

**Entrance Antiphon**

**Cf. Ps 16:6,8**

To you I call; for you will surely heed me, O God;  
turn your ear to me; hear my words.  
Guard me as the apple of your eye;  
in the shadow of your wings  
protect me

**First reading Isaiah 53:10-11**

The Lord has been pleased to crush his servant with suffering.  
If he offers his life in atonement,  
he shall see his heirs, he shall have a long life  
and through him what the Lord wishes will be done.  
His soul's anguish over,  
he shall see the light and be content.  
By his sufferings shall my servant justify many,  
taking their faults on himself.

**Responsorial Psalm**

**Psalm 32(33):4-5,18-20,22**

*May your love be upon us, O Lord,  
as we place all our hope in you.*

The word of the Lord is faithful  
and all his works to be trusted.  
The Lord loves justice and right  
and fills the earth with his love. **R**

The Lord looks on those who revere him,  
on those who hope in his love,  
to rescue their souls from death,  
to keep them alive in famine. **R**

Our soul is waiting for the Lord.  
The Lord is our help and our shield.  
May your love be upon us, O Lord,  
as we place all our hope in you. **R**

**Second reading**

**Hebrews 4:14-16**

Since in Jesus, the Son of God, we have the supreme high priest who has gone through to the highest heaven, we must never let go of the faith that we have professed. For it is not as if we had a high priest who was incapable of feeling our weaknesses with us; but we have one who has been tempted in every way that we are, though he is without sin. Let us be confident, then, in approaching the throne of grace, that we shall have mercy from him and find grace when we are in need of help.

**Gospel Acclamation Jn14:6**

Alleluia, alleluia!  
I am the Way, the Truth and the Life, says the Lord;  
No one can come to the Father except through me. Alleluia!

**Gospel**

**Mark 10:35-45**

James and John, the sons of Zebedee, approached Jesus. 'Master,' they said to him 'we want you to do us a favour.' He said to them, 'What is it you want me to do for you?' They said to him, 'Allow us to sit one at your right hand and the other at your left in your glory.' 'You do not know what you are asking' Jesus said to them. 'Can you drink the cup that I must drink, or be baptised with the baptism with which I must be baptised?' They replied, 'We can.' Jesus said to them, 'The cup that I must drink you shall drink, and with the baptism with which I must be baptised you shall be baptised, but as for seats at my right hand or my left, these are not mine to grant; they belong to those to whom they have been allotted.'

When the other ten heard this they began to feel indignant with James and John, so Jesus called them to him and said to them, 'You know that among the pagans their so-called rulers lord it over them, and their great men make their authority felt. This is not to happen among you. No; anyone who wants to become great among you must be your servant, and anyone who wants to be first among you must be slave to all. For the Son of Man himself did not come to be served but to serve, and to give his life as a ransom for many.'

**Communion Antiphon**

**Cf. Ps 32:18-19**

Behold, the eyes of the Lord  
are on those who fear him,  
who hope in his merciful love,  
to rescue their souls from death,  
to keep them alive in famine.

**Prayer after Communion**

Grant, O lord we pray,  
that, benefiting from participation  
in heavenly things,  
we may be helped by what you give  
in this present age  
and prepare for the gifts  
that are eternal.  
Through Christ our Lord.

Sunday 11.15am Mass (African Choir this week)		
Entrance Hymn		
Offertory		
Communion		
Marian Antiphon	597	Salve, Regina
Recessional		



# St Mary's Cathedral

20 Huntly Street, Aberdeen AB10 1SH [www.stmaryscathedralaberdeen.org](http://www.stmaryscathedralaberdeen.org)



## Give and you will Receive 10 Fold

### Giving

Money seems to be a taboo subject in the Church. It's always on our minds, it's essential to getting by in life, and yet we can't talk about it in Church. Yet in the bible there are 12,350 verses that speak of money and possessions, 800 on personal finances, 500 on prayer, less than 500 on faith. Of Jesus' 38 parables 16 were concerned with how to handle money and possessions. In the Gospels, an amazing 1 of 10 verses (288 in all) deal directly with the subject of money! The only thing Jesus talks about more than money is the Kingdom of God.

So, Jesus and the bible in general, teach us that our attitude towards money and possessions have a profound impact on our spiritual lives, our following of Jesus.

### Giving is part of discipleship

Jesus said, "Where your treasure is, there your heart will also be" (Mat. 6:21). He then went on to say that "You cannot serve both God and money" for you will end up hating one and loving the other (cf. Mat. 6:24).

The real question is, who or what is my God? If money is my God then I will sacrifice anything for it: my family, my friends, my values, my dignity. Giving, as part of discipleship, is a sign that I love God more than money, which I willing sacrifice.

### Giving is Part of Christ's plan for us

We are all called to love the Lord with all our heart, soul, and might (cf. Deut. 6:4), with everything that we are. Christ also wants us to love the Church, in spite of all its imperfections, because it is his Body, the Body of Christ. It is also his Bride, for whom he laid down his life. In doing so Jesus invested everything into his mission. As his Body, his Bride, we are called to invest everything that we are,

including our finances, into his mission.

### Giving is a measure of our gratitude

At the heart of worship is the act of sacrifice. Our sacrifice is also a sacrifice of thanksgiving. Our giving at the offertory is an act of sacrifice, of worship, to give thanks to God: "I will offer to you a sacrifice of thanksgiving, and I will call upon the name of the Lord" (Ps. 116:17). The question is, is offertory gift an act of sacrifice or just my leftovers? The sacrifice we offer in worship is a reflection of our thanksgiving, our gratitude to God. How much have we to thank God for?

### Giving demonstrates our trust in God

Do we trust God? Jesus tells us: "Seek first the kingdom of God and everything else will be given to you" (Mat. 6:33); "Give, and it will be given to you" (Lk 6:38); When it comes to faith, giving in trust is where the rubber hits the road, so to speak. Let us respond to the call to change the way we think about giving and to make a commitment to increase our financial giving as part of our discipleship, in love for the Church and her mission, as a sign of our gratitude and trust.



### Clergy & Religious

**Administrator:** Fr. Keith Herrera  
01224 640 160  
[administrator@cathedral-abdn.org](mailto:administrator@cathedral-abdn.org)

**Assistant Priest:** Fr Emmet O'Dowd  
[curate2@cathedral-abdn.org](mailto:curate2@cathedral-abdn.org)

**Deacon:** Deacon Tony Schmitz  
[deacon@cathedral-abdn.org](mailto:deacon@cathedral-abdn.org)

**Holy Family Sisters of Needy:** Sr Mary Chidalu  
01224 970 812 or 07741 54 00 39  
[hfsn@rcd-abdn.org](mailto:hfsn@rcd-abdn.org)

**St Andrew Community:** 07754 891 808  
[standrewscommunity@cathedral-abdn.org](mailto:standrewscommunity@cathedral-abdn.org)

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### Staff & Administration

**Office Hours:** 9 am to 4 pm Monday to Friday

**Telephone:** 01224 640 160

**Manager:** Robin Harding  
[manager@cathedral-abdn.org](mailto:manager@cathedral-abdn.org)

**Secretary:** Cowan Watson  
[secretary@cathedral-abdn.org](mailto:secretary@cathedral-abdn.org)

**Finance/Gift Aid:** [finance@cathedral-abdn.org](mailto:finance@cathedral-abdn.org)

**Cathedral Safeguarding:** TBC  
Email: TBC  
More information: Parish website or [www.scottishcatholicsafeguarding.org.uk](http://www.scottishcatholicsafeguarding.org.uk)

**Music Director:** Shelagh Noden  
[music@cathedral-abdn.org](mailto:music@cathedral-abdn.org)

**Shop Manager:** Barbara Mearns  
[shop@cathedral-abdn.org](mailto:shop@cathedral-abdn.org)

**Bulletin:** [bulletin@cathedral-abdn.org](mailto:bulletin@cathedral-abdn.org)  
Notices to be in by Tuesday evening

**Hall Bookings:** [halls@cathedral-abdn.org](mailto:halls@cathedral-abdn.org)  
Call between 9am & 1pm only  
Terms & Conditions see Parish website

### Liturgical Ministries

**Head Sacristan:** Jacqueline Armstrong  
[jacquelinearmstr@hotmail.com](mailto:jacquelinearmstr@hotmail.com)

**Readers:** Kevin O'Carroll. 07784317898  
[kevin.ocarroll@live.com](mailto:kevin.ocarroll@live.com)

**Euch. Ministers:** John MacKinnon 07926 628 941  
[johnmackinnon2602@hotmail.co.uk](mailto:johnmackinnon2602@hotmail.co.uk)

**Children's Catechesis:** Ruth Paterson 01224 593069  
[ruthpaterson@hotmail.com](mailto:ruthpaterson@hotmail.com)

**Stewards:** Diego Mejias Morffe 07960 325 046  
[dmejiasmorffe@gmail.com](mailto:dmejiasmorffe@gmail.com)

**Altar Servers:** George Brand 01224 630 159  
[geobra@msn.com](mailto:geobra@msn.com)

**Flowers:** Pixie Mather 07763 064 146  
[pixie2704@sky.com](mailto:pixie2704@sky.com)

### Notices

**Adoration:** Monday - Saturday 6.00am - 12 midnight

**Confessions:** Tuesdays 6.00pm  
Saturdays 10.30am & 6.00pm

**Rosary:** Saturdays 10.30am (for Priests)

**Housebound?** John MacKinnon (See above) for visits

**Coeliacs:** Speak to clergy before Mass

**Sunday Coffees:** Ann Ryans 07545 615 198  
[awilliamryans1234@gmail.com](mailto:awilliamryans1234@gmail.com)

**Natural Family Planning (NFP)** Margaret Hammond  
[nfp@cathedral-abdn.org](mailto:nfp@cathedral-abdn.org)

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 21st	29th Sunday in Ordinary Time	Mass Solemn Mass Polish Mass Mass	8.00am 11.15am 3.00pm 6.00pm	Special intentions of D. Dieseru Parish Intentions Special intentions of A. Dieseru
Mon 22nd		Mass Mass	7.00am 12.30PM	Special intentions of D. Dieseru Special intentions of D. Dieseru
Tue 23rd		Mass Mass	7.00am 7.00pm	Clementyna & Adam RIP Safe recovery of Shruti
Wed 24th		Mass Mass	7.00am 12.30pm	Special intentions of D. Dieseru William Falconer RIP
Thu 25th		Mass Mass	7.00am 7.00pm	Special intentions of D. Dieseru Mrs M. Joseph RIP
Fri 26th		Mass Mass	7.00am 12.30pm	James Boyle Marie-Anne RIP
Sat 27th		Mass Vigil Mass	10.00am 7.00pm	Special intentions of D. Dieseru God's Blessing - Obi & Mary
Sun 28th		Mass Solemn Mass Polish Mass Mass	8.00am 11.15am 3.00pm 6.00pm	Special intentions of D. Dieseru Parish Intentions Bette Haggarty RIP

**HOLY SOULS**  
Please note that during November all the Masses celebrated at the Cathedral will be for the Holy Souls.

**Mass Intention Envelopes**  
Available at the back of the Church. Print details and post through Clergy House letter box. Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese. It may not always be possible for Mass to be celebrated on your preferred date or at the Cathedral itself.

OFFERTORY: £2,358.57

## Cathedral

**ADORATION MISSION**  
As Antoinette Moynihan of the National Apostolate of Adoration is currently unwell, the talk planned after the 6.00pm Mass on 21 October will be rescheduled at a later date.



**OCTOBER DEVOTION TO MARY**  
Beginning Monday 10th October the Rosary will be said after the weekday and Saturday Masses.


**FIRST AID**  
It would be reassuring to have a 'First Aider' present at each Mass. If you have appropriate medical training, please let us know which Mass you attend and send your contact details to: [secretary@cathedral-abdn.org](mailto:secretary@cathedral-abdn.org) so we can compile a register.

**SVDP**

INCOME  
Polish Collection .....£32.50  
Box Collections.....£186.81  
Total.....£219.31  
Spend  
Christmas Cards.....£31.50  
To Food.....£164.62  
Total.....£196.12  
Many thanks to St Peters School for their very kind donation of food received this week it is greatly appreciated.  
We are so very grateful to all who help us in the very worthwhile work. May God Bless you all. Eve Murray




**HOUSEBOUND**  
Do you know anyone who is housebound and who would like to receive Holy Communion at home? If so, please contact Deacon Tony: [deacon@cathedral-abdn.org](mailto:deacon@cathedral-abdn.org) or phone him on 01224 640160.




## Cathedral

**CHILDREN'S CHOIR**  
A Children's Choir is being formed in St Mary's Cathedral to sing on the first Sunday of each month.  
If your child would be interested in being part of this choir, please pick up one of the letters which are available at the back of the church, or email [music@cathedral-abdn.org](mailto:music@cathedral-abdn.org)  
**Interviews will be held on November 15th**

**GOSPEL CHOIR**  
We are hoping to form a Gospel Choir. Experience not necessary, just enthusiasm!  
If you are interested you can get in touch at: [music@cathedral-abdn.org](mailto:music@cathedral-abdn.org)


**CATHEDRAL 200 CLUB**  
 £50 Monthly prize  
If you care to help maintain our cathedral building in safe and good order, why not subscribe £5 a month to the 200 club. Each month there are 4 prizes of £50.

 **PEW RENOVATION PROJECT**  
Why not sponsor the renovation of a pew?  
You may like to suggest the name of a saint to be put on a plaque attached to the pew. Various options available to sponsor the renovation of a pew, contact Robin Harding for details: Tel: 01224 640160, [manager@cathedral-abdn](mailto:manager@cathedral-abdn)

**INDONESIA EMERGENCY & APPEAL**  
Devastating earthquakes have struck parts of Indonesia. Communities are facing the loss of loved ones, homes and livelihoods.  
SCIAF is working closely with Caritas Indonesia to reach those affected. We will be responding to the needs of our sisters and brothers on the ground to provide emergency help they need, such as shelter, food and water.  
Find out more on: <https://www.sciaf.org.uk/>

**CATHEDRAL BOOK SHOP**  
**Diaries**  
2019 Diaries now in stock. Only £1.50  
**Must Have Book!**  
Archbishop Romero Homilies by Fr Tommy Greenan.  
Archbishop Romero has just been made a Saint.


**PARISH RECIPE BOOK FUNDRAISER**  
Know some delicious recipes? Want to share them with others? James is putting together a parish recipe book as a parish fundraiser. If you'd like to help or can supply a recipe, please contact him at [volunteers@cathedral-abdn.org](mailto:volunteers@cathedral-abdn.org) or hand in your recipe to the parish office.



## Deanery & Diocese

**OGILVIE CENTRE FORMATION EVENTS 2018**  
**YOUTH MINISTERS' WEEKEND RETREAT**  
**WOMEN'S RETREAT**  
Kilcoy Castle, Black Isle, 9-11 November 2018  
**MEN'S RETREAT**  
Kilcoy Castle, Black Isle, 23-25 November 2018  
Details from Sr. Anna Christi at: [ogilvie@rcda.scot](mailto:ogilvie@rcda.scot)

**40 DAYS FOR LIFE**  
A community-based campaign That takes a determined, peaceful Approach to the consequences of abortion. From 26th September to 4th November. Details at: <https://40daysforlife.com/local-campaigns/aberdeen/>



**ENCOUNTER CHRIST RETREATS FOR YOUNG SINGLE WOMEN**  
The Dominican Sisters invite Catholic women between the ages of 18 and 35 to a peaceful and refreshing weekend away with Christ. The retreat is held on the **weekends of 2-4 November and 22-24 March 2019** at Greyfriars Convent in Elgin.  
To sign up for one of these, contact Sr. Mary Gianna, OP at [op@rcda.scot](mailto:op@rcda.scot). £30 suggested donation.

**ABERDEEN THEOLOGICAL CIRCLE PUBLIC MEETING**  
Rev'd Professor John Swinton  
**"Christian Experience of Mental Health: Theological Reflections"**  
Monday, 5th November at 2.15pm  
Chaplaincy Centre, University of Aberdeen, 25 High Street, Old Aberdeen.

**FRIENDS OF BLAIRS**  
A Memorial Mass on 10th November in Holy Cross Croy, at 1.00 pm.  
This will be followed by our AGM. Tea and coffee will be available after Mass. If you are able to attend, please contact: James Cassidy on [celestine140@yahoo.co.uk](mailto:celestine140@yahoo.co.uk) or 00353 87 7585088 for catering purpose and further information.

**ONE DAY YOUTH MISSION**  
For all youth P7 upwards  
**Saturday 24th November, from 11am-5.15pm**  
**Catholic Church Inverurie.**  
Ends after 4.30pm Vigil Mass. No fee and lunch provided. Details: [youth.inveruriecatholicchurch@gmail.com](mailto:youth.inveruriecatholicchurch@gmail.com)

## Weekly Calendar

**Mother & Toddler Group**  
For parents with young children. All ages welcome. Main Hall from 13.30-15.30pm  
Contact: Yi-pei Chou  
0745 5479 479

**Credo Community Meeting**  
Polish charismatic prayer group. Main Hall at 7.30pm .  
Contact: Damian Gloc  
07939418178

**Magnificat Prayer Group**  
7.30pm in the Lower Hall after Mass.  
Contact: Stella Maria Onuoha  
0744 9951 415  
[nnesin@yahoo.com](mailto:nnesin@yahoo.com)

**St. Vincent de Paul**  
Feeding the homeless  
Contact: Evelyn Murray  
[murray.evelyn@sky.com](mailto:murray.evelyn@sky.com)

**Aberdeen Diocesan Choir**  
Upper Hall 7.30 - 9.00 pm, contact: Paula Silvester: [enquiriesADC@hotmail.com](mailto:enquiriesADC@hotmail.com)

**Light Exercise Class for all**  
Main Hall at 10:00am  
Contact: Laura Walker 0777 3021 851  
[laura@laurawalkerlimited.co.uk](mailto:laura@laurawalkerlimited.co.uk)

**Seniors Club**  
Speakers, fun & fellowship  
Main Hall at 2.00 pm every 2 weeks  
Contact: Jean 01569 765 799

**Healing of Memories**  
Prayer for the healing of painful memories of the past to bring peace to the present.  
Contact Deacon: [tony.schmitz@gmail.com](mailto:tony.schmitz@gmail.com)

**Legion of Mary**  
Lower Hall from 6pm to 7.30pm  
Contact: Nogie Osula  
[nogisula@yahoo.com](mailto:nogisula@yahoo.com)

**African Choir**  
For Africans and anyone else.  
Upper Hall from 6.00- 8.00pm  
Contact: Patricia Malikebu  
07891 714 549

**Cenacolo Prayer Group**  
Exposition & Rosary praying for healing of those with addictions  
Church after Mass  
Contact: Liam Sharkey  
07774 931 996

**Band Practice**  
Contemporary music for Sunday 6pm Mass  
Upper Hall after Mass  
Contact: [john.costaschuk@gmail.com](mailto:john.costaschuk@gmail.com)

**Cathedral Choir Rehearsal**  
7.00pm in Clergy House, contact Shelagh Noden: [music@cathedral-abdn.org](mailto:music@cathedral-abdn.org)

**Altar Servers' Practice**  
Church from 6.00 to 7.00pm  
Contact: Simon  
[bebbie\\_no1@hotmail.com](mailto:bebbie_no1@hotmail.com)

**Youth Groups**  
Edge (P7-S2) & Lifeteen (S3-S6)  
Hall 7.00pm to 9.00pm  
Contact: St. Andrew's Community

**Voluntary Church Cleaning**  
Church after morning rosary.

**K4J (Kids for Jesus)**  
For kids aged 4 to 10 years old. In Lower Hall from 12.30pm to 2.00pm

**African Choir** (As above)  
Upper Hall from 6.00 - 8.00pm

**Choir Rehearsal**  
Leading the music for 11:15 Sunday Mass  
Upper Hall 10.00am