

**Entrance Antiphon**

**Jer 29: 11,12,14**

The Lord said: I think thoughts of peace and not of affliction. You call upon me, and I will answer you, and I will lead back your captives from every place.

**First reading**

**Daniel 12:1-3**

At that time Michael will stand up, the great prince who mounts guard over your people. There is going to be a time of great distress, unparalleled since nations first came into existence. When that time comes, your own people will be spared, all those whose names are found written in the Book. Of those who lie sleeping in the dust of the earth many will awake, some to everlasting life, some to shame and everlasting disgrace. The learned will shine as brightly as the vault of heaven, and those who have instructed many in virtue, as bright as stars for all eternity.'

**Responsorial Psalm**

**Psalms 15(16):5,8-11**

*Preserve me, God, I take refuge in you.*

O Lord, it is you who are my portion and cup; it is you yourself who are my prize. I keep the Lord ever in my sight: since he is at my right hand, I shall stand firm. **R**

And so my heart rejoices, my soul is glad; even my body shall rest in safety. For you will not leave my soul among the dead, nor let your beloved know decay. **R**

You will show me the path of life, the fullness of joy in your presence, at your right hand happiness for ever. **R**

**Second reading**

**Hebrews 10:11-14,18**

All the priests stand at their duties every day, offering over and over again the same sacrifices which are quite incapable of taking sins away. He, on the other hand, has offered one single sacrifice for sins, and then taken his place forever, at the right hand of God, where he is now waiting until his enemies are made into a footstool for him. By virtue of that one single offering, he has achieved the eternal perfection of all whom he is sanctifying. When all sins have been forgiven, there can be no more sin offerings.

**Gospel Acclamation**

**Mt24:42 44**

Alleluia, alleluia! Stay awake and stand ready, because you do not know the hour when the Son of Man is coming. Alleluia!

**Gospel**

**Mark 13:24-32**

Jesus said to his disciples: 'In those days, after the time of distress, the sun will be darkened, the moon will lose its brightness, the stars will come falling from heaven and the powers in the heavens will be shaken. And then they will see the Son of Man coming in the clouds with great power and glory; then too he will send the angels to gather his chosen from the four winds, from the ends of the world to the ends of heaven.

'Take the fig tree as a parable: as soon as its twigs grow supple and its leaves come out, you know that summer is near. So with you when you see these things happening: know that he is near, at the very gates. I tell you solemnly, before this generation has passed away all these things will have taken place. Heaven and earth will pass away, but my words will not pass away.

'But as for that day or hour, nobody knows it, neither the angels of heaven, nor the Son; no one but the Father.'

**Communion Antiphon**

**Ps 72:28**

To be near God is my happiness, To place my hope in God the Lord.

**Prayer after Communion**

We have partaken of the gifts of this sacred mystery, humbly imploring, O Lord, that what your Son commanded us to do in memory of him may bring us growth in charity. Through Christ our Lord.

Sunday 11.15am Mass		
Entrance Hymn	333	Holy God, we praise thy name
Offertory	choir	My eyes for beauty pine
Communion	897	897 Wait for the Lord
Marian Antiphon	597	597 Salve, Regina
Recessional	168	168 Be thou my vision



# St Mary's Cathedral

20 Huntly Street, Aberdeen AB10 1SH [www.stmaryscathedralaberdeen.org](http://www.stmaryscathedralaberdeen.org)



## Good News Weekly

### Chinese girl who inspired Fulton Sheen's Holy Hour

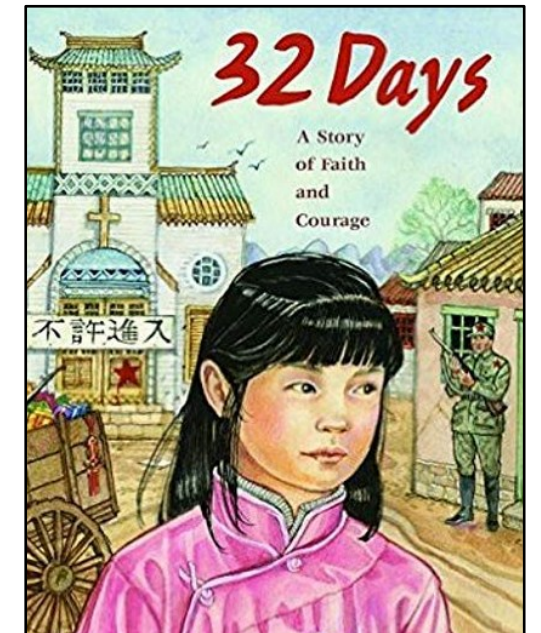
A couple of months before his death Bishop Fulton J. Sheen was interviewed on national television. One of the questions was this: "Bishop Sheen, you have inspired millions of people all over the world. Who inspired you? Was it a Pope?" Bishop Sheen responded that it was not a Pope, a cardinal, another bishop, or even a priest or a nun. It was a little Chinese girl of eleven years of age.

During China's 1911 Republican Revolution or the earlier Boxer Rebellion (1899-1901), anti-Catholic militants seized a Catholic parish. They imprisoned the priest in his own rectory near the Church. After they locked him up in his own house, the priest was horrified to look out of his window and see the Communists proceed into the Church, where they went into the sanctuary and broke into the tabernacle. In an act of hateful desecration, they took the ciborium and threw it on the floor with all of the Sacred Hosts spilling out. The priest knew exactly the number of Hosts in the ciborium; thirty-two.

When the Communists left, they either did not notice, or didn't pay any attention to a small girl praying in the back of the Church who saw everything that had happened. That night the little girl came back.

Slipping past the guard at the priest's house, she went inside the Church. There she made a holy hour of prayer, an act of love to make up for the act of hatred. After her holy hour she went into the sanctuary, knelt down, bent over and with her tongue received Jesus in Holy Communion, since (at that time) it was not permissible for laymen to touch the Sacred Host with their hands.

The little girl continued to come back each night to make her holy hour and receive Jesus in Holy Communion on her tongue. On the thirty-second night, after she had consumed the last and thirty-second host, she accidentally made a noise and woke the guard who was sleeping. He ran after her, caught her, and beat her to death with the butt of his rifle. This act of heroic martyrdom was witnessed by the priest as he watched grief-stricken from his bedroom window.



When Bishop Sheen heard the story he was so inspired that he promised God he would make a holy hour before the Blessed Sacrament every day for the rest of his life. And he was not only faithful to his promise, but he took every opportunity to spread this devotion of the daily holy hour before the Blessed Sacrament.

We don't know the name of the eleven-year-old Chinese girl of our story, but her heroic act of going to the church every night at the risk of her life to adore and receive Jesus in the Blessed Sacrament serves as a powerful testimony to Catholics today who often show indifference toward the Real Presence of Our Lord Jesus Christ in the Holy Eucharist. The little girl showed the Bishop what true courage and zeal really is; how faith could overcome all fear, how true love for Jesus in the Eucharist must transcend life itself. What is hidden in the Sacred Host is the glory of His love. The sun in the sky is symbolic of the Son of God in the Blessed Sacrament. This is why most monstrances are in the form of a sunburst. As the sun is the natural source of all energy, the Blessed Sacrament is the supernatural source of all grace and love.' ([www.tdlm.org](http://www.tdlm.org))





### Clergy & Religious

**Administrator:** Fr. Keith Herrera  
01224 640 160  
[administrator@cathedral-abdn.org](mailto:administrator@cathedral-abdn.org)

**Assistant Priest:** Fr Emmet O'Dowd  
[curate2@cathedral-abdn.org](mailto:curate2@cathedral-abdn.org)

**Deacon:** Deacon Tony Schmitz  
[deacon@cathedral-abdn.org](mailto:deacon@cathedral-abdn.org)

**Holy Family Sisters of Needy:** Sr Mary Chidalu  
01224 970 812 or 07741 54 00 39  
[hfsn@rcd-abdn.org](mailto:hfsn@rcd-abdn.org)

**St Andrew Community:** 07754 891 808  
[standrewscommunity@cathedral-abdn.org](mailto:standrewscommunity@cathedral-abdn.org)

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### Staff & Administration

**Office Hours:** 9 am to 4 pm Monday to Friday  
**Telephone:** 01224 640 160  
**Manager:** Robin Harding  
[manager@cathedral-abdn.org](mailto:manager@cathedral-abdn.org)

**Secretary:** Cowan Watson  
[secretary@cathedral-abdn.org](mailto:secretary@cathedral-abdn.org)

**Finance:** Paul Webster  
[finance@cathedral-abdn.org](mailto:finance@cathedral-abdn.org)

**Gift Aid:** Peter Simpson  
[giftaid@cathedral-abdn.org](mailto:giftaid@cathedral-abdn.org)

**Cathedral Safeguarding:** Siobhán Gilmour, Patrycja Lwaszkiewicz  
Email: [safeguarding@cathedral-abdn.org](mailto:safeguarding@cathedral-abdn.org)  
More information: Parish website or [www.scottishcatholicsafeguarding.org.uk](http://www.scottishcatholicsafeguarding.org.uk)

**Music Director:** Shelagh Noden  
[music@cathedral-abdn.org](mailto:music@cathedral-abdn.org)

**Shop Manager:** Barbara Mearns  
[shop@cathedral-abdn.org](mailto:shop@cathedral-abdn.org)

**Bulletin:** [bulletin@cathedral-abdn.org](mailto:bulletin@cathedral-abdn.org)  
Notices to be in by Tuesday evening

**Hall Bookings:** [halls@cathedral-abdn.org](mailto:halls@cathedral-abdn.org)  
Call between 9am & 1pm only  
Terms & Conditions see Parish website

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### Liturgical Ministries

**Head Sacristan:** Jacqueline Armstrong  
[jacquelinearmstr@hotmail.com](mailto:jacquelinearmstr@hotmail.com)

**Readers:** Kevin O'Carroll 07784317898  
[kevin.ocarroll@live.com](mailto:kevin.ocarroll@live.com)

**Euch. Ministers:** John MacKinnon 07926 628 941  
[johnmackinnon2602@hotmail.co.uk](mailto:johnmackinnon2602@hotmail.co.uk)

**Children's Catechesis:** Ruth Paterson 01224 593069  
[ruthpaterson@hotmail.com](mailto:ruthpaterson@hotmail.com)

**Stewards:** Diego Mejias Morffe 07960 325 046  
[dmejiasmorffe@gmail.com](mailto:dmejiasmorffe@gmail.com)

**Altar Servers:** George Brand 01224 630 159  
[geobra@msn.com](mailto:geobra@msn.com)

**Flowers:** Pixie Mather 07763 064 146  
[pixie2704@sky.com](mailto:pixie2704@sky.com)

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### Notices

**Adoration:** Monday - Saturday 6.00am - 12 midnight

**Confessions:** Tuesdays 6.00pm  
Saturdays 10.30am & 6.00pm

**Rosary:** Saturdays 10.30am (for Priests)

**Housebound?** John MacKinnon (See above) for visits

**Coeliacs:** Speak to clergy before Mass

**Sunday Coffees:** Ann Ryans 07545 615 198  
[awilliamryans1234@gmail.com](mailto:awilliamryans1234@gmail.com)

**Natural Family Planning (NFP)** Margaret Hammond  
[nfp@cathedral-abdn.org](mailto:nfp@cathedral-abdn.org)

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 18th	33rd Sunday in Ordinary Time	Mass	8.00am	Souls in Purgatory Intentions Diocesan Intentions
		Polish Mass	11.15am	
Mon 19th		Mass	3.00pm	Parish Intentions
		Mass	6.00pm	
Mon 19th		Mass	7.00am	During November all Masses will be offered for the Souls in Purgatory.  If you would like a loved one remembered at Mass please use one of the special envelopes you will find at the back of the church and return it to the Cathedral Office.
		Mass	12.30pm	
Tue 20th		Mass	7:00am	
		Mass	7.00pm	
Wed 21st	Presentation of the Blessed Virgin Mary	Mass	7.00am	
		Mass	12.30pm	
Thu 22nd		Mass	7.00am	
		Mass	7.00pm	
Fri 23rd		Mass	7.00am	
		Mass	12.30pm	
Sat 24th		Communion Service	10.00am	
		Vigil Mass	7.00pm	
Sun 25th	Solemnity of Christ the King	Mass	8.00am	Souls in Purgatory Intentions Diocesan Intentions
		Polish Mass	11.15am	
		Mass	3.00pm	
		Mass	6.00pm	

**OFFERTORY REPORTING**

The offertory will now be reported on a quarterly basis which will allow us to give a more accurate figure which will include the weekly and the Standing Order donations.

**Mass Intention Envelopes**

Available at the back of the Church. Print details and post through Clergy House letter box. Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese. It may not always be possible for Mass to be celebrated on your preferred date or at the Cathedral itself.

**CONFESSIONS SATURDAY 24th NOVEMBER**

Please note that due to the Communion Service at 10.00am, there will be no confessions in the morning.

## Cathedral

**EARLY MORNING MASSES**

Please note that the 7am weekday Masses are celebrated in the Adoration Chapel.

**PLEASE TAKE CARE**

It has been brought to our attention that insufficient care is being taken when people are being dropped off or picked up from the Cathedral in Huntly Street.

Drivers should take care when doing this and warn other drivers behind them that they are going to stop. Also, please do not allow your children to run on to the road in order to get to your car.

**SCIAF CHRISTMAS GIFTS**

SCIAF's Real Gifts make excellent presents at Christmas while helping families in poor countries free themselves from hunger, poverty and injustice. The new catalogue has gifts to suit every budget. For details, visit [www.sciaf.org.uk/realgifts](http://www.sciaf.org.uk/realgifts) or call 0141 354 5555.

**SVDP**

INCOME  
Polish Collection ..... £19.70  
Box Collections.....£123.60  
Anon Donation..... £10.00  
Total.....£153.30  
Spend on food.....£828.50

Grateful thanks to all our benefactors for all their very welcome help and donations..  
Eve Murray

**GIFT AID ENQUIRIES**

For all enquiries concerning Gift Aid, please get in touch with Peter Simpson at: [giftaid@cathedral-abdn.org](mailto:giftaid@cathedral-abdn.org)

**RING FOUND**

A woman's ring has been found in lavatory. If you have lost a ring please contact the Cathedral office.

**CHRISTMAS DECORATIONS MEETING**

For those interested in helping to decorate the Church for Christmas, there will be a meeting in the Clergy House after the 7pm Mass on Tuesday 20th November.

## Cathedral

**NEW SAFEGUARDING COORDINATORS**

Our new safeguarding coordinators are **Siobhán Gilmour and Patrycja Lwaszkiewicz**.  
Siobhán attends the 11:15 Mass and has been in the parish since 1999. She will be bringing with her the experience she has gained working on the Children's Panel. Patrycja, a member of the Polish Community, works at St Joseph's Primary School and is very involved with catechesis.


Both will officially begin their roles once their training and paperwork have been completed, which we hope will be soon. Each will have the following separate areas of responsibility:

PATRYCJA LWASZKIEWICZ	SIOBHÁN GILMOUR
Legion of Mary Holy Family Sisters of the Needy—K4J Polish Community (Renata Koncewicz) Children's Liturgy Catechists	Extraordinary Ministers of Holy Communion Altar Servers Sacristans Children's Choir Spanish Community St Vincent de Paul

**CATHEDRAL 200 CLUB**

**200 CLUB WINNERS FOR NOVEMBER**

£50 monthly prize winners:  
Mr F Treasurer  
Mr W Mailey  
Ms E O'Farrell  
Mr N Chima-Amaeshi



**CHILDREN'S CHOIR**

A Children's Choir is being formed in **St Mary's Cathedral** to sing on the first Sunday of each month.

If your child would be interested in being part of this choir, please pick up one of the letters which are available at the back of the church, or email [music@cathedral-abdn.org](mailto:music@cathedral-abdn.org)



**WILL AID CHARITIES & SCIAF**

Will Aid is a fundraising campaign involving nine UK charities which help people in need. Participating solicitors draw up a basic Will for clients without charging their usual fee and invite their clients to make a donation to Will Aid.

Details on: [www.willaid.org.uk](http://www.willaid.org.uk)

## Deanery & Diocese

**REMEMBER/ADORE/CELEBRATE**

The following Holy hours and Masses will be held to **REMEMBER** our loved ones who have passed away.

**23rd November at Our Lady of Aberdeen**  
**30th November at the Cathedral (Huntly Street)**

**6.00 - 6.50 pm: Remembrance & Adoration**  
**7.00 - 8.00 pm: Mass**  
**8.00 - 9.00 pm: Refreshments**

**OGILVIE CENTRE FORMATION EVENTS 2018**

**YOUTH MINISTERS' WEEKEND RETREAT**  
**MEN'S RETREAT**

Kilcoy Castle, Black Isle, 23-25 November 2018  
Details from Sr. Anna Christi at: [ogilvie@rcda.scot](mailto:ogilvie@rcda.scot)

**ONE DAY YOUTH MISSION**

For all youth P7 upwards

**Saturday 24th November, from 11am-5.15pm**  
**Catholic Church Inverurie.**

Ends after 4.30pm Vigil Mass.  
No fee and lunch provided. Details: [youth.inveruriecatholicchurch@gmail.com](mailto:youth.inveruriecatholicchurch@gmail.com)

**ST ANDREW'S CHILDREN'S SOCIETY**

**ADOPTION & FOSTER CARE**

Many children across Scotland need stable, loving families to care for them on a long term or permanent basis. Their birth families are not able to provide the safe environment that would allow them to flourish and become confident and well balanced adults. Could you provide the stability and love these children deserve? If interested in finding out more about adopting or fostering a child, please **Contact us on 01224 878158 or [info@standrews-children.org.uk](mailto:info@standrews-children.org.uk)**

## Weekly Calendar

<b>M</b>	<b>Mother &amp; Toddler Group</b> For parents with young children. All ages welcome. Main Hall from 13.30-15.30pm Contact: Yi-pei Chou 0745 5479 479
<b>O</b>	<b>Gospel Choir</b> Lower Hall at 7pm Contact: <a href="mailto:music@cathedral-abdn.org">music@cathedral-abdn.org</a>
<b>N</b>	<b>Credo Community Meeting</b> Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Damian Gloc 07939418178
<b>T</b>	<b>Magnificat Prayer Group</b> 7.30pm in the Lower Hall after Mass. Contact: Stella Maria Onuoha 0744 9951 415 <a href="mailto:nesin@yahoo.com">nesin@yahoo.com</a>
<b>U</b>	<b>St. Vincent de Paul</b> Feeding the homeless Contact: Evelyn Murray <a href="mailto:murray.evelyn@sky.com">murray.evelyn@sky.com</a>
<b>E</b>	<b>Aberdeen Diocesan Choir</b> Upper Hall 7.30 - 9.00 pm, contact: Paula Silvester: <a href="mailto:enquiriesADC@hotmail.com">enquiriesADC@hotmail.com</a>
<b>W</b>	<b>Light Exercise Class for all</b> Main Hall at 10:00am Contact: Laura Walker 0777 3021 851 <a href="http://laura@laurawalkerlimited.co.uk">laura@laurawalkerlimited.co.uk</a>
<b>E</b>	<b>Seniors Club</b> Speakers, fun & fellowship Main Hall at 2.00 pm every 2 weeks Contact: Jean 01569 765 799
<b>D</b>	<b>Healing of Memories</b> Prayer for the healing of painful memories of the past to bring peace to the present. Contact Deacon: <a href="mailto:tony.schmitz@gmail.com">tony.schmitz@gmail.com</a>
<b>T</b>	<b>Legion of Mary</b> Lower Hall from 6pm to 7.30pm Contact: Nogie Osula <a href="mailto:nogisula@yahoo.com">nogisula@yahoo.com</a>
<b>H</b>	<b>African Choir</b> For Africans and anyone else. Upper Hall from 6.00- 8.00pm Contact: Patricia Malikebu 07891 714 549
<b>U</b>	<b>Cenacolo Prayer Group</b> Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996, <a href="mailto:liamsharkey@ymail.com">liamsharkey@ymail.com</a>
<b>F</b>	<b>Band Practice</b> Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: <a href="mailto:john.costaschuk@gmail.com">john.costaschuk@gmail.com</a>
<b>R</b>	<b>Cathedral Choir Rehearsal</b> Clergy House at 7.00pm Contact Shelagh Noden <a href="mailto:music@cathedral-abdn.org">music@cathedral-abdn.org</a>
<b>I</b>	<b>Altar Servers' Practice</b> Church from 6.00 to 7.00pm Contact: Simon <a href="mailto:bebbie_no1@hotmail.com">bebbie_no1@hotmail.com</a>
<b>S</b>	<b>Youth Groups</b> Edge (P7-S2) & Lifeteen (S3-S6) Hall 7.00pm to 9.00pm Contact: St. Andrew's Community
<b>A</b>	<b>Voluntary Church Cleaning</b> Church after morning rosary.
<b>T</b>	<b>K4J (Kids for Jesus)</b> For kids aged 4 to 10 years old. Lower Hall from 12.30pm to 2.00pm
<b>S</b>	<b>African Choir (As above)</b> Upper Hall from 6.00 - 8.00pm
<b>S</b>	<b>Choir Rehearsal</b> Leading the music for 11:15 Sunday Mass Upper Hall 10.00am