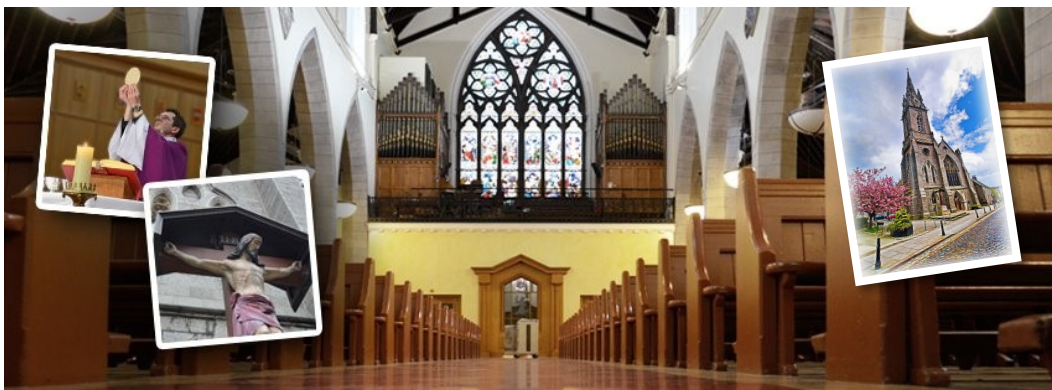


# St Mary's Cathedral Bulletin

7th November, 2020



***A Christ-centred community which is alive,  
forming and sending out joyful disciples of Jesus***

## Mass Times

**MONDAY** 7am, 12.30pm\*

**TUESDAY** 7am, 6pm\*

**WEDNESDAY** 7am, 12.30pm\*

**THURSDAY** 7am, 6pm\*

**FRIDAY** 7am, 12.30pm\*

**SATURDAY** 10am\*, 7pm (Sunday Vigil) 10.30am to 11.30pm

**SUNDAY** 8am, 9.30am (Polish),  
11am\*, 3pm (Polish), 6pm

## Confessions

5.30pm to 6.30pm



YouTube

\*These Masses are also streamed live from the Cathedral on our YouTube Channel [https://www.youtube.com/channel/LoC4BY5OfTa\\_4K1wZGMQSA](https://www.youtube.com/channel/LoC4BY5OfTa_4K1wZGMQSA)



## November—Month of Remembrance

November is the month when, by tradition, we pray for the eternal rest of our deceased relatives and friends. This year, in all our churches, we remember especially those who have died during the pandemic. We also pray for those who have lost someone they loved, for those who were unable to say goodbye, and for those who are suffering the pain of grief. We pray for confidence in the loving mercy of God, for faith in the Resurrection to new life, and for the hope of being reunited in God's kingdom.

## Registering for Vigil & Sunday Masses

Saturday Vigil: 7pm, 5pm (Spanish 2nd & last week of the month)

Sunday: 08:00, 11:00 & 18:00 hrs.

You can register for a Sunday Vigil or Sunday Mass on the parish homepage or here at:

<https://www.eventbrite.co.uk/o/st-marys-cathedral-30694616736>

(Registration closes 48 hours beforehand)

Names and contact details of all attendees will be taken at all Masses for contact tracing purposes. Please remember to arrive 20 minutes before Mass is due to begin. At 5 minutes before Mass reserved seats will be given to walk-ins.



## The Alpha Experience

### What is Alpha?

Alpha is not a course, it is an experience. Each Alpha experience brings together people from every walk of life. Alpha is sometimes in the church but can be found in many other venues in the community. No matter where Alpha takes place, the format is the same: during Coronavirus lockdown, we gather as a group, have a bit of fun getting to know each other, we listen to a talk and then we breakout into small groups for discussion.

During the Coronavirus lockdown Alpha is the same experience except for the meal, meeting instead via Zoom.

### Who is Alpha for?

Alpha is for everyone and anyone. The beauty of Alpha is that there are no questions that are too hostile, too silly or too simple. Alpha has no prerequisites whatsoever. We come together with one another as we are, free to be ourselves. Join us for our Alpha experiences!

**Wednesdays**  
**7.00pm to 8.30pm**  
**Online via Zoom**

To register: <http://www.stmaryscathedralaberdeen.org/groups/groups-2/non-liturgical/alpha/>

## The Book of Remembrance

During the month of November, you are invited to write in the names of loved ones who have died. They will be prayerfully remembered during the month.

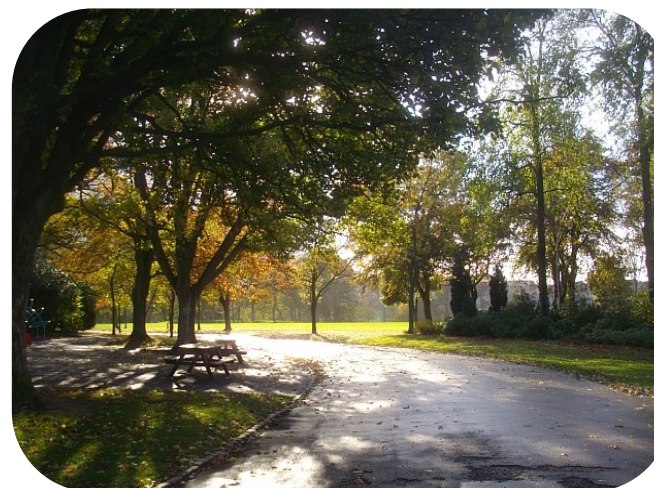


### NOVEMBER : MONTH OF THE HOLY SOULS

In the month of November we pray for the faithful who have gone before us. If you would like a loved one remembered at Mass you may write their names in our Book of Remembrance. Just click on the following link:

<http://www.stmaryscathedralaberdeen.org/about-us/book-remembrance/>

### A Walk in the Park *with Deacon Tony*



Chat about your challenges of life during the pandemic.

To arrange a walk in the park with Deacon Tony, please email him at:

[Deacon@cathedral-abdn.org](mailto:Deacon@cathedral-abdn.org)



**THE ROMAN CATHOLIC DIOCESE OF ABERDEEN IS LOOKING FOR TWO VOLUNTEERS, ONE FOR THE ROLE OF CHAIRMAN OF THE DIOCESAN SAFEGUARDING ADVISORY TEAM AND THE OTHER ROLE FOR THE DIOCESAN SAFEGUARDING ADVISOR.**

**Chairman of the Diocesan Safeguarding Advisory Team (Volunteer role)**

The Chairman is responsible to the Bishop of the Roman Catholic Diocese of Aberdeen and is responsible for day to day management of Safeguarding projects and procedures. As a volunteer, the role of Chairman requires an estimated commitment of 5 hours per week. During the weeks when the Diocesan audit is being collated considerably more hours are worked. Desirable skills include strong, successful strategic leadership skills and ability to foster a positive work environment. Excellent negotiating, facilitating and influencing skills. Ability to ensure decisions are taken and followed-up. You are required to join the Protection of Vulnerable Groups Scheme (PVG) to work with both children and protected adults

**Diocesan Safeguarding Advisor (Volunteer role)**

The role of Diocesan Safeguarding Advisor is to advise and assist the Bishop in meeting his Safeguarding responsibilities. This involves all matters that relate to the protection of children and vulnerable adults in their contact with Church personnel and/or Church property within the RC Diocese of Aberdeen. Key tasks are ensuring all allegations are reported to Bishop for referral to statutory authorities. The DSA convenes a Diocesan Risk Assessment Meeting which is minuted with decisions recorded and Bishop informed.

Key aspects of the role include:

To be accessible and offer support to survivors.

Updating the Diocesan website with relevant information for survivors and training initiatives in relation to the Safeguarding service.

Liaising with statutory agencies, such as Police, Health and Social work as well as partner agencies (National office, Bishops' Conference of Scotland, Health in Mind).

Ensuring compliance with the National Safeguarding Standards within all Diocesan groups.

Responding to issues emerging from the safeguarding Audit.

Excellent interpersonal and leadership skills, with confidence in dealing with a variety of people.

Working effectively with partner agencies and establish good working relationships.

A working understanding of GDPR and confidentiality.

Excellent verbal and written communications skills.

In addition, a flexible approach to work with occasional requirement to work outside normal hours. The role of Diocesan Safeguarding Advisor requires an estimated commitment of between 5-10 hours per week, spent on Safeguarding work, both at Diocesan and National level and various training initiatives/meetings online. More hours will be required during the submission of the Diocesan Safeguarding Audit.

A comprehensive Job description for both roles are available on request from Cathy Kelly, Bishop's PA, [bishopspa@rcd-abdn.org](mailto:bishopspa@rcd-abdn.org)

*Dear Lord,  
At this time of pandemic,  
Let us foster respect and solidarity with others, especially those  
who are weak or poor.  
Let us remain calm and ignore unsubstantiated rumours.  
Let us take advantage of living together as a family.  
Let us attend to moments of prayer.  
Let us cultivate responsibility, patience and hope.  
Amen. (Rodolfo Valenzuela Núñez, Bishop of La Verapaz, Guatemala)*



# CARDINAL WINNING LECTURE 2020

Presented by the Saint Andrew's Foundation for Catholic Teacher Education, University of Glasgow

## Thérèse of Lisieux: A Doctor of the Church for Our Times

DR REBEKAH LAMB

Lecturer in Theology and the Arts  
School of Divinity, University of St Andrews

Rebekah Lamb was an inaugural Étienne Gilson Post-Doctoral Fellow at the University of Toronto. She is a Trustee of the Christian Heritage Centre at Stonyhurst College and has lectured in Canada, the US, the UK and Italy. Her research, teaching and published works are concerned with the relationship between theology, culture, and the arts, from the Victorian period to the present, with special emphasis on aesthetics and human flourishing.



**NOVEMBER 28, 2020**  
**11AM - 12:15PM**  
**ONLINE (VIA ZOOM)**

Register here: <https://www.eventbrite.co.uk/e/cardinal-winning-lecture-2020-registration-126250563835>

The annual Cardinal Winning Lecture Mass will be celebrated before the event—at 10am by Fr Stephen Reilly—and this can be attended via YouTube.

## Organ Recital and Talk

Find out more about the history of our cathedral organ, and hear some wonderful music played by Ronald Leith, a graduate of the Royal College of Music, who has served as St Mary's Cathedral organist for 47 years.



Ronald will present a talk and recital on the organ on Friday November 20th at 7.30pm in the cathedral. Admission is free, with a voluntary retiring collection.

Numbers are limited, so if you are interested please email:

[music@cathedral-abdn.org](mailto:music@cathedral-abdn.org) with your name and contact details. We will advise you if you have a place.



Aberdonians, do you really know your city?  
Newcomers, get to know your new home town.  
St Mary's Cathedral Family Quiz Night via ZOOM  
Friday 27th November @ 6.30pm  
Entry £5 per family  
Information on how to enter coming soon.



# Scottish Interfaith Week

Keep on Connecting | 08-15 November



**Get your Catholic parish involved in Scottish Interfaith Week**

Visit [www.scottishinterfaithweek.org](http://www.scottishinterfaithweek.org)

Supported by the Scottish Catholic Bishops' Conference committee for interreligious dialogue

This year the **Scottish Interfaith Week** takes place from 8 to 15 November with the theme of Connecting. It is an opportunity for Catholics to follow the example set by our Holy Father Pope Francis to reach out to our neighbours and to recognise all people of faith as our brothers and sisters. Take the opportunity this week to pray that people of faith might work together for peace in our world and in our country. Interfaith Scotland's website [www.interfaithscotland.org](http://www.interfaithscotland.org) gives notification of the many interfaith events happening throughout the country this week if you would like to get involved. #sfw2020



## Zoom Evening Prayer

Take part in Evening Prayer of the Church each day at 5pm. You can participate by clicking here: <https://us04web.zoom.us/j/7464299387>  
Password: evening

The British Red Cross is here to help you through the coronavirus (COVID-19) pandemic.



We have recently launched our new Tackling Loneliness Digitally program funded by the Department of Digital, Culture, Media and Sport (DCMS). It particularly focusses on reaching young people, people from Black, Asian and minority ethnic (BAME) communities, the digitally excluded, refugees, asylum seekers and other vulnerable migrants, people at risk of loneliness due to health issues and older people.

All of our resources are free and can be found at [www.redcross.org.uk/loneliness-resources](http://www.redcross.org.uk/loneliness-resources). Anyone wishing to be notified when we have new resources live on our website can sign up for updates [here](#).

Our new Loneliness Digital Classroom is now open for booking, where participants can explore how it might feel to be lonely or isolated and learn skills to help others who may be experiencing loneliness. There are two sessions available, one for children and young people aged 10-19 and one for adults aged 19+.

Sessions can be booked by emailing [RedCrossEducation@redcross.org.uk](mailto:RedCrossEducation@redcross.org.uk) or calling 0344 412 2734.

## Diocesan Family Life Centre

Mondays and Thursdays from 10am to 4pm

Our Diocesan Family Life Centre is for people battling with family or other difficult life issues. During the lockdown, is still open to online or phone appointments. It is also now open for forty minutes physical appointment (applying social distancing rules) and the necessary PPE measures for people's safety.

The centre contact details remain: Sr. Mary Joseph Justin HFSN, St. Mary's Family Life Centre, 80 Rose Street, AB10 1UE. Email: [hfsnflifec@rcd-abdn.org](mailto:hfsnflifec@rcd-abdn.org), tel. 01224 631 319.

# Prayer Warriors

## Adoration Prayer Warriors

Adoration Prayer Warriors are those disciples who commit themselves to take up the weapon of prayer to do battle with the foe (CCC 2612 and 2846-2854), interceding before Jesus Christ, really present in the Blessed Sacrament, for the Church and the world. The more people who can commit to this the more renewal we shall experience in our own lives as well as the life of the Church and society.

I would like you to consider becoming an Adoration Prayer Warrior.

To commit to a weekly hour, contact Kelly or JulieAnna of the St. Andrew Community on:

Email: [adoration@cathedral-abdn.org](mailto:adoration@cathedral-abdn.org)

Mobile: 07754 891 808

If you:

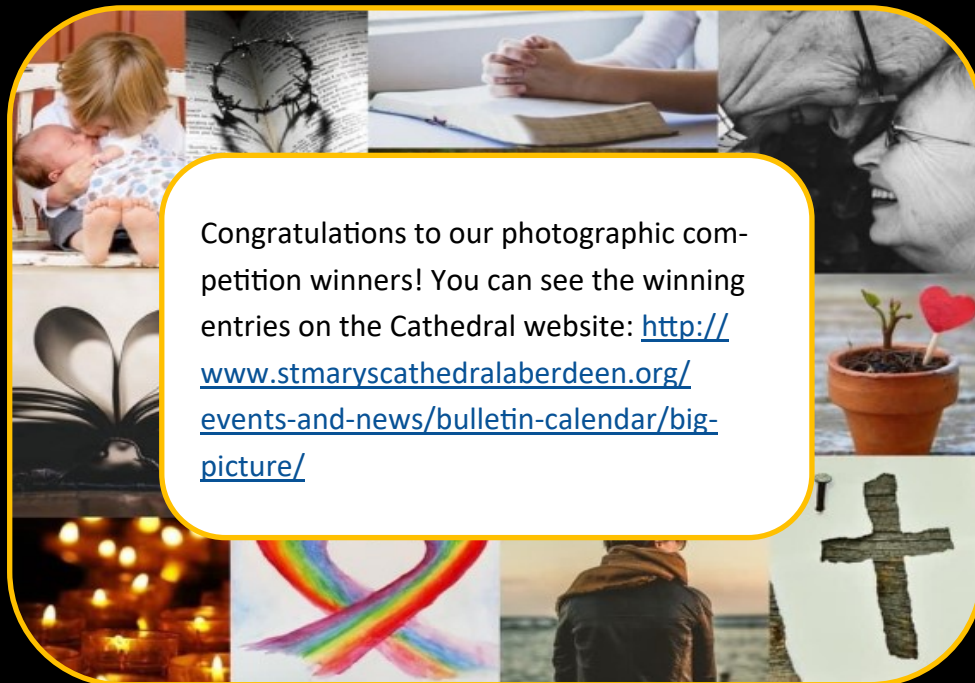
Can't make a weekly commitment due to circumstances but would like to sign-up for an individual hour, click: <https://stmarysadoration.youcanbook.me/>

My hope is to return to having 24/7 prayer in the Cathedral as soon as reasonably possible and to see our society transformed.

## Hospital Chaplaincy

Fr Emmet continues to provide Hospital Chaplaincy here in the city, though in a more limited way due to the present situation.

If you know of any Catholics in hospital in Aberdeen at this time can you please let Fr Emmet know at [ari@rcda.scot](mailto:ari@rcda.scot)



Congratulations to our photographic competition winners! You can see the winning entries on the Cathedral website: <http://www.stmaryscathedralaberdeen.org/events-and-news/bulletin-calendar/big-picture/>

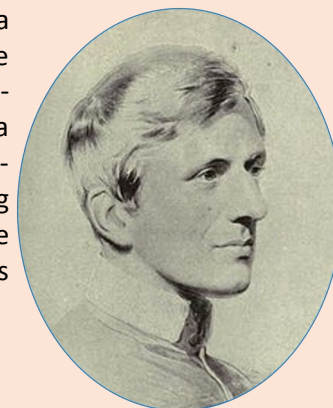
Free e-book for your computer/tablet/phone:

## *John Henry Newman on the Sense of God in the Conscience*

This e-book may be downloaded free of charge to a computer / tablet / phone. It offers an account of the thought of **Saint John Henry Newman** on a topic central to his life, namely the Conscience as involving a sense of God. There is also available with it an accompanying free ebook, which is an appendix containing several of Newman's early manuscript sermons. These e-books may be passed on for downloading to friends or acquaintances as desired.

*John Henry Newman on the Sense of God in the Conscience* may be accessed at this URL:

[www.catholic-thoughts.info/johnhenrynewman](http://www.catholic-thoughts.info/johnhenrynewman)







### Sound Desk Volunteers

We are looking for volunteers to help on the sound desk at the 11 am and 6pm Sunday Masses. Training will be given to ensure full confidence.

### Stewards

Helping us to keep Mass going. Contact Kenneth Edremoda:  
[koed2000@yahoo.com](mailto:koed2000@yahoo.com).

### Live-streaming Mass Team

Contact Sean Hayes at [seankhayes@me.com](mailto:seankhayes@me.com)

### Phase III Volunteers

Helping to keep the church open for private prayer. Contact Lauren Robertson: [LaurenMayRobertson\\_20@live.com](mailto:LaurenMayRobertson_20@live.com)



*Those of you who are not giving by standing order or who may just want to give an extra donation may do so whilst in the church without having to go to a cash machine first.*

*You will find a Tablet, a SumUp device & some Gift Aid forms on a table near the entrance. To donate:*

- 1. Enter the amount on the tablet*
- 2. If you wish a receipt, type in either your email or mobile number when prompted (otherwise press 'skip')*
- 3. Place your card next to the SumUp device till it beeps*
- 4. Fill in a Gift Aid form if you are not already Gift Aiding (UK tax payers only)*

*I hope this will make things easier for many of you.*

## My ChurchSuite

For those of you just joining us on the parish ChurchSuite database, here is a short video on it: <https://vimeo.com/279755036>



If you find that you do not have access to My ChurchSuite then please let us know and we shall sort that out for you.

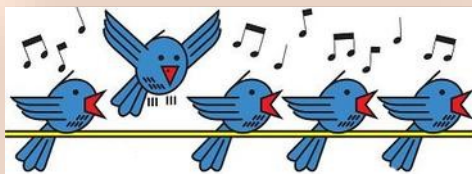


## Cathedral Shop

Shop is open on Saturdays from 11 am to 2 pm.

'Deo Gracias' face coverings now available.





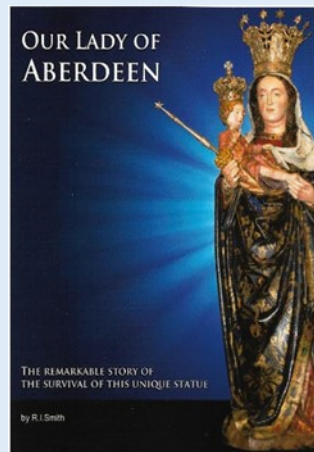
## Join the Choir

All our choirs are back in action. If you would like to join one of them – even if you are on the other side of the planet (it's all done via the internet now) please contact the relevant Choir Leader.

<b>11am Choir</b>	Shelagh Noden	Cathedral Director of Music <a href="mailto:music@cathedral-abdn.org">music@cathedral-abdn.org</a>
<b>Children's Choir</b>	John Horton	Assistant Director <a href="mailto:johnhorton@rcda.scot">johnhorton@rcda.scot</a>
<b>6pm Band</b>	John Costaschuk	<a href="mailto:costaschuk@googlemail.com">costaschuk@googlemail.com</a>
<b>Gospel Choir</b>	Charlotte Peppitt	<a href="mailto:cpeppitt@gmail.com">cpeppitt@gmail.com</a>

## Our Lady of Aberdeen

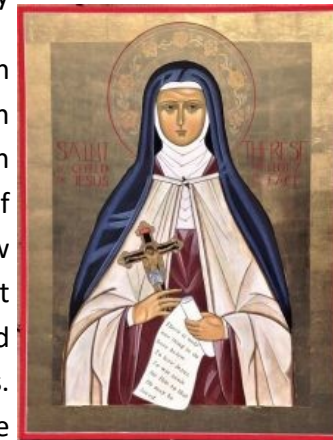
"Our Lady of Aberdeen" is the name (in Scotland) of the remarkable pre-reformation statue that was in Aberdeen Cathedral, but was smuggled to the Low Countries in 1625 when it became too dangerous to keep it. This book tells the story of the unique statue, its many adventures, its current situation in a church in Brussels, its incredible escape from destruction, and its on-going fascination. The book was originally published in 2013 but has been sold-out for many years - this is a reprint, produced in September 2020. It is A5 size, 68 pages plus cover, printed on high quality gloss paper, with 24 full colour illustrations. It is available from the shop at St. Mary's Cathedral, Aberdeen, for £8.00. It can be purchased for delivery by post worldwide from Ron Smith, for £8.00 plus £1.40 postage (UK). Contact [ronsmith9797@gmail.com](mailto:ronsmith9797@gmail.com) for details including payment methods and overseas postage costs.



## Icon of Saint Thérèse of the Child Jesus

It has been almost a year since Scotland was blessed by the visit of the relics of St Thérèse of the Child Jesus and of the Holy Face.

To mark this momentous moment for Scotland, an icon was commissioned of St Thérèse to be written by the St Andrew Community. Copies of this icon were produced so people might have a keepsake of the visit. The St Andrew Community have a few copies left and are offering them to parishioners at St Marys Cathedral. They are 13x11cm in size and people can offer a donation, say about ten pounds. They come packaged and make a lovely gift to give away too!



If you would like one of these prints, please contact Charlene (St Andrew Community) on 07754891808 (texting or calling); email: [icons@standrewx.org](mailto:icons@standrewx.org). First come first served!

## Work Opportunities

Hi folks,

One of our parishioners, Anthony Okolo, is offering work opportunities for those of you whose work may have been badly impacted by our present circumstances. He writes: "We have quite a few positions and shifts available so we will welcome as many applications as need to be considered. If we cannot find a role for them within our organisation, I will refer them to other Amazon contractors who have open positions too. Our prayer is for everyone to continue to remain safe and in the care of our Lord.

Remain blessed,  
Anthony Okolo"

For more information call Ivan on 07801746406, Anthony on 07984991965 or email: [info@mlptradingltd.co.uk](mailto:info@mlptradingltd.co.uk)

Yours in Christ,

Fr Keith





## CELEBRATE Together Zoom Evenings

Beginning on Monday 5th October, you can join your local Scottish team via Zoom to pray, worship and be inspired by a short presentation from a keynote speaker on each of the five CELEBRATE values:

Baptism in the Holy Spirit; Family; Unity; Formation; Mission

There will also be an opportunity for prayer ministry after the talk.

Each region will meet at the same time and day to hear the same talk on different Zoom calls.

You only need to register once and use the following link/log in details for all of the dates: <https://www.celebrateconference.org/back-to-basics-2020>

You can come to all or as many as you can.

Monday 5th October: **Baptism in the Holy Spirit:** The Power of a Personal Encounter

Monday 19th October: **Family:** How can we receive the kingdom of God more like a child?

Monday 2nd November: **Unity:** The Importance of Unity for the Kingdom

Monday 16th November: **Formation:** The Call to Ever Deeper Discipleship

Monday 30th November: **Mission:** Taking Risks and Stepping out in Faith to Pursue God's Mission

The sessions will run from 7:30pm - 8:30pm



## Calling all Foodies!

Do you enjoy cooking and trying new recipes from different cultures? Join us as we take a foodies tour around the world. At St. Mary's cathedral we would like to unite our diverse community by putting together a cookbook using your personal contributions. Please send us your very own favourite recipes, the ones you and your family enjoy the most, to:

[stmarysfundraising.ab@gmail.com](mailto:stmarysfundraising.ab@gmail.com) before 30<sup>th</sup> September. Entry is free.

The cookbook will be sold during the Christmas season with all funds raised used to support the Cathedral.

## Studio flat suitable for mature student available to rent

### Studio Flat For rent

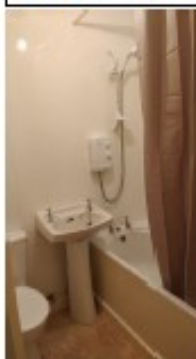
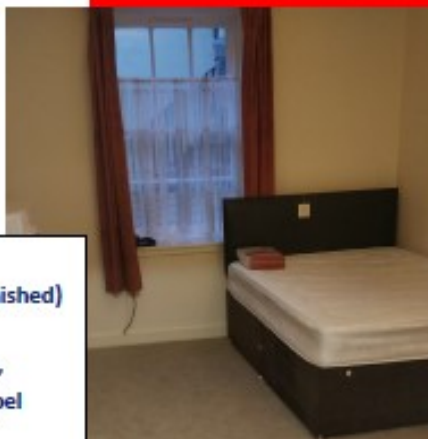
Small studio flat available for rent (incl. bedroom, kitchenette, shower, part furnished) £375/month (incl. rental and bills)

Very close to the city centre, bus station, shops, beach (off Justice Street at 1 Chapel Court)

If interested contact:

Georgina on 07711916437

[Georgina.lahaye@gmail.com](mailto:Georgina.lahaye@gmail.com)



St. Peter's RC Church  
3 Chapel Court, Justice Street, Aberdeen  
AB11 5HX

ST. MARY'S MONASTERY,  
KINNOULL

### COME AWAY WITH ME

BY YOURSELVES TO  
A QUIET PLACE  
AND REST

(MARK 6:31)

HATTON ROAD,  
KINNOULL,  
PERTH,  
PH2 7BP



We also offer a largely reduced daily rate until the end of the year.

For further information please contact: [info@kinnoullmonastery.co.uk](mailto:info@kinnoullmonastery.co.uk) or phone 01738 624075.

[info@kinnoullmonastery.co.uk](mailto:info@kinnoullmonastery.co.uk)

A considerable number of Sisters, Brothers and Priests have taken the opportunity these past weeks to come to Kinnoull for rest, renewal and/or retreat in this time of the Pandemic. Visits remain possible to 'places of hospitality' - and we are Covid secure and accredited.

We provide a warm, comfortable and supportive environment in which you can join the community for Mass and prayer, or simply follow your own timetable.

We very much look forward to welcoming you and affording you the opportunity to respond to the invitation of Jesus to "come away... and rest"

With our prayers,

*The Redemptorist Community*

