



St. Mary's Cathedral

20 Huntly Street, Aberdeen

www.stmaryscathedralaberdeen.org



Entrance Antiphon

Cf. Gal 6: 14

We should glory in the Cross of our Lord Jesus Christ, in whom is our salvation, life and resurrection, through whom we are saved and delivered.

Collect

O God, who willed that your Only Begotten Son should undergo the Cross to save the human race, grant, we pray, that we, who have known his mystery on earth, may merit the grace of his redemption in heaven. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

First reading

Numbers 21:4-9

On the way through the wilderness the people lost patience. They spoke against God and against Moses, 'Why did you bring us out of Egypt to die in this wilderness? For there is neither bread nor water here; we are sick of this unsatisfying food.'

At this God sent fiery serpents among the people; their bite brought death to many in Israel. The people came and said to Moses, 'We have sinned by speaking against the Lord and against you. Intercede for us with the Lord to save us from these serpents.' Moses interceded for the people, and the Lord answered him, 'Make a fiery serpent and put it on a standard. If anyone is bitten and looks at it, he shall live.' So Moses fashioned a bronze serpent which he put on a standard, and if anyone was bitten by a serpent, he looked at the bronze serpent and lived.

Psalm

Psalm 77:1-2,34-38

Never forget the deeds of the Lord.

Give heed, my people, to my teaching;
turn your ear to the words of my mouth.
I will open my mouth in a parable
and reveal hidden lessons of the past. **R**

When he slew them then they would seek him,
return and seek him in earnest.

They would remember that God was their rock,
God the Most High their redeemer. **R**

But the words they spoke were mere flattery;
they lied to him with their lips.

For their hearts were not truly with him;
they were not faithful to his covenant. **R**

Yet he who is full of compassion
forgave them their sin and spared them.

So often he held back his anger
when he might have stirred up his rage. **R**

Second reading

Philippians 2:6-11

His state was divine,
yet Christ Jesus did not cling
to his equality with God

but emptied himself
to assume the condition of a slave
and became as men are;
and being as all men are,
he was humbler yet,
even to accepting death,
death on a cross.
But God raised him high
and gave him the name
which is above all other names
so that all beings
in the heavens, on earth and in the underworld,
should bend the knee at the name of Jesus
and that every tongue should acclaim
Jesus Christ as Lord,
to the glory of God the Father.

Gospel Acclamation

Jn17:17

Alleluia, alleluia!
We adore you, O Christ,
and we bless you;
because by your cross
you have redeemed the world.
Alleluia!

Gospel

John 3:13-17

Jesus said to Nicodemus:
'No one has gone up to heaven
except the one who came down from heaven,
the Son of Man who is in heaven;
and the Son of Man must be lifted up
as Moses lifted up the serpent in the desert,
so that everyone who believes may have eternal life in him.
Yes, God loved the world so much that he gave his only Son,
so that everyone who believes in him may not be lost
but may have eternal life.
For God sent his Son into the world
not to condemn the world,
but so that through him the world might be saved.'

Communion Antiphon

Jn 12: 32

When I am lifted up from the earth,
I will draw everyone to myself, says the Lord.

Sunday 11.15am Mass		
Introit		Let our glory be in the cross of our Lord Jesus Christ; in him we have salvation, life and resurrection; through him we are rescued and set free.
Proclamation	200	Christ triumphant
Offertory	582	Praise to the holiest
Communion	487	My song is love unknown
Recessional	586	Praise we our God with joy

Jesus was nailed to the tree of the cross



Meditation

On September 13, 335, Constantine's Basilica of the Resurrection was dedicated in Jerusalem. The annual celebration of that event was followed the next day by a solemn veneration of the relic of the Holy Cross preserved in the basilica. This gave rise to a major feast of the Eastern Church, the Exaltation of the Cross. The feast was introduced at Rome in the seventh century.

The cross triumphant, both an icon of the Crucified and symbol of his exaltation, reminds us first of all that it is by being executed as a criminal that Christ won his victory. It also proclaims that we must carry our cross and die with him. Thus we will live with the One who lifted above the earth, draws all people to himself.

Jesus could have died in any number of ways, but he was nailed to the tree of the cross as if symbolism itself demanded it. Modern psychology has relearned what the ancients knew—that the tree is a symbol deeply rooted in the human psyche. We know ourselves to be planted like a tree in the history of generations. It is the same with the cross. From the time of pagan antiquity it has had a cosmic significance. It evokes the whole universe with its four dimensions, its four cardinal points, its four elements. Christ's death breathed new significance into this symbol. The totality of the redemptive mystery, the work of the Word present to all creation, was made manifest through the wood of the cross. In stretching out

his arms, Jesus gathered Jews and Gentiles into a single people, expressing the width, the length, the height and the depth of his love which surpasses all knowledge.

The history of salvation is played out between two trees—the tree of the knowledge of good and evil and the tree of life planted in the middle of the garden. If we want to eat of the fruit of life, we want to eat of the fruit of life, we must be converted to the wisdom of God and make no other claim to glory than the cross of Christ.

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Clergy & Staff

Administrator: Fr. Keith Herrera
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administrator@cathedral-abdn.org

Assistant Priest: Fr. Tomasz Klin (Polish Chaplain)
(07402) 099 944
curate1@cathedral-abdn.org

Deacon: Deacon Tony Schmitz
deacon@cathedral-abdn.org

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More information: Parish website or
www.scottishcatholicsafeguarding.org.uk

Music Directors: David & Liz Meiklejohn
music@cathedral-abdn.org

Hall Manager: Gabrielle Watson
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halls@cathedral-abdn.org
Terms & Conditions: Parish website

Parish Office

Telephone: (01224) 640 160

Secretary: Cowan Watson
secretary@cathedral-abdn.org

Gift Aid: John Costello
finance@cathedral-abdn.org

Bulletin: bulletin@cathedral-abdn.org
Notices to be in by Tuesday evening

Liturgical Ministries

Readers: Fiona Mitchell
fiona.j.mitchell@hotmail.co.uk

Euch. Ministers: Trudy Coker (07896) 824 703
gcok6@aol.com

Stewards: Gordon Webster (01224) 59 22 46
webster200@btinternet.com

Altar Servers: George Brand
geobra@msn.com

Confessions
Tuesdays: 6pm Saturdays: 10.30am & 6pm

Prayer of the Church
Morning Prayer Monday—Friday: 7.30am
Saturday: 9.40am
Evening Prayer Thursday (Sung) 6.30pm

Adoration of the Blessed Sacrament
Monday to Saturday —1 hour before Mass
Monday to Friday — 7.30am to 8.30am

Communion for Sick and Housebound
Trudy Coker (See above)

Family Planning Nature's Way
Margaret Hammond (07891) 358 114 mghammond13@yahoo.co.uk

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 14th	The Exaltation of the Holy Cross Feast	Mass Mass-Polish Solemn Mass Mass-Polish Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	For the Parish
Mon 15th	Our Lady of Sorrows	Mass Mass	7.00am 12.30pm	Private Intention Intentions of A. Postowicz
Tue 16th		Mass Mass	7.00am 7.00pm	Private Intention/Thanksgiving Rosita Ballesteros RIP
Wed 17th		Mass Mass	7.00am 12.30pm	Susan and Jacob RIP Birthday/Private Intention
Thu 18th		Mass Mass	7.00am 7.00pm	Priest's worldwide Intentions of A. Postowicz
Fri 19th		Mass Mass	7.00am 12.30pm	Birthday/Private Intention For Health
Sat 20th		Mass Mass	10.00am 7.00pm	Intentions of A. Postowicz Intentions of P. Hodgson
Sun 21th	25th Sunday in Ordinary Time	Mass Mass-Polish Solemn Mass Mass-Polish Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Dieseru Family For the Parish

Mass Intention Envelopes
These can be found at the back of the Church. Add details & post through Clergy House letter box (please do not put into the Offertory basket).
Recommended offering for each Mass is £5.00.

Mass Intentions
Due to the large number of intentions it may not be possible for Mass to be celebrated on your preferred date or at the Cathedral itself. The Sunday 11.15 am Mass is normally reserved for the Administrator's Intentions for the Parish.

Offertory £2248.69 Polish: £902.50 Retired Priests £1572.30 Thank you.

St Vincent de Paul
September 6/7
Collection £140.07

Food bill £169.64

ADORATION OF THE BLESSED SACRAMENT
From Monday to Friday, 7am to 7pm October 13th until December. Please commit an hour to the Lord by signing your name on the timetable provided at the back of the church.

Youth

YOUTH PILGRIMAGE TO DUNFERMLINE
21ST SEPTEMBER

In honour of
St Margaret of Scotland

Young people aged
12-17

From Cathedral
Departs 10.30am
Returns by 8.30pm

Meet with young people from across
Scotland. Mass with Archbishop Leo
Cushley. Dinner + prayer at relics.
Contact: (07754) 891808
or
standrewscommunity@cathedral-abdn.org

ST. MARY'S YOUTH GROUP
(12-17's)

This new group will begin on
Friday 10th October from 6.30 to 9 pm
in the Chapter Room for
prayer, Pizza & games.
Contact: (07754) 891808 or
standrewscommunity@cathedral-abdn.org

Nazareth

The diocesan youth website:
<http://nazareth.dioceseofaberdeen.org>

FREE ORGAN RECITALS!
Ronald Leith, the Cathedral's acclaimed resident
organist, can be heard playing at the Cathedral most
week days from 9:00am to 11:00 am.

Cathedral News

ALTAR SERVERS TRAINING

There will be Altar server training for all of our altar servers directly after each Mass this Sunday including the 7pm Vigil Mass on Saturday. For more information see Emmet O'Dowd.

**HAPPY TO MEET, SORRY TO PART,
HAPPY TO MEET AGAIN!**

A fond farewell to Fr William Adjei returns to his teaching duties in Ghana this weekend. And a warm welcome to seminarian, Andrzej Niski who is studying to be a Priest for our Diocese and will be on pastoral placement with us until June of next year.

JOURNEY OF FAITH

A new series of presentations on the Catholic faith for those who want to deepen their understanding of their faith or for those who are not Catholic but interested in learning more about it.

Tuesdays at 7.30pm in the Lower Hall
Theme: "Living the Christian Life"
Begins with supper!
Contact: Ann Ryans (07545) 615 198

**REQUIEM MASS FOR
MARGARET ADAMASZEK**

Margaret Adamaszek passed away suddenly on Sunday at ARI. She was a member of the Magnificat Prayer Group and served at the Parish Bookshop many years.

Her Requiem Mass will be held at St Mary's Cathedral on Wednesday 17th September at 10.00am.

MARY'S MEALS 2ND COLLECTION AND RAFFLE

Mary's Meals works with some of the poorest people in third world countries and now feeds over 700.000 children. There will be a second collection and the sale of raffle tickets after all Masses during the weekend of 20/21st September. Tickets will cost £1.00 ea. or £5.00 for a book.

CONFIRMATION CLASSES
(For P7 – S2 and not attending a Catholic School)

Classes begin on 7th November and will be held each Friday from 4.00pm to 5.00pm in the Cathedral House. Register before November on Cathedral website and read about our new, exciting programme.

GRAND JUMBLE SALE

Saturday 22nd November from 10.30am to 2.30pm in the Main Hall. Help us to raise funds for church maintenance. Men's, woman's and children clothes including many designer garments for sale as well as books, toys, a bake stall and bric-a-brac.

Come buy your Christmas presents and win a Christmas Cake!!!!

SACRAMENTAL PREPARATION CLASSES

Parents of Children at non-Catholic schools should Register **NOW** for the classes this session:

- Reconciliation for pupils in P3 (and over)
- Holy Communion for pupils in P4 (and over)

For more information and the Registration Form:
www.stmaryscathedralaberdeen.org

Deanery & Diocese

ROXBURGHE HOUSE

SERVICE OF THANKSGIVING & REMEMBRANCE

Sunday 14th September at 3pm at Queens Cross Church. This service is held each year to remember those close to us who were cared for in Roxburghe House.

KSC ROSARY PRAYER GROUP

The Knights of St Columba invite you to join them in praying the Rosary on Monday 15th September at 7pm in the Sacred Heart Church, Torry. With your support we hope to make this a regular monthly prayer group. Everyone is most welcome. For more info. contact: martin@guardair.co.uk or (0797) 602 7346

DIOCESAN CHOIR REHEARSAL TIMES FOR THIS YEAR

Rehearsals will take place in the Cathedral Upper Hall at 7.30pm: 16th, 23rd & 30th September; 28th October; 18th & 25th November; 2nd, 9th & 16th December.

DIOCESAN CATECHIST RETREAT

Diocesan Catechist Retreat is taking place on Saturday 20th September from 10.30am to 2.30pm at Greyfriars Convent, 15-19 Abbey Street, Elgin IV30 1DA. To book email: ogilviecentre@dioceseofaberdeen.org or Tel: (01224) 638 675

ABERDEEN AFRICAN CATHOLIC LADIES (AACL) DAY

A fundraising event on Saturday 20th September at St Mary's Church of Scotland, King Street, Aberdeen AB24 5SS from 12.00 pm to 6.00 pm. For more info. contact: Mrs Ngozi Amu (07791) 294 609, Mrs Joy Egborge (07886) 831 535, Mrs Thelma Osula (07908) 329 724 or aberdeen.africancatholicladies@yahoo.com

NEWMAN ASSOCIATION

Next meeting on Thursday 2nd October at 7.30 pm. Fr Peter Barry will talk on "How to dialogue with growing World Faiths", on the 50th anniversary of *Nostra Aetate*, the Vatican II document on inter-faith. Tea/coffee served. All are welcome; we request a donation of £1.50 to cover costs.

METHODS OF TEACHING WORKSHOP

Methods of Teaching Workshop for all Catechists at Bishop's House on Saturday November 15th from 10.30am to 3pm. To book a place Tel: (01224) 638 675 or ogilviecentre@dioceseofaberdeen.org

SVdP DANCE AND BUFFET

Friday 21st November @ 7.30pm

Fund-raiser in the Parish Hall, Church of Our Lady of Aberdeen, Kincorth. Live music with Ronnie Sinclair. Tickets £10.00, available from Jack Finnie at the back of the church or tel: (01224) 645 940.

HCPT HOSANNA HOUSE GROUP 522

We are looking to interview male and female helpers for our pilgrimage to Lourdes in July 2015. We now have a few members from the Aberdeen Diocese and are keen to build on this. Please contact Karen Cardy on (01339) 883 442 for further details. www.hcpt.org.uk

Weekly Calendar	
Mon	Credo Community Meeting Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Fr Tomasz Klin SJ
Tue	Magnificat Prayer Group Main Hall after Mass Contact: Paul Akagwu (07574) 103 852
	St. Vincent de Paul Feeding the homeless Contact: Evelyn Murray
	Journey of Faith For those interested in learning more about the Faith or becoming Catholic Lower Hall after Mass Contact: Fr. Keith
Wed	Light Exercise Class for all Main Hall—10:00am Contact: Laura Walker (0777 3) 021 851 laura@laurawalkerlimited.co.uk
	Seniors Club Speakers, fun & fellowship Main Hall at 2 pm every 2 weeks Contact: Winnie on (01224) 632 465.
	African Choir For Africans and anyone else. Upper Hall from 6 - 8.00pm Contact: Kingsley Emeye (07956) 039 763
Thu	Healing of Memories Prayer for the healing of painful memories of the past so as to bring peace to the present. Clergy House at 2.30pm (by appointment) Contact: Deacon Tony
	Legion of Mary Members serve the Church as needed Lower Hall at 5.30pm Contact: Nogie Osula nogisula@yahoo.com
	Flower Arrangers Contact: Pixie Mather (01224) 321 953
	Cenacolo Prayer Group Exposition & Rosary praying for healing of those with addictions. Church after Mass Contact: Liam Sharkey (07774) 931 996 liam.sharkey@fsmail.net
	6pm Music Group Contemporary music for the Sunday 6pm Mass Upper Hall after Mass Contact: Margaret Spence mag.m.spencer@btinternet.com
Fri	Our Lady of Aberdeen Prayer Group Gentle prayer & praise Chapter Room from 1.30 - 2.30pm Contact: Teresa Coyne 07901851526
Sat	Church Cleaning Church at 10.30am Contact: Joyce Webster (01224) 319 154
	African Choir As above Upper Hall from 6 - 8.00pm
Sun	11:15 Choir Leading the music for 11.15 Sunday Mass Upper Hall 10.00am Contact: David & Liz Meiklejohn