

Entrance Antiphon

Cf. Ps 47:10-11

Your merciful love, O God,
We have received in the midst
Of your temple.
Your praise, O God, like your name,
Reaches the ends of the earth;
Your right hand is filled
With saving justice

First reading

Ezekiel 2:2-5

The spirit came into me and made me stand up, and I heard the Lord speaking to me. He said, 'Son of man, I am sending you to the Israelites, to the rebels who have turned against me. Till now they and their ancestors have been in revolt against me. The sons are defiant and obstinate; I am sending you to them, to say, "The Lord says this." Whether they listen or not, this set of rebels shall know there is a prophet among them.'

Responsorial Psalm

Psalm 122(123)

Our eyes are on the Lord till he shows us his mercy.

To you have I lifted up my eyes,
you who dwell in the heavens;
my eyes, like the eyes of slaves
on the hand of their lords. **R**

Like the eyes of a servant
on the hand of her mistress,
so our eyes are on the Lord our God
till he show us his mercy. **R**

Have mercy on us, Lord, have mercy.
We are filled with contempt.
Indeed all too full is our soul
with the scorn of the rich,
with the proud man's disdain. **R**

Second reading

2 Corinthians 12:7-10

In view of the extraordinary nature of these revelations, to stop me from getting too proud I was given a thorn in the flesh, an angel of Satan to beat me and stop me from getting too proud! About this thing, I have pleaded with the Lord three times for it to leave me, but he has said, 'My grace is enough for you: my power is at its best in weakness.' So I shall be very happy to make my weaknesses my special boast so that the power of Christ may stay over me, and that is why I am quite content with my weaknesses, and with insults, hardships, persecutions, and the agonies I go through for Christ's sake. For it is when I am weak that I am strong.

Gospel Acclamation

Jn1:14,12

Alleluia, alleluia!
The Word was made flesh and lived among us:
to all who did accept him
he gave power to become children of God.
Alleluia!

Gospel

Mark 6:1-6

Jesus went to his home town and his disciples accompanied him. With the coming of the sabbath he began teaching in the synagogue and most of them were astonished when they heard him. They said, 'Where did the man get all this? What is this wisdom that has been granted him, and these miracles that are worked through him? This is the carpenter, surely, the son of Mary, the brother of James and Joset and Jude and Simon? His sisters, too, are they not here with us?' And they would not accept him. And Jesus said to them, 'A prophet is only despised in his own country, among his own relations and in his own house'; and he could work no miracle there, though he cured a few sick people by laying his hands on them. He was amazed at their lack of faith.

Communion Antiphon

Ps 33:9

Taste and see that the Lord is good;
Blessed the man who seeks refuge in him.

Prayer after Communion

Grant, we pray, O Lord,
that, having been replenished
by such great gifts,
we may gain the prize of salvation
and never cease to praise you.
Through Christ our Lord.

Sunday 11.15am Mass		
Entrance Hymn	576	Praise, my soul, the king of heaven
Offertory	168	Be thou my vision
Communion	500	O bread of heaven
Marian Antiphon	597	Salve, Regina
Recessional	194	Christ be beside me



St Mary's Cathedral



20 Huntly Street, Aberdeen AB10 1SH www.stmaryscathedralaberdeen.org

SEA SUNDAY - APOSTLESHIP OF THE SEA

PRAY FOR SEAFARERS

Seafarers are extremely important to this country. We don't usually see it but 95% of everything we use, comes in by ship. That's the food we eat, the clothes we wear, our phones, our cars, just about everything.

Andrew Campbell a volunteer ship visitor for the Apostleship of the Sea (AoS) in the Port of Bristol, Avonmouth shared this story of his ministry:

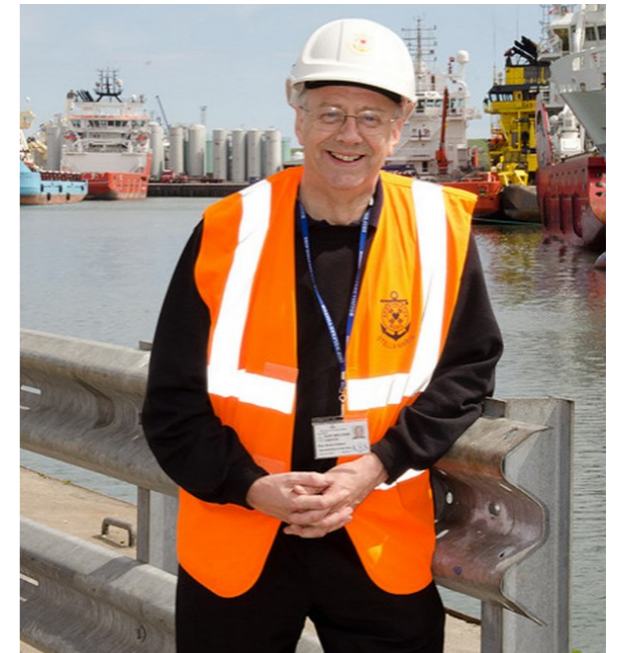
'Just before Christmas I was visiting a ship in Avonmouth. I talked to the Filipino captain and some of the crew. I handed over some shoe boxes, filled with donated gifts that I had brought with me. They stored them away, ready to give out on Christmas day when they would be at sea.

I was struck by how poor and needy the crew seemed and how grateful they were for those boxes. The ship sailed for Seville on 23rd December.

About three weeks later the AoS port chaplain received a phone call from the Filipino captain. His ship was drifting in the Atlantic off the coast of Spain. They had cut the engines to save fuel. They were short of food and water and had basically been abandoned by the ship's owners who had gone bankrupt. They had not been paid for more than three months. The captain had kept the chaplain's telephone number and had rung him to see if he could help.'

The Apostleship of the Sea in Great Britain contacted their colleagues in Spain who liaised with the Spanish Authorities who allowed the ship to dock and the ship's crew were looked after. Eventually they were all repatriated to the Philippines.'

This is NOT an unusual story. The Apostleship of the Sea is in all major ports, not only here in Aberdeen but throughout the world. AoS is often called on to give similar help to seafarers.



Port Chaplain, Doug Duncan who was ordained to the Permanent Diaconate on Friday 6th July

A seafarers' pay is very low by UK standards. They work shifts, seven days a week for up to nine months. They send most of their money home to support their families. They do get rest time but can you imagine working every day, without a weekend or day off for nine months? And all this time they are far away from their family and loved ones.

A ship visit from the AoS means seeing a friendly face, someone to talk to. The AoS provides seafarers with help to get ashore to the local shops, get warm clothing in winter, faith resources to sustain their faith and, when possible, help to get them to Mass.

Closer to Home: In 216/2017, Doug Duncan, at that time Aberdeen port Chaplain for Catholic charity AoS, organised extensive support for the stranded crew of the MV Malaviya Seven who had to spend many months in Aberdeen.



Clergy & Religious

Administrator: Fr. Keith Herrera
01224 640 160
administrator@cathedral-abdn.org

Assistant Priest: Fr. Janusz Wilczynski SAC (Polish Chaplain)
curate1@cathedral-abdn.org

Assistant Priest: Fr Peter Amoah
curate2@cathedral-abdn.org

Deacon: Deacon Tony Schmitz
deacon@cathedral-abdn.org

Holy Family Sisters of Needy: Sr Mary Chidalu
01224 970 812 or 07863 065 345
hfsn@rcd-abdn.org

St Andrew Community: 07754 891 808
standrewscommunity@cathedral-abdn.org

Staff & Administration

Office Hours: 9 am to 4 pm Monday to Friday

Telephone: 01224 640 160

Manager: Robin Harding
manager@cathedral-abdn.org

Secretary: Cowan Watson
secretary@cathedral-abdn.org

Finance/Gift Aid: John Costello
finance@cathedral-abdn.org

Cathedral Safeguarding: TBC
email: TBC
More information: Parish website or www.scottishcatholicsafeguarding.org.uk

Music Director: Shelagh Noden
music@cathedral-abdn.org

Shop Manager: Barbara Mearns
shop@cathedral-abdn.org

Bulletin: bulletin@cathedral-abdn.org
Notices to be in by Tuesday evening

Hall Bookings: halls@cathedral-abdn.org
Call between 9am & 1pm only
Terms & Conditions see Parish website

Liturgical Ministries

Head Sacristan: Jacqueline Armstrong
jacquelinearmstr@hotmail.com

Readers: Irma Allan 07714718708
irmalalan@gmail.com

Euch. Ministers: John MacKinnon 07926 628 941
johnmackinnon2602@hotmail.co.uk

Children's Catechesis: Ruth Paterson 01224 593069
ruthpaterson@hotmail.com

Stewards: Diego Mejias Morffe 07960 325 046
dmejiasmorffe@gmail.com

Altar Servers: George Brand 01224 630 159
geobra@msn.com

Flowers: Pixie Mather 07763064146
pixie2704@sky.com

Notices

Adoration: Monday - Saturday 6.00am-12 midnight

Confessions: Tuesdays 6.00pm
Saturdays 10.30am & 6.00pm

Morning Prayer: Monday - Friday 6.30am

Rosary: Saturdays 10.30am (for Priests)

Housebound? Coeliacs: John MacKinnon (See above) for visits
Speak to clergy before Mass

Sunday Coffees: Ann Ryans 07545 615 198
annryans@aol.com

Natural Family Planning (NFP): Margaret Hammond
nfp@cathedral-abdn.org

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 8th	14th Sunday in Ordinary Time	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Intent of Obinna, Amaka & Family Parish Intentions Intent of Joy Mouneke & Family
Mon 9th	Solemnity of Our Lady of Aberdeen	Mass Mass Evening Prayer Mass	7.00am 12:30pm 6.30pm 7.00pm	Meg Oby Thanksgiving Mr & Mrs Dean - Thanksgiving
Tue 10th		Mass Mass	7.00am 7:00pm	Intentions of Ngozi Amuh & Family
Wed 11th	Feast of St Benedict	Mass Mass	7.00am 12.30pm	Intent of Jeanne, Joel & Family Barry Woodfine RIP
Thu 12th		Mass Mass	7.00am 7.00pm	Benefactors of the Suppl Aid
Fri 13th		Mass Mass Mass	7.00am 12.30pm 6.00pm	Special Intentions of Mr Dean Joseph Walsh RIP
Sat 14th		Mass Vigil Mass	10.00am 7.00pm	Fr. Peter MacDonald RIP Intentions of Mrs Ese Dieseru
Sun 15th	15th Sunday in Ordinary Time	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Intentions of Mrs Ese Dieseru Parish Intentions Cath Grant RIP


Mass Intention Envelopes

These are available at the back of the Church. Print details and post through Clergy House letter box. It may not always be possible for Mass to be celebrated on your preferred date or at the Cathedral itself. Recommended offering for each Mass is £5. Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese.

OFFERTORY: £2,997.69

Cathedral

GIFT AID



Gift Aid allows our church to claim back the basic rate tax that you have already paid. So you pay **less tax!**

We can claim back 25p for every £1 donated, boosting the value of the donation by a quarter. This means if you donate £10 the government gives the Church an extra £2.50. If you donate £100 we get an extra £25 or £1,000 an extra £250 **at no cost to you!**

So, if you're a UK tax payer please complete and sign a Gift Aid Form. Completed forms can be given to the stewards or handed in to the Clergy House.

SVDP

INCOME

Polish Collection £25.81
Donation.....£10.00
Box Collections..... £153.95

Spend£118.23

In these difficult times our members are more than grateful to all our benefactors for their continued support over the past year.

CATHEDRAL SAFEGUARDING Volunteer Wanted

A Safeguarding Co-ordinator is required to assist Fr. Keith with safeguarding in the Cathedral Parish.
Contact: administrator@cathedral-abdn.org

CATHEDRAL CHOIR

There are no Thursday evening practices at the moment as the choir is on holiday. Practices will resume in August.


CATHEDRAL OFFICE

Please note that The office will be closed for the public holiday on Monday 9th July.

LEGIONARIES FOR MARY

A message from Marianne Burns:
"Please pray for all Legionaries for Mary who give a week of their summer holiday offering to share their Catholic faith in Britain and beyond. Hearts can only be touched with YOUR prayer".

Cathedral



Cathedral Bookshop

ADORATION - TIMES

If you are able to commit weekly to an hour of Eucharistic Adoration, the following hours all need a faithful adoror:

Monday: 11.00am/1.00pm.

Tuesday: 8.00am/10.00am/3.00pm/4.00pm/11.00pm

Wednesday: 9.00am/3.00pm


Thursday: 8.00am/9.00am/12.00pm/1.00pm/5.00pm

Friday: 11.00am/1.00pm/2.00pm/3.00pm/5.00pm

Saturday: 2.00pm/8.00pm/9.00pm

To register email: adoration@cathedral-abdn.org

Note: If you have a changing work schedule sign-up online each week on:
<https://stmarysadoration.youcanbook.me>



VOLUNTEERS REQUIRED

A selection of days and times available.. To apply please pick up an application form from the shop or from Barbara Mearns, Shop Manager.

SOLEMNITY OF OUR LADY OF ABERDEEN

Monday 9th July is the Solemnity of our Lady of Aberdeen. There will be an additional Solemn Mass at 7pm preceded by Solemn Evening Prayer at 6.30pm.


FR PETER MACDONALD

We were greatly saddened to learn of the death of Fr Peter Macdonald, Parish Priest of Our Lady and St John the Baptist, Ellon. His funeral took place last week.

ORDINATIONS ON 6th JULY—CONGRATULATIONS TO:

Douglas Duncan who was ordained to the Permanent Diaconate, and to **Deacons Emmet O'Dowd** and **Rafal Szveda** who were ordained to the Priesthood. We wish them every success in their future vocations.

Please pray for them.



Deanery & Diocese

HEALING SERVICE

St. Columbas, Bridge of Don
Thursday 12th July after the 7.00pm Mass.
Rosary, Praise and prayer.

A CHANCE FOR YOUNG CATHOLIC MEN TO EXPERIENCE MONASTIC LIFE AT PLUSCARDEN ABBEY

The Benedictine monks of Pluscarden Abbey offer a special opportunity to see what monastic life is about, during the **weekend Friday 3rd to Monday 6th August 2018**. The invitation is for single young men, Catholics who practise their faith, aged 18-35. There will be no charge for the weekend. Anyone interested contact Fr Benedict Hardy OSB:
novicemaster@pluscardenabbey.org
Pluscarden Abbey, Elgin, IV30 8UA.
01343 890257 www.pluscardenabbey.org

CATHOLIC RELIGIOUS EDUCATION

From August Aberdeen City Council will be continuing its programme of Catholic Religious Education for pupils of its secondary schools.
Classes will begin the week of: Monday August 27th at Harlaw Academy.
Register at: <http://www.abernet.org/rcrc> or call Mr Charlie Love on 01224 522287.

BISHOP'S CONFERENCE OF SCOTLAND NATIONAL PILGRIMAGE 2018

To the Shrine of Our Lady of Lourdes at Carfin In honour of St John Ogilvie
3.00 pm on SUNDAY 2ND SEPTEMBER 2018
Principal Celebrant Archbishop Philip Tartaglia
Homilist Bishop Stephen Robson

YOUTH LOURDES PILGRIMAGE 6-11th October 2018

This is for young Catholics aged 15-25 who wish to take their faith to the next level. Organised by the Dominican Sisters of St Cecilia.
Cost £300. Details from the Sisters:
Contact: op@rcda.scot

HOUSING FOR OLDER, AND DISABLED PEOPLE & DISABLED VETERANS IN ABERDEEN

This summer, **Housing Options Scotland** will be holding free drop in events all over the country to give housing information, advice and support to disabled people, older people, disabled veterans and those who support them.
Housing Options Scotland and DPHS will be in Aberdeen at Sheddocksley Baptist Church on Tuesday 24th July between 10.00am and 3.00pm.
To find out more and book a free place visit:
<https://bit.ly/2k8rqUY>
To find out more about Housing Options Scotland visit website: www.housingoptionsscotland.org.uk or call on: 0131 247 1400.

SIMPLYHEALTH GREAT ABERDEEN RUN, SUNDAY 26TH AUGUST 2018

The Simplyhealth Great Aberdeen Run will take place on Sunday 26th August. It includes the half marathon, 10k run and family run.
All races on the day start and finish on Union Street, with the event village to support the occasion located on Union Terrace. Many roads within the city centre and surrounding areas will be affected by the event, and road closures and traffic diversions will be in operation on the day like those enforced during the 2017 event. A map of the run will be posted on the Cathedral website closer to the date.
For more information, contact Stephen O'Neill on: 01224 522 916 or stoneill@aberdeencity.gov.uk

Weekly Calendar	
Mon	Mother & Toddler Group For parents with young children. All ages welcome. Main Hall from 13.30-15.30pm Contact: Yi-pei Chou 0745 5479 479
	Credo Community Meeting Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Damian Gloc 07939418178
Tue	Magnificat Prayer Group 7.30pm in the Lower Hall after Mass. Contact: Stella Maria Onuoha 0744 9951 415 nnesin@yahoo.com
	St. Vincent de Paul Feeding the homeless Contact: Evelyn Murray murray.evelyn@sky.com
	Maintenance to Mission Discussing parish transformation Cathedral House at 7.30pm Contact: Fr Keith
Wed	Light Exercise Class for all Main Hall at 10:00am Contact: Laura Walker 0777 3 021 851 laura@laurawalkerlimited.co.uk
	Seniors Club Speakers, fun & fellowship Main Hall at 2.00 pm every 2 weeks Contact: Jean 01569 765 799
	Healing of Memories Prayer for the healing of painful memories of the past to bring peace to the present. Contact Deacon: tony.schmitz@gmail.com
	Legion of Mary Lower Hall from 6pm to 7.30pm Contact: Nogie Osula nogisula@yahoo.com
	African Choir For Africans and anyone else. Upper Hall from 6.00- 8.00pm Contact: Patricia Malikebu 07891 714 549
Thu	Cenacolo Prayer Group Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996
	Band Practice Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: john.costaschuk@gmail.com
	Cathedral Choir Rehearsal for the 11:15 Sunday Mass 7.00pm in Ogilvie Centre, contact Shelagh Noden: music@cathedral-abdn.org
Fri	Altar Servers' Practice Church from 6.00 to 7.00pm Contact: Simon begbie_no1@hotmail.com
	Youth Groups Edge (P7-S2) & Lifeteen (S3-S6) Hall 7.00pm to 9.00pm Contact: St. Andrew's Community
Sat	Voluntary Church Cleaning Church after morning rosary. K4J (Kids for Jesus) Youth group for P2's to P7's. Main Hall from 12.30pm to 2.00pm
	African Choir (As above) Upper Hall from 6.00 - 8.00pm
Sun	Choir Rehearsal Leading the music for 11:15 Sunday Mass Upper Hall 10.00am