

Entrance Antiphon

Of you my heart has spoken:
Seek his face.
It is your face, O Lord, that I seek;
Hide not your face from me.

Cf. Ps 26:8-9

First Reading

Genesis 22:1-2,9-13,15-18

God put Abraham to the test. 'Abraham, Abraham' he called. 'Here I am' he replied. 'Take your son,' God said 'your only child Isaac, whom you love, and go to the land of Moriah. There you shall offer him as a burnt offering, on a mountain I will point out to you.'

When they arrived at the place God had pointed out to him, Abraham built an altar there, and arranged the wood. Then he bound his son Isaac and put him on the altar on top of the wood. Abraham stretched out his hand and seized the knife to kill his son.

But the angel of the Lord called to him from heaven. 'Abraham, Abraham' he said. 'I am here' he replied. 'Do not raise your hand against the boy' the angel said. 'Do not harm him, for now I know you fear God. You have not refused me your son, your only son.' Then looking up, Abraham saw a ram caught by its horns in a bush. Abraham took the ram and offered it as a burnt-offering in place of his son.

The angel of the Lord called Abraham a second time from heaven. 'I swear by my own self - it is the Lord who speaks - because you have done this, because you have not refused me your son, your only son, I will shower blessings on you, I will make your descendants as many as the stars of heaven and the grains of sand on the seashore. Your descendants shall gain possession of the gates of their enemies. All the nations of the earth shall bless themselves by your descendants, as a reward for your obedience.'

Responsorial Psalm

Psalm 115(116): 10,15-19

I will walk in the presence of the Lord in the land of the living.

I trusted, even when I said:
'I am sorely afflicted,'
O precious in the eyes of the Lord
is the death of his faithful.

Your servant, Lord, your servant am I;
you have loosened my bonds.
A thanksgiving sacrifice I make;
I will call on the Lord's name.

My vows to the Lord I will fulfil
before all his people,
in the courts of the house of the Lord,
in your midst, O Jerusalem.

Second Reading

Romans 8: 31-34

With God on our side who can be against us? Since God did not spare his own Son, but gave him up to benefit us all, we may be

certain, after such a gift, that he will not refuse anything he can give. Could anyone accuse those that God has chosen? When God acquits, could anyone condemn? Could Christ Jesus? No! He not only died for us - he rose from the dead, and there at God's right hand he stands and pleads for us.

Gospel Acclamation

Mt 17:5

Glory and praise to you, O Christ!
From the bright cloud the Father's voice was heard:
'This is my Son, the Beloved. Listen to him.'
Glory and praise to you, O Christ!

Gospel

Mark 9: 2-10

Jesus took with him Peter and James and John and led them up a high mountain where they could be alone by themselves. There in their presence he was transfigured: his clothes became dazzlingly white, whiter than any earthly bleacher could make them. Elijah appeared to them with Moses; and they were talking with Jesus. Then Peter spoke to Jesus: 'Rabbi,' he said 'it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah.' He did not know what to say; they were so frightened. And a cloud came, covering them in shadow; and there came a voice from the cloud, 'This is my Son, the Beloved. Listen to him.' Then suddenly, when they looked round, they saw no one with them any more but only Jesus.

As they came down from the mountain he warned them to tell no one what they had seen, until after the Son of Man had risen from the dead. They observed the warning faithfully, though among themselves they discussed what 'rising from the dead' could mean.

Communion Antiphon

Mt 17:5

This is my beloved Son,
With whom I am well pleased;
Listen to him.

Prayer after Communion

As we receive these glorious mysteries,
We make thanksgiving to you, O Lord,
For allowing us while still on earth
To be partakers even now
Of the things of heaven.
Through Christ our Lord.

Sunday 11.15am Mass		
Entrance Hymn	361	Immortal, invisible
Offertory	Choir	I will walk in the presence of God
Communion	165	Be still, for the presence of the Lord
Marian antiphon	150	Ave Regina Caelorum
Recessional	269	From the depths I cry to thee

Sunday Bulletin

25th February 2018

Second Sunday of Lent

Year B



St. Mary's Cathedral

20 Huntly Street, Aberdeen AB10 1SH

www.stmaryscathedralaberdeen.org



MY HEALING EXPERIENCE THROUGH EUCHARISTIC ADORATION

Before April 2013, although I was a practising Catholic, I did not understand the need for Eucharistic Adoration. I felt that I could pray just the same in front of Our Lord present in the tabernacle. I had been in conflict with myself about this for some time and even challenged a friend, telling him there was no need for exposition of the Blessed Sacrament.

A few months after this, I went on a retreat during which I received a healing during Eucharistic Adoration! This was a healing in my left hand which had been numb and causing me a lot of pain for some years. I had been diagnosed with carpal tunnel syndrome and was likely to need surgery as my condition was getting worse.

As I was sitting in Eucharistic Adoration I suddenly felt a current, almost like an electric current, which passed from my head through my whole body. It continued for some time, stopped, and then it happened a second time. I did not understand why this was happening....

At the end of the time of Eucharistic Adoration I realised that the numbness in my left hand had disappeared! From that time on I started believing in Eucharistic Adoration! Since my healing I try to spend as much time as I can with Our Lord present in Eucharistic Adoration. There in the presence of Our Lord I find peace. I pray for many people who ask me for prayers and I often hear positive outcomes for the situations they asked me to pray for. The graces I receive there are not just for me but for many others....the power of Jesus is infinite! When I leave I know I have received grace, I have

surrendered my burdens to Jesus at the foot of the Cross and that gives me peace.



In our parish here at St. Mary's Cathedral there are over 100 adorers who commit themselves to spending an hour with Our Lord each week and countless others who come for a few minutes or even hours each day! Why do they come? Because there they find peace and healing; they are touched by the presence of God. This in itself is a proof that God is there! Here we have so great a treasure, so great an opportunity that we cannot afford to miss; for ourselves, for our families, for the world and to console the Heart of Jesus so often offended by our lack of return for His love!

"I have loved you with an everlasting love, and constant is my affection for you." (Jer 31:3)

The specific way that Jesus asks you to love Him in return is to spend one quiet hour with Him in Eucharistic Adoration. *"Could you not watch one hour with Me?"* (Mt 26:40)



Clergy & Religious

Administrator: Fr. Keith Herrera
01224 640 160
administrator@cathedral-abdn.org

Assistant Priest: Fr. Janusz Wilczynski SAC
(Polish Chaplain) curate1@cathedral-abdn.org

Assistant Priest: Fr Peter Amoah
abrampamensah@yahoo.com

Deacon: Deacon Tony Schmitz
deacon@cathedral-abdn.org

Holy Family Sisters of Needy: Sr Mary Joseph
01224 970 812 or 07863 065 345
holyfamilysrs@yahoo.co.uk

St Andrew Community: 07754 891 808
standrewscommunity@cathedral-abdn.org
Community Safeguarding: Charlene youth@StAndrewX.org

Staff & Administration

Telephone: 01224 640 160

Manager: Robin Harding
manager@cathedral-abdn.org

Secretary: Cowan Watson
secretary@cathedral-abdn.org

Finance/Gift Aid: John Costello
finance@cathedral-abdn.org

Cathedral Safeguarding: TBC
email: TBC
More information: Parish website or www.scottishcatholicsafeguarding.org.uk

Music Director: Shelagh Noden
music@cathedral-abdn.org

Shop Manager: Barbara Mearns
shop@cathedral-abdn.org

Bulletin: bulletin@cathedral-abdn.org
Notices to be in by Tuesday evening

Hall Bookings: halls@cathedral-abdn.org
Call between 9am & 1pm only
Terms & Conditions see Parish website

Liturgical Ministries

Head Sacristan: Jacqueline Armstrong
jacquelinearmstr@hotmail.com

Readers: Irma Allan 07714718708
Email: TBC

Euch. Ministers: John MacKinnon 07926 628 941
johnmackinnon2602@hotmail.co.uk

Stewards: Diego Mejias Morffe 07960 325 046
dmejiasmorffe@gmail.com

Altar Servers: George Brand 01224 630 159
geobra@msn.com

Flowers: Pixie Mathers 07763064146
pixie2704@sky.com

Notices

Adoration: Monday - Saturday 6.00am-12 midnight

Confessions: Tuesdays 6.00pm
Saturdays 10.30am & 6.00pm

Morning Prayer: Monday - Friday 6.30am

Rosary: Saturdays (Priests) 10.30am

Housebound? John MacKinnon (See above) for visits

Coeliacs: Speak to clergy before Mass

Sunday Coffees: Ann Ryans 07545 615 198
annryans@aol.com

Natural Family Planning (NFP) Margaret Hammond
nfp@cathedral-abdn.org

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 25th	Second Sunday of Lent	Mass	8.00am	Special Intentfor A Dieseru
		Polish Mass	9.30am	
		Solemn Mass	11.15am	Parish Intentions
		Polish Mass	3.00pm	Priests in Distress
6.00pm				
Mon 26th		Mass	7.00am	Bishop Hugh's Intentions
		Mass	12.30am	Brian Midgely
Tue 27th		Mass	7.00am	Special Intent for A Diesuru
		Mass	7.00pm	Dominic Diesuru's Intentions
Wed 28th		Mass	7.00am	Stella and Emmanuel's Intentions
		Mass	12.30pm	All Sick Priests
Thu 1st		Mass	7.00am	Callanan Family
		Mass	7.00pm	All priests in Aberdeen
Fri 2nd		Mass	7.00am	Intentions of Dominic Deiseru
		Mass	12.30pm	Intentions of Fr. Keith
Sat 3rd		Mass	10.00am	Nellie McKenna
		Vigil Mass	7.00pm	Special Intentions of Alex Dieseru
Sun 4th	Third Sunday of Lent	Mass	8.00am	Marlene Mitchell RIP
		Polish Mass	9.30am	
		Solemn Mass	11.15am	Parish Intentions
		Polish Mass	3.00pm	
6.00pm				Mrs M Joseph RIP

Notice: As from Ash Wednesday there will be Stations of the Cross before each Mass.

Mass Intention Envelopes

These are available at the back of the Church. Print details and post through Clergy House letter box. It may not always be possible for Mass to be celebrated on your preferred date or at the

Cathedral itself. Recommended offering for each Mass is £5. Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese.

OFFERTORY: £2,251.94 SCOTTISH CATHOLIC EDUCATION SERVICE: £658.08

Youth

LIFE TEEN

Both Lifeteen (S3-S6) and Edge (P7-S2) youth groups Meet on Fridays in the Lower and Main Halls, respectively. 7.00 - 9.00 pm.

EDGE

FAITH & FUN ON SATURDAYS

Youth group for P2's to P7's In the Main Hall from 12.30pm to 2.00pm. See website for registration and details

K4J KIDS 4 JESUS

Cathedral

EUCCHARISTIC ADORATION THE KING OF PEACE

Are you looking for a bit of peace? Come join Our Lord in Adoration.

Our Lord, in the Eucharist is exposed to the public in the Adoration Chapel Mondays-Saturdays from 7:30am-9pm.


If you would like to sign up please contact us: adoration@cathedral-abdn.org.

For details of times when we are especially in need of committed adorers please see the notice board.

SVDP

Polish Collections £45.16
Box Collections..... £203.19
TOTAL..... £248.35
Spend on Food.....£146.80

Many thanks to all who contribute to our work. It is really appreciated



INTERESTED IN LEARNING HOW TO RING CHURCH BELLS?

The team of ringers at St Machar Cathedral have kindly offered to have a "taster" session at St Machar's on Monday 19th March at 7:30pm.

This is specifically for those who would like to learn to ring. Please contact Robin or Cowan at the St Marys Cathedral office to confirm your Interest in attending.

HEALING SERVICE

The next Healing Service will be held on THURSDAY 1st.MARCH, after the 7pm Mass. All welcome.

CHINESE LUNCH SUNDAY 4th MARCH

To celebrate the Chinese New Year, a Chinese buffet is being organised on 4th March in the Main Hall after the 11.15am Sunday Mass. £10.00 per person, all funds will go towards new signage and replacing the existing old plywood doors with glass doors to make the Cathedral more visibly attractive. Tickets on sale at the back of the Cathedral.

St Mary's Deanery Station Masses 2018

Confession: 6pm-7pm Stations of the Cross: 6.30pm-7pm Mass: 7pm Refreshments: 8pm-9pm

DATE	LOCATION	MAIN CELEBRANT	PREACHER
2 March	St Francis of Assisi (231 Deeside Gardens)	Dean	Fr Gabor
9 March	Holy Family RC Church (117 Deveron Rd)	V. Dean	Fr Keith
16 March	Our Lady of Aberdeen RC Church (70 Cairngorm Cresc.)	Dean	Fr Patrick
23 March	Kings College Chapel (High Street)	Bishop	Fr George

Cathedral

Wednesdays at 7pm Main Hall Starts 18th April

explore life faith meaning

Register: www.stmaryscathedralaberdeen.org

Maintenance to Mission

Wednesdays 7.00 - 8.00pm Clergy House

Anyone who is interested in seeing the parish move from a maintenance parish to a mission orientated parish to join us in reading Fr James Mallon's book, 'Divine Renovation: Bringing your parish from Maintenance to Mission'

This week we are reading chapter 5.

BELOVED DISCIPLES GROUP

Following our exploration of the Gospel of Matthew, the Group is now embarking on a new course entitled "Let it be". This is an exploration of Mary past and present and will use DVD and written material.

Join us! It will be fun and rewarding. See the "Weekly Calendar" for time and place.

BILLING OVULATION METHOD - TEACHER TRAINING

Attendance at this Training Course will enable the participants to give information on the Billings Ovulation Method[®] to women and couples who wish to conceive as well as those wishing to use a natural method to avoid pregnancy. Recognition of the signs of fertility and infertility allows a

The course will run from 31st May to 3rd June 2018.

For more details please contact : Fertility Care Scotland, 196 Clyde Street, Glasgow G1 4JY
Telephone: 0141 221 0858
Email: info@fertilitycare.org.uk

MEN'S RETREAT

The Ogilvie Centre is excited to announce the Retreat for Men (ages 18 and up) which will be a yearly retreat run from Kilcoy Castle near Inverness.

The retreat begins around 5 pm Friday 25 May and will run till around 2:30 Sunday 27 May.

All men are invited, but as accommodation is limited to 14, registration is required, email: gilvie@rcda.scot

DIOCESAN VOCATIONS

Thinking about Diocesan Priesthood? Contact Fr Keith at 01224 340160 or administrator@cathedral-abdn.org

BAPTISM PREPARATION

The next baptism prep course will run on 17th March from 12 -3pm at cost of £10 Per person lunch provided, Please advise if you have any dietary requirements beforehand. All applications must be done online by March 10. Contact: baptisms@Cathedral-abdn.org


HOLY WEEK INVITATION

Young people (aged 18-20) are invited to celebrate the Liturgy at Pluscarden Abbey from Wednesday of Holy Week until Easter (March 28-April 3).

Participants will gain deeper insight into Christian life, monastic life and the Abbey. There is no charge for staying at the Abbey Guesthouses, however donations are welcomed.

Contact: Br Thomas Cole OSB
email: guestmaster@pluscardenabbey.org
Web: www.pluscardenabbey.org

Deanery & Diocese



PROTECT MOTHERS & CHILDREN 14/02/18-25/03/18

Prayer & Fasting: choose your day of fasting and sign up with the captain of the church.

Vigil location: Outside Maternity Hospital at the Royal Infirmary. **Vigil hours:** (8 am to 8 pm daily)

Local contact: see on roll-up banner in the church hall.
Contact: www.40daysforlife.com/aberdeen

WORLD DAY OF PRAYER on Friday 2nd MARCH

This year's theme: "All Gods Creation is very good".

Venues: Services at St Joseph's Woodside at 2.30pm and St Mark's Church Rosemount Viaduct at 12.15pm.

COMMUNITY CHAPLAINCY LISTENING VOLUNTEERS


The Community Chaplaincy Listening (CCL) service in NHS Grampian is recruiting volunteers to continue this service within GP Practices.

The CCL promotes spiritual wellbeing by offering a listening service in health and social care for patients, relatives and staff. Closing date 2nd March.

For more info, email: katrina.blackwood@nhs.net.

MASS FOR THE FEAST OF ST JOHN OGILVIE

Presided by Bishop Hugh. Homilist, Fr Domenico Zanre. St Thomas Church, Chapel St. Keith
Saturday 10th March at 2pm. Refreshments after.



SCIAF
Uniting to end poverty
Caritas Scotland

CARING FOR OUR COMMON HOME

As we all strive to be more environmentally aware, we should remember that we are helping our brothers and sisters across the world to live a life less affected by climate change and extreme weather. Thanks to your generosity, SCIAF will continue to help communities become resilient to environmental disasters.

Weekly Calendar

Mon	Mother & Toddler Group For parents with young children. All ages welcome. Main Hall from 13.30-15.30pm Contact: Yi-pei Chou 0745 5479 479
	Credo Community Meeting Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Damian Gloc 07939418178
Tue	Magnificat Prayer Group 7.30pm in the Lower Hall after Mass. Contact: Stella Maria Onuoha 0744 9951 415 nnesin@yahoo.com
	St. Vincent de Paul Feeding the homeless Contact: Evelyn Murray murray.evelyn@sky.com
	Rite of Christian Initiation of Adults (RCIA) Cathedral House at 7.30pm Contact: Fr Keith
Wed	Light Exercise Class for all Main Hall at 10:00am Contact: Laura Walker 0777 3 021 851 laura@laurawalkerlimited.co.uk
	Beloved Disciples Bible study and growing in faith Clergy House Dining Room after 12:30 Mass. Contact: Kevin O'Carroll kevin.ocarroll@live.com
	Seniors Club Speakers, fun & fellowship Main Hall at 2.00 pm every 2 weeks Contact: Jean on 01569 765 799
	Healing of Memories Prayer for the healing of painful memories of the past to bring peace to the present. Clergy House at 2.30pm (by appointment) Contact: Deacon Tony
	Legion of Mary Lower Hall from 6pm to 7.30pm Contact: Nogie Osula nogisula@yahoo.com
	African Choir For Africans and anyone else. Upper Hall from 6.00- 8.00pm Contact: Patricia Malikebu 07891 714 549
Thu	Cenacolo Prayer Group Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996
	Band Practice Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: John Costaschuk
	Cathedral Choir practice 7.00pm in the Ogilvie Centre
Fri	Altar Servers' Practice Church from 6.00 to 7.00pm Contact: Simon bebbie_no1@hotmail.com
	Youth Groups For teenagers between 11 & 17 Hall 7.00pm to 9.00pm Contact: St. Andrew's Community
Sat	Church Cleaning Church at 10.30am
	K4J (Kids for Jesus) Youth group for P2's to P7's in the Main Hall from 12.30pm to 2.00pm
	African Choir (As above) Upper Hall from 6.00 - 8.00pm
Sun	Choir Rehearsal Leading the music for 11:15 Sunday Mass Upper Hall 10.00am Contact: Shelagh Noden