were not disappointed in what they craved.

**Prayer after Communion**

Having fed upon these heavenly delights,  
we pray, O Lord,  
so that we may always long  
for that food by which we truly live.  
Through Christ our Lord.

**At even, ere the sun** was set,  
the sick, O Lord, around thee lay;  
O, in what diverse pains they met!  
O, with what joy they went away!

O Saviour Christ, our woes dispel;  
for some are sick, and some are sad;  
and some have never loved thee well,  
and some have lost the love they had;

and some have found the world is vain,  
and yet from the world they break not free;  
And some have friends who give them pain,  
yet have not sought a friend in thee.

And none, O Lord, have perfect rest,  
for none are wholly free from sin;  
And they who fain would serve thee best  
are conscious most of wrong within.

O Saviour Christ, thou  
too art man;  
thou has been troubled,  
tempted, tried;  
thy kind but searching  
glance can scan  
the very wounds that  
shame would hide.

Thy touch has still its  
ancient power.  
no word from thee can  
fruitless fall;  
hear, in this solemn  
evening hour,  
and in thy mercy heal us  
all.

Sunday 11.15am Mass		
Introit		Come, let us worship God and bow down before the Lord; let us shed tears before the Lord who made us, for he is the Lord our God.
Proclamation	644	Tell out my soul
Offertory	120	All Over the World
Communion Hymn		Congo Traditional Motet by African Choir (Kimvwa) At Even, Ere the Sun (see above)
	681	This is My Body
Recessional	133	A New Commandment



## St. Mary's Cathedral

20 Huntly Street, Aberdeen

[www.stmaryscathedralaberdeen.org](http://www.stmaryscathedralaberdeen.org)



### Meditation

In Jesus' day, leprosy meant not only incurable physical disintegration, but also social and cultural death. It was the supreme "plague" which God inflicted on sinners. It is under the image of a leper that Isaiah depicts the sinful people. It is under this same image that he describes a mysterious Servant who expiates Israel's sin. In this context, Jesus' face-to-face meeting with the leper takes on its full meaning. We see the unclean before the Holy One, the outcast before the Servant who will be cast out, the leper who is impure before the pure one who will be disfigured like a leper. It is the sinful world that the Saviour touches and purifies. The Messiah has arrived. In him, the banished of society, the living

dead are restored. In different degrees, under different forms, leprosy still creates barriers between people. Today's lepers are the very ill forgotten in hospitals, the marginal poor shut up in unhealthy tenements, the addicts shunned by high-minded societies. Before all these lepers, we ourselves must take part in the simple story of the encounter between Jesus and the leper. For we too must recognize that we are all lepers. We must disclose the sins that we keep hidden. We must cry out in acknowledgement of our moral frailty. Thus we regain life and take our places in the community of the redeemed. Once touched and healed, we can in turn proclaim the Word. Rejoicing in health regained, we can welcome the outcast and the rejected, acknowledged in their human dignity.

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Vienna International Religious

**Clergy & Staff**

**Administrator:** Fr. Keith Herrera  
01224 640 160  
[administrator@cathedral-abdn.org](mailto:administrator@cathedral-abdn.org)

**Assistant Priest:** Fr. Tomasz Klin  
(Polish Chaplain) 07402 099 944  
[curate1@cathedral-abdn.org](mailto:curate1@cathedral-abdn.org)

**Assistant Priest:** Fr. Patrick Xavier Ekutt  
07404 704 678  
[pxekutt@gmail.com](mailto:pxekutt@gmail.com)

**Deacon:** Deacon Tony Schmitz  
[deacon@cathedral-abdn.org](mailto:deacon@cathedral-abdn.org)

**Seminarian:** Andrzej Niski  
[niski.a@gmail.com](mailto:niski.a@gmail.com)

**Safeguarding:** Chris Jones  
07974 690 719  
[chrisjones442@hotmail.com](mailto:chrisjones442@hotmail.com)  
More information: Parish website or  
[www.scottishcatholicsafeguarding.org.uk](http://www.scottishcatholicsafeguarding.org.uk)

**Music Directors:** David & Liz Meiklejohn  
[music@cathedral-abdn.org](mailto:music@cathedral-abdn.org)

**Parish Office**

**Telephone:** 01224 640 160

**Manager:** Robin Harding  
[manager@cathedral-abdn.org](mailto:manager@cathedral-abdn.org)

**Secretary:** Cowan Watson  
[secretary@cathedral-abdn.org](mailto:secretary@cathedral-abdn.org)

**Gift Aid:** John Costello  
[finance@cathedral-abdn.org](mailto:finance@cathedral-abdn.org)

**Bulletin:** [bulletin@cathedral-abdn.org](mailto:bulletin@cathedral-abdn.org)  
Notices to be in by Tuesday evening

**Hall Bookings:** [halls@cathedral-abdn.org](mailto:halls@cathedral-abdn.org)  
Call between 9am & 1pm only  
Terms & Conditions see Parish website

**Liturgical Ministries**

**Readers:** Fiona Mitchell  
[fiona.j.mitchell@hotmail.co.uk](mailto:fiona.j.mitchell@hotmail.co.uk)

**Euch. Ministers:** Trudy Coker 07896 824 703  
[gcok6@aol.com](mailto:gcok6@aol.com)

**Stewards:** Gordon Webster 01224 59 22 46  
[webster200@btinternet.com](mailto:webster200@btinternet.com)

**Altar Servers:** George Brand  
[geobra@msn.com](mailto:geobra@msn.com)

**Notices**

**Rosary:** Saturdays 10.30pm

**Confessions:** Tuesdays 6pm  
Saturdays 10.30am & 6pm

**Adoration:** Monday to Friday 6.30am to 7pm  
1 hour before Masses on Saturday

**Morning Prayer:** Monday - Friday 7.30am  
Saturdays 9.40am

**Evening Prayer:** Thursdays 6.30pm

**Night Prayer:** Thursdays 8.30pm

**Housebound?** Trudy Coker (See above)  
To arrange communion visits

**Coeliacs:** Please speak to a member of the clergy  
before Mass to arrange communion

**Family Planning Nature's Way**  
Margaret Hammond: 07891)358 114  
[mgthammond13@yahoo.co.uk](mailto:mgthammond13@yahoo.co.uk)

**Children**  
Mass is screened live to the Main Hall should your child  
become restless during Mass. Children should always be  
accompanied to the toilet by a parent or guardian.


Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 15th	6th Sunday in Ordinary Time	Mass Mass-Polish Solemn Mass Mass-Polish Mass	8.00am 9.30 am 11.15am 3.00pm 6.00pm	Peace joy and love for my sister  For the Diocese  Parish Intentions
Mon 16th		Mass Mass	7.00am 12.30pm	Nilda Retino Lim RIP
Tue 17th		Mass Mass	7.00am 7.00pm	Int. of Stella and Emmanuel Mary Gordon Jones RIP
Wed 18th	Ash Wednesday Fast & Abstinence	Mass Mass Solemn Mass	7.00am 12.30pm 7.00pm	Goeff Bellew RIP Peace and Joy for my sister Mr. Sebastian RIP
Thu 19th		Mass Mass	7.00am 7.00pm	Int. of Stella and Emmanuel Cyril Connon RIP
Fri 20th		Mass Mass Station Mass	7.00am 12.30pm 7.30pm	Mhairi Forbes RIP — Rite of Election —
Sat 21st		Mass Mass	10.00am 7.00pm	Damien Britto RIP
Sun 22nd	1st Sunday in Lent	Mass Mass-Polish Solemn Mass Mass-Polish Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Parish Intentions  For the Diocese  Nilda Retino Lim RIP

**Mass Intention Envelopes**

At the back of the Church. Print details and post through Clergy House letter box.


Recommended offering for each Mass is £5.  
Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese

Offertory 8/02 £2575.15 Polish £1079.67 Renovations £853.63




**'Real' Coffee after Mass**

**ST VINCENT DE PAUL**  
February 7&8: £109.46  
Donations: £ 90.00  
Food Expenses: £ 122.86  
Thanks to everyone for your donations!



**Youth**

**ST. MARY'S YOUTH GROUP**  
(12-17's)



**Fridays**

6.30 to 7pm Adoration & Rosary  
Chapter Room

7.00 to 9pm Pizza, music, discussion  
Parish House

Contact: St. Andrew's Community


<http://nazareth.dioceseofaberdeen.org>

Diocesan youth website: latest news on events, pilgrimages, retreats and youth groups for teenagers.

**PLUSCARDEN ABBEY HOLY WEEK**  
1st to 6th April

The Abbot and monks of Pluscarden Abbey invite young people (aged 18-30) to celebrate the Liturgy with them from Wednesday of Holy Week until Easter.

If you are interested in joining the Pluscarden community in celebrating Easter, contact Fr Bede Kierney OSB by email at: [guestmaster.pluscarden@gmail.com](mailto:guestmaster.pluscarden@gmail.com)




**YOUTH RETREAT WEEKEND**  
20-22 February, ages 11-16  
Contact: St Andrew Community:  
[standrewscommunity@cathedral-abdn.org](mailto:standrewscommunity@cathedral-abdn.org)

**Cathedral News**

**SUNDAY COFFEE SHOP**

'Real' Coffee, tea and cakes being sold from 9am to 5pm & after 6pm Mass for Building Fund.

**'HE MUST GROW GREATER ...'**  
**BY SR. MARIA NATELLA OP**  
Tuesday 17th February



Sr. Maria has a wide preaching ministry and is an engaging, inspiring and popular international speaker. She will be speaking at the Cathedral at 7.30pm in the Upper Hall. All are welcome.

**STATIONS OF THE CROSS**

During Lent there will be Stations of the Cross half an hour before each weekday Mass except Thursday.

**ADORATION**

Adoration will be till 9pm during Lent except on Ash Wednesday and Friday this week when it will end at 5.30pm.

**PREPARATION OF ASHES FOR LENT**

Ashes distributed on Ash Wednesday are made by burning the blessed palms from the previous year's Palm Sunday. You can bring in any palms that you took home last year so that they can be burned to make this year's ashes.

Please leave them in the box provided at the back of the church.

**FEED THE PRIESTS**



If you would like to volunteer to prepare a well balanced meal for the priests please contact Andrzej Niski on [niski.a@gmail.com](mailto:niski.a@gmail.com)

**CALL FOR VOLUNTEERS - WE NEED YOUR HELP**

The Cathedral is looking for volunteers to fill a variety of roles & is particularly interested in anyone who is able to give time in the afternoons, Monday to Friday.

Please contact [manager@cathedral-abdn.org](mailto:manager@cathedral-abdn.org) including a brief note of what you would be interested in being involved with.

**PARISH LENTEN RETREAT DAY**  
**"HEART OF MERCY"**  
Saturday 21st February



The Dominican Sisters of St. Cecilia will be leading this day to help prepare us to enter more deeply into the season of Lent.

There will be two talks in the main hall during the day, beginning at 10.30am, lunch, time for adoration and the celebration of the sacrament of Reconciliation before ending at 3.30pm.

The event is free though any donations made will go to the Dominicans working with refugees in the Middle East.

**MAGNIFICAT PRAYER GROUP**  
from 15 February until 1st March

Invites all Parishioners to a Lenten/Easter Retreat as follows: Theme: Life in Christ (*a journey through the letter to the Romans*) Speaker. Date: 3rd March 2015 & continues every Tuesday for 8 weeks. Time: 7.45PM Venue: Cathedral Main Hall

**BOOKSHOP MANAGER**

Upon the retirement of Joan Bews, who has been managing the Cathedral Bookshop for several years, we are looking for a new volunteer Bookshop Manager.

We thank Joan for her many years of devoted service to the parish bookshop and wish her every blessing for the future.

Applications for this position to Parish Manager with CV.

**CATHEDRAL BOOKSHOP OPEN**  
Monday to Friday: 10.30 to 15.00; Saturdays to 13.00  
Before and after each Mass

**Deanery & Diocese**

**LENEN STATION MASSES**

You are invited to join us in celebrating Mass during the period of Lent and to join pilgrims from different parts of the city in gathering in one place to share in the Eucharist.

6.30pm Confessions  
7.00pm Stations of the Cross  
7.30pm Mass

Date	Venue
20th Feb.	St Mary's Cathedral
27th Feb.	St Mary's, Blairs
6th Mar.	St Columba's, Bridge of Don
13th Mar.	Sacred Heart, Torry
20th Mar.	St Francis', Mannofield
27th Mar.	St Joseph's, Woodside

**ASH WEDNESDAY & LENT**

The period for fulfilling the Easter precept for communion begins. A plenary indulgence is available for all who devoutly make the Way of the Cross.

**DAFFODIL TEA**

This is scheduled for Saturday 7th March, Time: 10am-12noon. Tickets: £2.50. Venue: Northcote Lodge, 191 Craigton Road. All are invited!

**URGENT NOTE TO CATHOLIC PARENTS**

Aberdeen City Council will begin to deliver Catholic Education classes to all Catholic students from S1 to S5 in Secondary School from June.

For this to happen Catholic parents/carers should contact Mrs. Clara Bergeron, RCRC Development Officer ASAP on [C.Bergeron@aberdeencity.gov.uk](mailto:C.Bergeron@aberdeencity.gov.uk) or 07805 768 183

Weekly Calendar	
Mon	<b>Credo Community Meeting</b> Polish charismatic prayer group. Main Hall at 7.30pm. Contact: Fr Tomasz Klin SJ
Tue	<b>Magnificat Prayer Group</b> Main Hall after Mass Contact: Paul Akagwu 07574 103 852
	<b>St. Vincent de Paul</b> Feeding the homeless Contact: Evelyn Murray
	<b>Cathedral Faith Formation Evening</b> For those interested in learning more about the Faith or becoming Catholic Lower Hall after Mass Contact: Fr. Keith
Wed	<b>Light Exercise Class for all</b> Main Hall—10:00am Contact: Laura Walker 0777 3 021 851 <a href="mailto:laura@laurawalkerlimited.co.uk">laura@laurawalkerlimited.co.uk</a>
	<b>Seniors Club</b> Speakers, fun & fellowship Main Hall at 2 pm every 2 weeks Contact: Winnie on 01224 632 465.
	<b>African Choir</b> For Africans and anyone else. Upper Hall from 6 - 8.00pm Contact: Kingsley Emeye 07956 039 763
Thu	<b>Healing of Memories</b> Prayer for the healing of painful memories of the past to bring peace to the present. Clergy House at 2.30pm (by appointment) Contact: Deacon Tony
	<b>Legion of Mary</b> Members serve the Church as needed Lower Hall at 5.30pm Contact: Nogie Osula <a href="mailto:nogisula@yahoo.com">nogisula@yahoo.com</a>
	<b>Flower Arrangers</b> Contact: Pixie Mather 01224 321 953
	<b>Cenacolo Prayer Group</b> Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996 <a href="mailto:liam.sharkey@fsmail.net">liam.sharkey@fsmail.net</a>
	<b>6pm Music Group</b> Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: Margaret Spence <a href="mailto:mag.m.spencer@btinternet.com">mag.m.spencer@btinternet.com</a>
Fri	<b>Our Lady of Aberdeen Prayer Group</b> Gentle prayer & praise Chapter Room from 1.30 - 2.30pm Contact: Teresa Coyne 07901 851 526
	<b>Altar Servers' Practice</b> Church from 6.00 to 7.00pm Contact: Andrzej
	<b>Youth Group</b> For teenagers between 11 & 17 Chapter Room & Clergy House 6.30 to 9pm Contact: St. Andrew's Community 07754 891 808 <a href="mailto:standrewscommunity@cathedral-abdn.org">standrewscommunity@cathedral-abdn.org</a>
Sat	<b>Church Cleaning</b> Church at 10.30am Contact: Joyce Webster 01224 319 154
	<b>African Choir</b> As above Upper Hall from 6 - 8.00pm
Sun	<b>11:15 Choir</b> Leading the music for 11.15 Sunday Mass Upper Hall 10.00am Contact: David & Liz Meiklejohn